

# Choosing a Saint's Name for Confirmation

## ***Why Choose a Confirmation Name?***

A name identifies us in a unique way; not just our physical selves, but who we are as a person. One of the traditional practices in the Church at the time of Confirmation is choosing a name that will remind you of this Sacrament. Your prayerful reflection will help you to determine that name. You might want to recommit yourself to your Baptismal name since it expresses the relationship that exists between these two sacraments. You might want to choose the name of a saint who represents the type of Christian that you want to be. It is important to learn as much as you can about your patron saint. After all, you are asking this saint to be an advocate for you for the rest of your life. Whether you decide to stay with your Baptismal name or pick a new name, take the time to research and explore the meaning behind the name you choose, for as Scripture says, "*Yahweh calls each of us by name.*"

Remember that the church's canonized saints are like members of the Catholic "Hall of Fame." They were not canonized as saints because they are "perfect people" or have "ideals we can never live up to." They are canonized because of their willingness to love and serve the Lord. Their stories and lives have inspired believers throughout history.

To learn more about the saints, you can check out these websites:

[www.americancatholic.org](http://www.americancatholic.org)

[www.catholic.org/saints](http://www.catholic.org/saints)

[www.catholic-forum.com/saints/indexsnt.htm](http://www.catholic-forum.com/saints/indexsnt.htm)

[www.cin.org/saintlink.html](http://www.cin.org/saintlink.html)

After you have chosen your Confirmation name, you will need to write a brief paper (***300 words or more for example this paper is 360 words***) about your chosen name. This paper may be typed or hand written. Your paper should include a brief biography about your saint's life, **and why you chose this particular saint. Please be sure to include how this saint inspires you, and how their story influences your faith journey.**

**This paper needs to be turned in by December 1st, 2025. So I may continue attending my preparations classes. If Saint Bio is not turned in to Alicia Quintero, your Saint for Confirmation will be St. Matthew.**

If you have any questions please call Alicia Quintero at (951)272-3520 or email at [Aquintero@sbdiocese.org](mailto:Aquintero@sbdiocese.org)