



Camp Longfellow

At The Longfellow Health Club



Parent Handbook

Pre-School Camp - Summer 2023

Camp Hours:	9:00 am to 1:00 pm
Extended Day Available	1:00 pm - 4:00 pm

This Camp Must Comply with Regulations of the Massachusetts Department of Public Health (105 CMR 430), and be licensed by the Natick Board of Health.
Information on these regulations can be obtained at (617) 983-6761.

Camp Longfellow, Longfellow Health Club, 203 Oak St., ♦ Natick, MA 01760 ♦
508.653.4633 longfellowkids@gmail.com

Contacting the Camp

Please call, 508.653.4633. X 217 if you have any questions or if your child will be absent! We are more than happy to speak with you regarding your children and the program. The camp director will be available throughout the camp day to take phone calls and answer questions.

Building Character at Camp Longfellow

Throughout the summer we work with campers on developing values that will help them in all aspects of play:

- | | |
|------------------|-------------------|
| ▪ Teamwork | ▪ Problem-Solving |
| ▪ Responsibility | ▪ Friendship |
| ▪ Independence | ▪ Respect |

Camp Staff

All Camp Staff are trained in CPR, First Aid and have had a CORI Check. Staff have had a thorough orientation and have had experience in caring for children aged 4 - 5 years. Some staff have also been fingerprinted if they work at our after-school program.

What to bring to camp?

(Items brought to camp should be limited to the following and be placed in a backpack)

1. Sneakers for creative movement & outside play
2. Bathing suit & towel, goggles etc... Bathing suit must be worn to camp.
3. A NUT-FREE lunch and 2 snacks and water bottle.
4. Weather appropriate clothing (hat for outside)
5. Please apply sunscreen BEFORE camp. We will help re-apply later if needed.
6. Change of clothes, swimmies and pull-ups if not potty trained.

Lost and Found

To help minimize lost and found, please mark your child's name on all articles including: backpacks, clothing, swimsuits, towels, lunch boxes, water bottles etc.

Basic Code of Conduct

- ♦ Campers treat others with courtesy and respect.
- ♦ Campers should always stay with their group.
- ♦ Campers follow safety rules and listen to the camp staff.

The Camp Director will contact parents if behavioral or discipline issues occur. Steps will be taken to work with the camper(s) and families to modify and improve issue. The camp director reserves the right to withdraw any camper whose behavior interferes with the rights and safety of others.

Transportation

I. Drop Off: 8:50 – 9:00 AM

Each day parents will pull up to drop-off at the Main Entrance. Camp Staff will meet campers there and assist them into camp. If you would like to talk to a staff member, park in the lot and walk with your camper to the Main Entrance.

II. Afternoon Pick Ups: 12:50 PM – 1:00 PM and 3:50 PM – 4:00 PM

In the afternoon, you may do a quick pick-up at the Main Entrance and our staff will escort your child to you. If your child is doing extended day 8 am – 9 am and 4 pm – 5 pm you will need to park and walk your camper into Camp.

III. Transportation Changes:

If your child is to go home with someone *not* on the child's forms, we must receive a note, an email, or in the case of an emergency, a phone call, allowing the camp to release the child into his/her custody. Note: we do check I.D.

Late Arrival, Early Dismissal Procedure

When a camper arrives after 9:10 a.m., please call us 508 653 4633 and ask for CAMP. Our Camp Staff will greet your child and escort your child to his/her group. If you pick up your child before the end of the camp day, please send a note and/or call to let us know.

Notes from the Health Supervisor

General Information:

- ⇒ Children are not accepted at camp until the proper forms have been completed. The required forms are online and should be returned to camp along with the doctor's well-check-up form.
- ⇒ If your emergency numbers change, please notify us with the correct numbers.
- ⇒ If your child feels sick in the morning, DO NOT send him/her to camp. Experience has shown that children who feel sick generally feel worse as the day progresses.

Medications:

If a child will need to take medication at camp, you must contact the Camp Director to complete the correct paperwork. All medication administration orders are to be signed by our Health Care Consultant before we administer any medications. This includes inhalers. Medications must be in the original pharmacy container with the pharmacy label.

Lunch

Campers will need to bring a NUT FREE lunch and 2+ snacks each day with an ice-pack in the lunch bag. Campers will enjoy lunch in small groups outside at picnic tables with umbrellas, with counselors and friends!

PLEASE NOTE: Camp Longfellow is a Nut-Free program.

If your child has a special diet, please speak to the Camp Director.

EXAMPLE PRE-SCHOOL DAILY ACTIVITY SCHEDULE

8:50 - 9:05 AM	Drop-off
9:05 - 9:15 AM	Circle Time
9:15 AM	Snack
9:30 - 10:30 AM	Swim Time
10:30 - 11:30 AM	Theme Project Time
11:30 - 12:00 Noon	Lunch
12:00 - 12:45 PM	Creative Movement
1:00 PM	Dismissal
1:00 - 4:00 PM Extended Day: - Quiet Time; Free Choice; Snack; Outside water play in Splash Pad; Story and dismissal.	

Notes About Our Projects

Arts and crafts activities for the pre-school children are mostly child-directed with a minimum of teacher-direction, focusing more on process rather than product, following a theme each week. Our activities and games also follow this theme.

You will receive a finished art product most days, but when no project comes home, that means we were busy exploring! If the children are happy painting with water, using their imagination, or gluing and pasting, playing with clay or hand painting with shaving cream, they may not bring home an art project every day, but they will be creating through play!





Camp Longfellow 2023

'Champions' Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Craft Theme
June 26 Summer Bucket list!	27 All About Me!	28	29 Firework Art!	30	Welcome to Summer!
NO CAMP	NO CAMP HAPPY 4th	5 Mosaics!	6 Stamp Art!	7 Symmetry!	Pattern Week!
July 10 Jelly Fish!	11 Lobsters!	12 Fish!	13 Shells!	14	Ocean Week!
July 17 Treasure Map!	18 Scavenger Hunt!	19 Telescopes	20 Bingo!	21	Adventure Week!
July 24 Twig & String Art	25 Nature Mats!	26 Leaf & Tree Rubbing!	27 Planting!	28	Nature Week!
July 31 Jungle!	Aug 1 Dinos!	2 Pets!	3 Farm!	4 Desert!	Animal Week!
Aug 7 China	8 Africa	9 France	10 Mexico	11 India	Around the World Week!
Aug 14 Collages!	15 Painting!	16 Color By Number!	17 A Color of his Own!	18 Magazine Rainbow!	Color Mania!
Aug 21 My Fave Things!	22 Superhero Design!	23 The Future!	24 Monsters!	25 Ice Cream Sundaes!	Imagination Week!