



Grafton Primary School PE Yearly Overview



Year/Term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation	Play: Playing through games Locomotion: Walking	Dance: Ourselves Ball Skills: Hands 1	Dance: Nursery Rhymes Gymnastics: High and Low	Ball Skills: Hands 2 Gymnastics: Moving	Locomotion: Jumping Ball Skills: Feet	Games For Understanding Rackets Bats Balls and Balloons
Year 1	Locomotion: Running Play: Playing games	Dance: Heroes Ball Skills: Hands 1	Gymnastics: Wide, Narrow, Curled Ball Skills: Feet	Health and Wellbeing Play: Creating games	Locomotion: Jumping Rackets Bats and Balls	Dance: Growing Games For Understanding
Year 2	Play: Creating games Locomotion: Dodging	Dance: Water Ball Skills: Hands 2	Gymnastics: Linking Ball Skills: Feet	Dance: Explorers Play: Creating games	Rackets Bats and Balls Locomotion: Jumping	Games For Understanding Team Building
Year 3	Game Sense Invasion Mindfulness	Dance: Wild Animals Rounders	Basketball Gymnastics: Canon and Unison	Golf Dance: Witches and Wizards	Tennis Gymnastics: Symmetry & Asymmetry	Athletics Dance: Wild Animals
Year 4	Mindfulness Game Sense Invasion	Rounders Dance: Cats	Gymnastics: Bridges Basketball Swimming	Dance: Space Cricket	Tennis Gymnastics: Levels and Direction	Athletics Boccia
Year 5	Game Sense Invasion Gymnastics: Flight Swimming	Health Related Exercise Gymnastics: Flight Swimming	OAA: Challenging Collaboration Dance: The Circus Swimming	Dance: The Circus Swimming Cricket	Triathlon Gymnastics: Counter Balance & Counter Tension	Athletics Dance: Street Art
Year 6	Dance: Titanic Game Sense Invasion	Health Related Exercise Dance: World War II	Netball Gymnastics: Matching & Mirroring	Tchoukball Gymnastics: Creating Sequences	OAA: Leadership Kin Ball	Dance: Carnival Athletics: Running