



Message from your Executive Director



Welcome to July! I hope this month brings you more smiles than mosquito bites and plenty of chances to connect with friends and neighbors.

Did you know July is peak season for fireflies in many parts of the country, and scientists still can't agree on exactly how fireflies synchronize their blinking lights? In some places, entire fields of fireflies will flash in perfect unison, putting on a light show that even the world's best choreographers couldn't organize. Researchers have studied this mystery for decades, and while they understand the "how" (a mix of biology and environmental cues), the "why" is still up for debate. Some say it's about attracting mates, while others think it might help them avoid predators. Either way, it's a reminder that there's still a bit of magic left in nature—and sometimes, the best moments are the ones science hasn't quite figured out (kind of like why our socks disappear in the laundry).

Of course, July is also the month we celebrate Independence Day—a time to gather, reflect on freedom, and appreciate the spirit of community that brings us all together. Here's a little-known fact: the Continental Congress actually voted for

independence on July 2nd, 1776, not the 4th! John Adams, one of our Founding Fathers, was so certain July 2nd would be the day we'd always remember that he refused to celebrate the Fourth for the rest of his life. The Declaration of Independence was adopted on July 4th, but most delegates didn't even sign it until August. Just goes to show, even history likes to keep us on our toes!

Whether you're watching fireworks, enjoying a favorite summer meal, or simply spending time with loved ones, I hope you find moments this month that remind you of the strength and resilience we share.

Our calendar is packed with activities and opportunities to learn, laugh, and make memories. Please take a look inside, keep the calendar handy, and join us whenever you can.

Thank you for another month of letting us be a part of your lives and for trusting us with your care—or the care of your loved ones. We're grateful, every single day.

Here's to a July full of wonder, connection, and maybe a little firefly delight.

Sincerely,

Your Administrative Team



Oree Williams
Executive Director



Shakira Tanner, LPN
Resident Services Director



Gail Todd
Life Enrichment Director



Aaron Roberts
Maintenance Director



Teresa Vanek
Director of First Impressions



Lisa Bohanan
Senior Business Office Manager

A WALK DOWN MEMORY LANE



CARL WELCH

Tell me about your favorite sport.

Baseball is my favorite sport; I started playing baseball at the age of ten years in the little league. My position I played was short stop. When I turned sixteen, I went on to play in the minor league. The league that I played for was named after George Gibson, and I played in the minor league until I was 38 years old. I enjoyed stealing bases, hitting homeruns, the pace and atmosphere cheering on my teammates was a great feeling, I no longer play baseball, but I do enjoy watching it on television my favorite team is the Atlanta Braves and Hank Aaron was my favorite player.

Tell me about your first job.

My first paying job was working at a service station pumping gas, washing cars and fixing flats. I was 20 years old at the time, and I got paid between \$20.00 to \$40.00 a week. I was able to save enough money to buy my first car, which was a 1955 Ford Fairlane. I worked at the service station for about 2 years.



MILDRED BIVINS

Tell me about your family traditions.

My favorite tradition was when my brothers were playing any sport game, we all went out as a family to their games. We rarely miss a game we would cheer them on, and we were the loudest family in the stands. The best part was when they won a game, we all would run on the field to celebrate with our brothers and their teammates.

Do you see yourself as a caregiver?

I do think of myself as a caregiver. I enjoy caring for people, basically older people. When I was growing up, I was always around older people, and I think that where I got the heart for helping the elderly. I was always ready to help the elderly person at church. At the groceries store, I volunteer at the hospital sitting with an elderly person that may have needed company. Even here I enjoy helping someone to their table, I'll walk them to their room, and I'll help them clean up if they need my help.

Welcome TO OUR NEWEST RESIDENTS

Julian Williams
Nancy Tuohy

TEAM MEMBER Anniversaries

1 YEAR OF SERVICE
Charles Green

Thank You!



If anyone forces you to go one mile, go with them two miles.
Matthew 5:41



"EB" Chukwuelouka Okpalaoka

Submit your nominations in the lobby!

MEN'S CRAFT CORNER

If these walls could talk

If these walls could talk, they'd sing,
Of laughter echoing in the spring,
Of joyful days and memories made,
Of gentle hands and kindness paid.
They'd speak of souls who passed on through,
Of hearts so loyal, strong, and true,
Of rooms that held both rest and cheer,
And voices that still linger near.
They'd whisper tales of care and grace,
Of love that filled this special place,
Of people giving all they've got,
With every selfless, tender thought.
They'd tell us who has truly shown,
That in this house, no one's alone,
That compassion lives within these walls,
In every smile that softly calls.
So, if you listen close and still,
You just might hear the warmth, the will—
The legacy that won't depart...
A building kept alive by heart.

CNAs are the heart of our community.

