

## Family Reflection Handout – March 2026

### Faith: Path of Dialogue and Peace

#### Month of Saint Joseph

##### 1. Faith & Peace

- Where do we see opportunities for peace within our home or relationships this month?
- How can we encourage dialogue and understanding when disagreements arise?
- What small acts of kindness can we offer this week to bring peace to someone else?

##### 2. Inspired by Saint Joseph

- What qualities of Saint Joseph—humility, quiet strength, trust—do we feel called to grow in as a family?
- How can we support one another in our work, responsibilities, and daily struggles?
- How can we invite Saint Joseph's intercession over our family life?

##### 3. Prayer for Disarmament & the World

- How can our family pray more intentionally for peace in places affected by conflict?
- What does “choosing the path of dialogue” mean for us in daily life?
- How might we teach our children to be peacemakers in school, friendships, and online?

##### 4. Community & Parish Life

- How can we help someone in our parish or neighborhood feel more welcomed and valued?
- What gifts has God given our family that we can share more generously?
- Where do we feel called to serve or grow within our parish community?

##### 5. Personal & Family Growth

- What blessings have we received recently that we want to thank God for?
- Are there areas in our family life where God is inviting us to deeper trust?
- What spiritual practice—prayer, Scripture reading, gratitude, service—can we commit to together this month?



## Saints Peter and Paul Catholic Church

### World of God for Families

## FAITH: PATH OF DIALOGUE AND PEACE

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A TIME  
TO BE WITH GOD

*“They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers.” (Act 2, 42)*

## Light of Faith for a Time of Peace

Dear Beloved Families of Our Parish,

Grace and peace of Christ be with each one of you.

As we enter the month of **March 2026**, our hearts are turned toward a renewed spirit of faith, unity, and hope. This month, the **Holy Father Leo XIV** invites us to pray fervently **for disarmament and lasting peace in our world**, asking that nations choose the path of dialogue, understanding, and diplomacy rather than conflict and violence. May our parish join this prayer, becoming artisans of peace within our homes and our community.

March also holds a cherished place in our spiritual tradition as the **Month of Saint Joseph**, the humble and faithful protector of the Holy Family. Saint Joseph teaches us the beauty of quiet strength, humility, responsibility, and unwavering trust in God. I encourage every family to entrust your daily life to his intercession—your work, your struggles, your hopes, and your responsibilities—asking him to guide you as he guided the Holy Family with love and fidelity.

Our pastoral theme for this month, **“Faith: Path of Dialogue and Peace,”** calls us to open our hearts to encounter one another with sincerity and respect. At a time when division can easily enter our society and even our homes, the Lord invites us to choose the better way—the way of listening, compassion, and reconciliation. May our parish continue growing as a community where *every person feels welcomed, valued, and loved.*

I thank each of you for the many ways you serve, support, and enrich our parish family. Your presence is a blessing, and your faith strengthens our mission. Let us continue walking together as

disciples who build peace, nurture hope, and radiate the love of Christ to the world.

May the Lord abundantly bless your families and may **Saints Joseph and Francis of Assisi**, together with the tender intercession of **Saint Mary, Mother of Hope**, always accompany you.

With paternal blessing and affection,

**Father Sébastien SASA, Ph.D., MPA**

Pastor of Saints Peter and Paul Catholic Church  
West Valley City, UT

### Family Prayer Card – March 2026

**Heavenly Father,**

We thank You for the gift of our family and for the grace You pour into our home each day.

As we enter this month of March, teach us to walk the path of dialogue and peace.

Help us listen with patience, speak with kindness, and forgive with generous hearts.

**Saint Joseph**, guardian of the Holy Family, guide us in our responsibilities, strengthen us in our struggles, and protect our home with your quiet courage and trust in God. **Mary, Mother of Hope**, wrap our family in your tenderness and lead us closer to your Son.

Lord, make our home a place of welcome, understanding, and love.

Grant us the courage to be peacemakers in our parish, our community, our Diocese, our Country the Usa, and our world.

We entrust this month to You

and ask for Your blessing on our family today and always.

**Amen.**