

Messiah Senior Adult Ministry



October - December,
2025

Faith, fun, friendship and
service for ages 55+

SAM@messiahchurch.com

SAM Hike Season Is Going Strong

There is still time to get outside and enjoy this beautiful fall weather with your fellow SAM hikers. There are three hikes remaining in the fall season. Remember you must sign up by calling or texting Barb Herrod's cell (518) 567-6816 or emailing her at bwhfam@gmail.com. This way she and Walt have a count, and they can get back to you quickly if there is a change in the hike.



Keith Schlesinger

SAM@messiahchurch.com

Wednesday, October 22--CamRock County Park
68 County Hwy B, Cambridge, WI 53523

This park is about twenty miles from Messiah and has a mixture of woods and prairie areas that should take us two hours to hike about two miles. There are benches along the trail, and we will take breaks. Meet at the CamRock Park **Area 2** parking lot at 10:00 am. A shelter and restrooms are available at the parking lot. **Those who wish can stay and picnic if it is not too chilly.**

Friday, October 31 – Owen Conservation Park, 6021 Old Sauk Rd., Madison, WI 53705

This park on Madison's west side has both wooded and prairie trails. We'll do a wooded loop (and maybe spot deer and turkeys) before we head down the hill onto a trail that encircles a large prairie. About two miles with some hilly areas, but we will take it slowly, and there are benches along the way. Meet in the parking lot, where restrooms are available, and we will head into the woods at 10:00 am.



Monday, November 10 - McCarthy Park, 4841 Co Hwy TT,
Cottage Grove, WI 53527.

A favorite 2.5 mile walk in woods and along fields with open views and gentle hilled areas. Non-flush comfort station at parking lot. Meet at the park and we will depart for the hike at 10:00 am.

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Are You Moving Any Time Soon?

Are you planning to move to a new residence any time soon? If you are, please let the church office know your old address, new address, and effective date for the new address. If your phone number and/or email address change, please let the office know about those changes as well. Send your address change information to ourchurch@messiahchurch.com or call the office (608) 222-3833. **This way the church can stay connected to you!**



Virtual Pie Sale Starts With A Special Program

The 7th Annual Virtual Pie Sale officially runs November 1-30, but SAM will kick off the event Wednesday, October 29, with a potluck starting at 12:30 pm and ending by 2:00 pm. Our featured speakers will be Barbara McKinney (Mike McKinney's mom); Leigh Mills,

NBC15 anchor; and Ted Jun, Director of Marketing and Communications, Second Harvest Food Bank (SHFB). You will learn about the budget cuts facing SHFB and where you can make a difference. Barbara and Leigh will talk about how Mike's food drive first started and how it evolved to where it is today.

Did you know that your donation to the pie sale will be **quadrupled** all the way through November 30th? Be sure to write "Virtual Pie Sale" in the memo line of your check. You can also donate online at messiahchurch.com. Click on "Giving" and then select the "Virtual Pie" item. **Pie sales will benefit SHFB and Christ the Shepherd's Food Pantry in Altadena, California.**

Save These Potluck Dates

Please make careful note of dates and start times due to Thanksgiving and Christmas.

Wed., October 29, 12:30-2:00 pm

Virtual Pie Kick Off Program

Wed., November 19, 12:00-1:30 pm

Medical Robotics and Automation

Wed., December 17, 12:00-1:30 pm

SAM Christmas Party with catered meal

