

Longfellow Tennis Club Natick Adult Clinics Spring 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00am-10:00am CARDIO Tennis (2.0-3.0)		10:30am-12:00pm Adv Intermediate Drill & Play (3.0-3.5) 6-wk session	7:00am-8:00am Hit & Run (3.0+) 9:00am-10:30am Beginner Clinic 6-wk session	9:30am-10:30am Volley Drills (3.0+) 4-wk session	8:00am-9:00am Hit & Run (3.5+)
	12:30pm-2pm Adv Beginner Drill & Play (2.0-2.5) 6-wk session	10:30am-12:00pm Advanced Drill & Play (3.5-4.5)	12:00pm-1:30pm Doubles Strategy (3.0-3.5)	10:30am-12:00pm Adv Beginner / Intermediate Drill & Play (2.5-3.0) 6-wk session	10:30am-12:00pm Adv Intermediate Singles Clinic (3.0-3.5)	9:00am-10:00am Beginner Clinic 4-wk session
	6:00pm-7:30pm Advanced Beginner (2.0-2.5)	10:30am-12:00pm Advanced Beginner Doubles Strategy (2.5) 6-wk session	6pm-7:30pm Advanced Drill & Play (3.5-4.5) 6pm -7:30pm Beginner Clinic 4-wk session	12:00pm-1:30pm Adv Intermediate Drill & Play (3.0-3.5)		10:00am-11:30am Intermediate Drill & Play (2.5-3.0)
5:30pm-7:30pm Mixed Doubles Match Play & Social	7:30pm-9:00pm Advanced Drill & Play (3.5-4.5)	7:00pm-8:00pm Adv Beginner Clinic (2.0-2.5) 6-wk session	7:30pm-9:00pm Men's Multi Level Drill & Play (3.5+)	7:00pm-8:30pm Intermediate Drill & Play (2.5-3.0)		

Spring 3/22-6/14 (No clinics: 4/18-4/24, 5/23-5/25)
1.5 hour clinic \$44 (member), \$64 (non-member)
6-Week Session: 1.5hr \$264 (member), \$384 (non-member)
4-Week Session: 1.5hr \$176 (member), \$256 (non-member)
4-Week Session: 1hr \$120 (member), \$160 (non-member)
CARDIO: \$20 (member), \$25 (non-member)
Mixed Doubles \$30 (member), \$50 (non-member)
Non-members are limited to 4 visits or 1x / 6-week session intro period.
For more information or to register contact:
Eileen Ingham: ingham@longfellowhealthclubs.com, (508) 653-4606

