

# Luisa Holden SWA

Professional Artist & Tutor



## Materials provided on the workshop

- Heavy & soft body acrylic paint
- Watercolours
- Acrylic inks
- Acrylic mediums
- Paint marker pens
- Paper, prepared card and canvas or canvas board
- Watersoluble pencils
- Oil and soft pastel
- Charcoal
- Acrylic brushes
- Palette knives
- Fixative
- Collage material

## Overview

The workshop is held in my own home in Nantwich, Cheshire, where you will be welcome to take a tour of my studio. Parking is available.

The workshop is on a one-to-one basis so that I can give you

## Loose & Expressive Flowers

- a One to One, Intensive Full Day Workshop (Acrylic with Mixed Media)

In this workshop you will explore a variety of mediums and surfaces to create painterly and vibrant floral paintings.

Working from your own warm up sketches produced at the workshop, a variety of flowers (and jugs and vases to choose from) plus copyright free reference material provided, you will be creating two finished flower paintings. One painting will be on pre-prepared gessoed, acid free card; the other will be either on canvas or board. My method of teaching focuses on loosening up and taking risks to promote spontaneity and energy. I will paint alongside you and give you tips and advice throughout. All materials are provided including painting supports. Typically, students generally produce 5-6 works including the warm up studies during the course of one workshop session so the day is quite intensive but fun!

I will teach you my process for painting expressive/abstracted flowers using a variety of acrylic brushes and large palette knives. Emphasis will be on capturing the essence and energy of the flowers rather than concentrating too much on detail so students will be encouraged to take risks and be bold with mark making.



Tulips Study in watercolour & acrylic

my full attention and mentoring throughout the day. Because I offer one-to-one tuition, a mutual day can be agreed.

If you are travelling from further afield and are making a holiday of your visit, you may prefer to extend the workshop to a two-day workshop where we will be working on more projects, developing themes and experimenting with more mixed media.

There will be a discount available if you wish to book a two-day workshop. Please contact me for details.

The course will run from 10am-4.30pm (ish) with a one-hour lunch break. Please arrive 10-15 mins early to get set up.

Please bring a packed lunch but light refreshments are available including tea, coffee, herbal teas, biscuits & cake. \*Please advise if you have any allergies or intolerances.

I will email you full location details and directions. Nantwich is a lovely historical market town, set beside the River Weaver. It has a wide range of speciality shops and one of the finest medieval churches in Britain, St Mary's. It has a train station, good bus links and is close to the M6.

The workshop is suitable for all levels but please note that the emphasis will be on taking risks and letting go of perfectionism.

## About Me

I am an award-winning contemporary painter and trained in Fine Art at the North

## What you will learn:

- Exploring spontaneity, breaking inhibitions and capturing an immediate and unlaboured response
- Choosing what to leave out
- How to choose backgrounds
- Contrasting thin layers with impasto paint
- Exploring abstract qualities, simplifying and seeing shapes
- How to compose with colour, colour choices and unifying a palette
- Looking at negative space
- How to create life and flow in your flower paintings and avoid them looking flat
- The importance of light and shade
- How to block out unwanted parts of a painting
- How to employ a variety of mixed media alongside acrylic paint and the opportunity to try out and play with new media and mediums
- Dynamic line, brush & palette knife work
- Incorporating collage



Blue & Purple Posey – Mixed Media



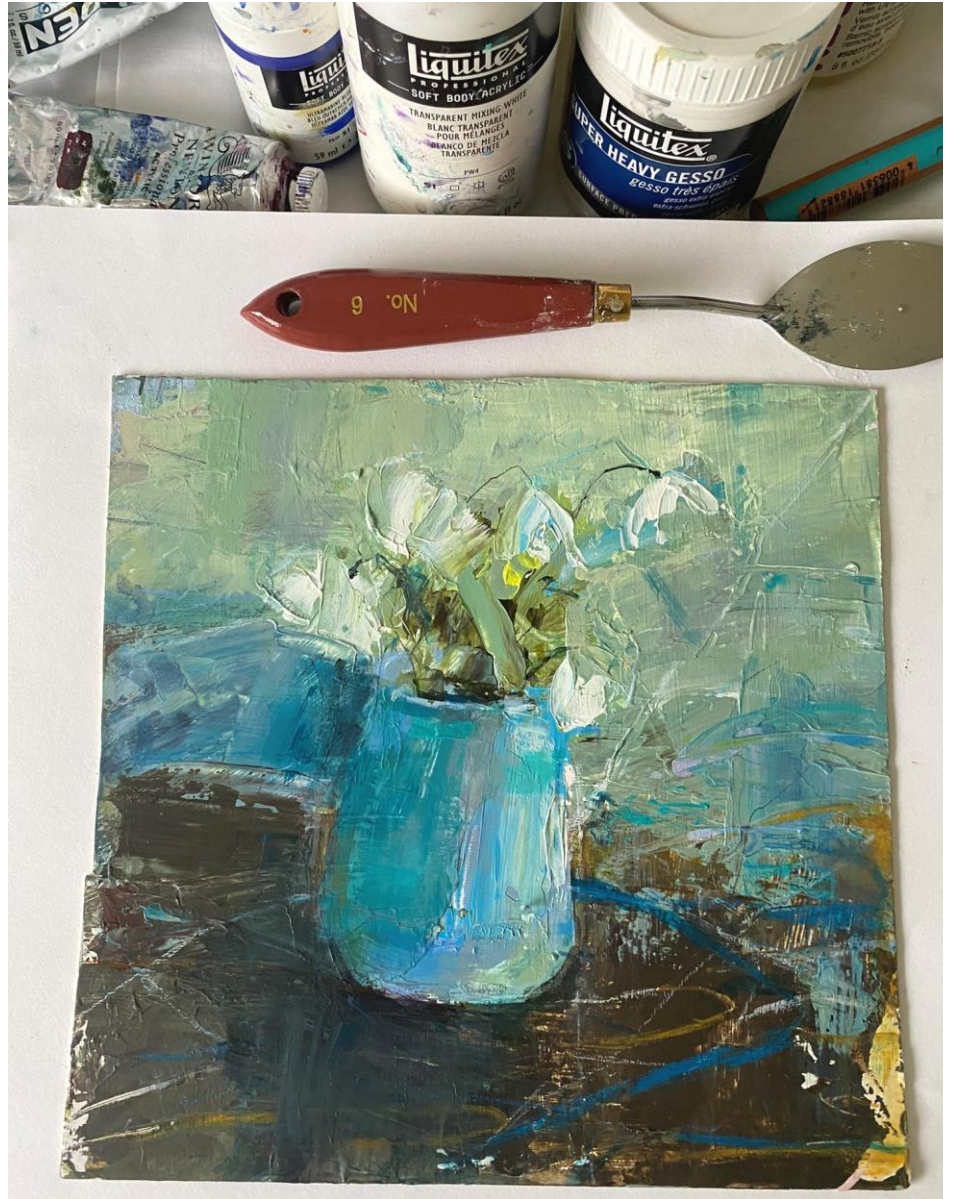
Wales School of Art & Design. I have exhibited widely throughout Yorkshire and in Cumbria, Oxford and at the Mall Galleries in London. I have collections of work in the UK, USA, Australia, Sweden, Germany and Eire. IN 2023 I was elected a full member of the Society of Women Artists.

I am an experienced teacher of art of over 20 years, working for the University of York (Life Long Learning) and running many workshops, art classes and private tuition.

Workshop Fee £225

To book a workshop  
please email  
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<https://www.luisaholdenart.co.uk>



Snowdrops in Blue Vase – Mixed Media