



After Turning 18 at Living Well Pediatrics

When you turn 18, or older, seeking medical care is a new responsibility. As an adult, you have the right and the responsibility for your medical care. This means that you can now seek medical care without your parents' consent.

Here are a few things to remember:

1. You may call for an appointment whenever you need to.
2. Your parents may come to the appointment with you, but you will need to check in yourself and sign appropriate forms if needed. Some of these forms are contact information verification, financial responsibility and medical treatment consent forms.
3. You will need to provide insurance information that shows that you have active coverage. If you do not have insurance, you will be asked to sign a financial responsibility form.
4. You will need to pay an applicable co-pay at time of service.
5. You will need to sign for any medical treatment consents, including vaccinations. Your parents can no longer sign for you.
6. If you are covered by a state Medicaid plan, when you turn 19, you are no longer eligible to receive free vaccines through the state.
7. Unless specific consent is given, we are not permitted to talk with your parents about your health care. Your parents can only be involved if you provide written consent to do so.
8. If you refuse to give access to your parents for your medical information, know that you must either pay cash for your visit or provide other health insurance that your parents do not hold for you. If we submit your confidential visits to your parents' health insurance, they will be receiving your medical information via the Explanation of Benefits (EOB) that comes directly from the insurance carrier to them. Denying parental access to Protected Health Information (PHI) means both for records and for payment. Therefore, you cannot use your coverage under your parent's policy if you refuse them access to your medical record.