

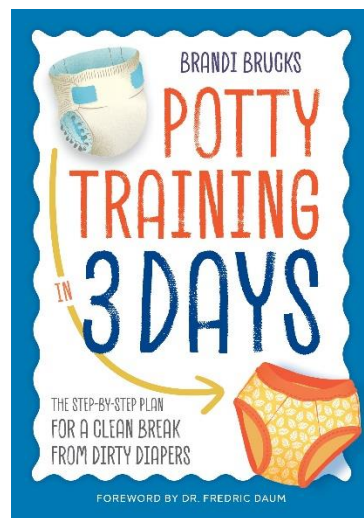


Our Savior Lutheran Preschool Potty Training Process

At Our Savior as children begin showing the signs for potty training we will have a conversation with the parent. If you are noticing signs before we talk with you please feel free to talk with us. Some of these signs include awareness of being wet/soiled, staying dry for long periods, using words that indicate toileting, and expressing interest in toileting. If a child is showing signs of readiness in the classroom, the staff will discuss this with the parents. Likewise, if a child is showing signs of readiness at home, please keep the staff informed. It is important to a child's success that toilet training happens at the same time, and in the same manner at home and at school. Planning in advance will help make learning this new skill relaxed and enjoyable.

Once enrolled in our two-year-old program you will receive Potty Training 3 Days. This book will take you through the before, during and after steps of potty training offering great tips and phrases that we can all use together.

After you have been through the three days with your child and feel they are on the road to potty training, we ask that they begin wearing training underwear to school and that we have five complete changes of clothing at school as well. We ask that you use the phrases in the book so that we are all on the same page. Let the teachers know where they are in the process so that we can help make this exciting step as smooth as possible.





Potty Training Tips

Potty training is a big deal. Here's what you need to know about timing, technique and handling the inevitable accidents. Potty training has more to do with physical and emotional readiness, not a specific age.

Is it time?

- Does your child seem interested in the potty chair or toilet, or in wearing underwear?
- Can your child understand and follow basic directions?
- Can your child ask simple questions?
- Does your child stay dry for periods of two hours or longer during the day?
- Does your child wake from naps dry?
- Does your child have fairly predictable bowel movements?
- Does your child tell you when they need to go potty or poop?
- Is your child uncomfortable in wet or dirty diapers?
- Can your child pull down his or her pants and pull them up again?

When you decide it's time to begin potty training, set your child up for success. Start by maintaining a sense of humor and a positive attitude.