



Permission Slip  
9th/8<sup>th</sup> Grade "Growing Up Sexually Series"

We are pleased to offer the Growing Up Sexually series as part of our 9th/8th Grade curriculum this year. This course explores the physical, emotional and social changes that occur during puberty, and it offers adolescents a Catholic moral perspective on their emerging sexuality.

Growing Up Sexually affirms the U.S. Bishops' document *Sexuality: A Catholic Perspective for Education and Lifelong Learning*, which states that "blending moral and values-based formation with clear and factual information is the best approach to sexuality education.

It is our hope that the Growing Up Sexually course helps you as parents educate your children regarding sexuality from the church's perspective. The course will be presented to 9th/8<sup>th</sup> grade students after the Winter Break, and before the course begins, we will be mailing you a listing of the class dates with specific topics for each class night. This will help you to know what is discussed in their class, and will assist you in continuing discussions on the topics at home. We strongly encourage you as parents to talk about the program as your child is going through it.

We invite you to come to contact us in the Youth Ministry office if you would like to review the course books and lesson plans. You are also welcome to contact us at any time with any questions or concerns you may have about the program at (951) 272-3520 or [aquintero@sbdioocese.org](mailto:aquintero@sbdioocese.org).

Please complete and return the following permission slip for the Growing Up Sexually course with your Youth Ministry registration forms. Even if you are choosing to NOT have your child participate in the course, please contact us so that we may discuss other options for you to work on with your youth.

We thank you for your continued support of the Youth Ministry program.

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Name of Youth: \_\_\_\_\_

HAS MY PERMISSION to participate in the Growing Up Sexually course

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date