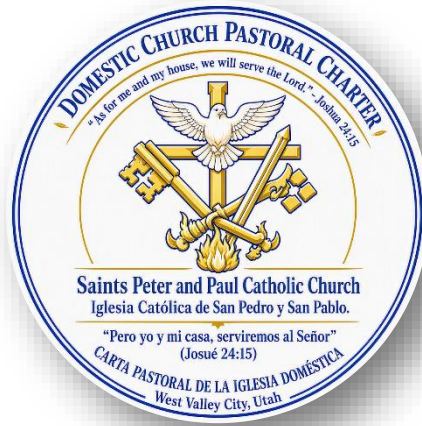




A Guide for Building the Domestic Church

Why Pray as a Family?

Family prayer strengthens faith, unites hearts, and helps each member recognize God's presence in daily life. By praying together, the family becomes a true "Domestic Church," where love, forgiveness, and trust in God grow each day.

How to Organize Family Prayer Time

1. Gather Together

Choose a regular time: in the morning, before meals, in the evening, or before bedtime.

Begin with the Sign of the Cross:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

2. Invite the Lord's Presence

Opening Prayer

Lord Jesus,
we gather in Your name.
Make our home a place of peace,
love, and faith.
Open our hearts to Your Word
and teach us to follow You each day.
Amen.

3. Listen to God's Word

Read a short passage from the Gospel of the day or a Psalm.

After the reading, keep a moment of silence.

Then invite each family member to share a word or thought that touched them.

4. Offer Our Intentions

Each member of the family may share a prayer intention:

- For a personal need
- For a family member
- For the sick
- For the parish
- For those in need
- For peace in the world

After each intention, respond:

Lord, hear our prayer.

5. Pray Together

The Lord's Prayer

Our Father, who art in heaven...

Hail Mary

Hail Mary, full of grace...

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit...

6. Give Thanks

Invite everyone to thank God for a blessing received during the day.

Thank You, Lord,
for Your presence in our family,
for the joys of this day,
and for Your unfailing love.

Amen.

7. Family Blessing

Parents may trace the Sign of the Cross on their children's foreheads, saying:

May the Lord bless you and keep you.

May He protect you and fill you with His peace and love.

Amen.

Closing Prayer

Lord Jesus,
remain with our family.

Make our home a place of welcome,
forgiveness, service, and joy.

May Your Holy Spirit guide us each day,

so that we may grow in faith, hope, and charity.

You who live and reign forever and ever.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Father Sebastien SASA, PhD, MPA

Pastor of Saints Peter and Paul Catholic Church

Director of the Missionary Center Saints Peter and Paul

West Valley City, UT