

NORTHWEST ARKANSAS FOOD BANK



Needs List



Canned Tuna and Chicken

Canned Vegetables - No Salt

Canned Fruit Light Syrup

Whole Grain Cereal

Dried Beans

Oatmeal

Pancake Mix

Paper Goods

Whole Grain Spaghetti

Low Sodium Canned Spaghetti Sauce

Peanut Butter

Rice (brown & white)

Corn Flour

Whole Wheat Flour

