

Circumcision Care:

Circumcisions are typically done in the office 2-3 days after discharge from the nursery. Dr. Reese will do the procedure in office up until 4 weeks of age. An exception may be made for premature babies.

To Prepare for the Circumcision:

- Feed baby 30 minutes prior to the procedure.
- Bring a pacifier to soothe the baby and extra diapers.
- **Procedure:**

Parents will stay in the exam room while baby is taken to the treatment room. The procedure usually takes about 20 minutes in total.
- A regional block with Xylocaine or Lidocaine is injected into the area around the penis. A dose of Tylenol is given. Baby will have a Vaseline gauze on penis when returned to parents.
- Baby may be fed at this time. We ask that parents remain in the office for a few minutes after the procedure to observe for complications and bleeding.

HOME CARE FOR THE CIRCUMCISION:

- Remove gauze 12-24 hours after procedure. You may need to drip water on the gauze to loosen it. It should slide off or you can unwind it. If there is bleeding when gauze is removed, apply pressure for a few minutes and then put the diaper on tightly.
- Apply bacitracin or Neosporin ointment to the penis with each diaper change until healed which should take about 7-10 days.
- Do not submerge in water until cord is off and circumcised area is healed. You may do sponge baths in the meantime.
- Penis will be swollen and yellow crust may appear. You may dab it clean but do not scrub.
- One additional dose of Tylenol 40 mg may be given 4 hours after the procedure.
- Call the office if there is any redness or swelling around the penis.

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Circumcision Information & Consent

- Circumcision is an elective surgical procedure for removing part of the foreskin from the penis.
- Parents should consider their own cultural, religious or personal preferences when deciding whether to circumcise their child.
- The American Academy of Pediatrics and the American College of Obstetrician and Gynecologists have concluded that the benefits of circumcision outweigh the risks.
- Circumcision can be performed at any age but the risks are fewer and benefits are greater if it is performed shortly after birth (3-5 days) after birth. Dr. Reese will perform circumcisions for infants less than 4 weeks.
- Risks of circumcision include but are not limited to: bleeding, infection, trauma to urethra, reaction to local anesthesia.

I wish to have my child circumcised & authorize Dr. Debbie Reese to perform the procedure on the infant below. If the procedure is not covered by my insurance, I agree to pay the full charge out of pocket.

Patient Name: _____

Parent/Guardian Signature : _____

Date : _____