Celebrating National CNA Week

Word search and crossword puzzle



ACROSS

1. Often overheard in a library

3. Oregon Trail transportation

5. Get clean

7. Mineral yet to be processed

8. Pub orders

11. Withdrawal's opposite

14. Criteria

17. Caffeine source

19. Donations

20. Mole

22. Carried out

25. Heavenly host?

27. Integrated Drive Electronics, abbrev.

28. Made purchases

32. Like wool, to some

33. Distance gained by a football player

34. Small bite

DOWN

2. "I Want to ____ Your Hand," by the Beatles

3. Cry softly

4. In the United States, New England

5. Red + ____ = purple

6. He's a man of ____ word

9. Anguish, hardship

10. Especially

12. Lamb's mother

13. Appropriate

14. "When it _____, it pours!"

15. Disagreements

16. France's continent

18. Vague, as a memory

21. Hippie's hangout

23. Graduate's headwear

24. Windsor, for one

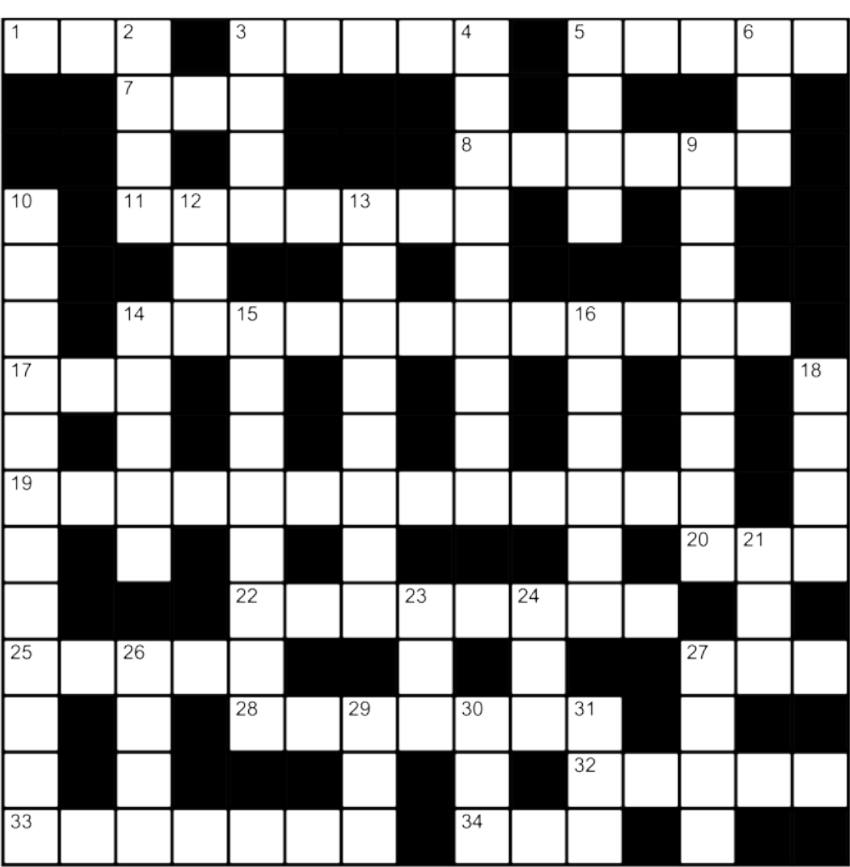
26. Equipment

27. Machu Picchu group

29. "The loneliest number"

30. Brooch


31. Party favorites: chips and ____



K	A	G	Y	Y	M	F	P	W	G	I	Y	F	H	L
E	R	K	E	T	K	P	C	B	C	S	E	R	J	R
P	Q	A	L	Y	I	C	R	O	W	Q	L	R	N	Q
I	C	A	L	T	S	L	O	X	Y	F	L	E	O	B
Q	O	O	U	W	Y	E	A	R	D	D	O	W	X	U
C	J	O	W	O	H	R	U	K	R	W	O	W	B	
Q	R	X	U	B	C	D	E	M	Q	A	S	T	I	X
T	D	Z	P	N	O	V	A	W	B	E	T	S	L	S
R	O	D	E	O	D	Y	Z	E	D	E	O	L	D	N
E	Y	W	O	N	S	A	S	L	M	N	N	I	L	I
D	H	L	S	H	O	S	H	O	N	E	E	V	I	A
A	S	G	N	I	R	P	S	T	O	H	G	E	F	L
J	M	F	G	R	H	G	J	X	E	J	F	D	E	P
E	N	N	E	Y	E	H	C	F	M	J	K	K	K	F
N	U	J	K	C	I	C	K	U	F	D	K	X	E	N

Wyoming

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



BISON

CHEYENNE

COAL

COWBOYS

DEVILS TOWER

EQUALITY

GEYSER

HOT SPRINGS

JADE

MEADOWLARK

PLAINS

ROCKY

RODEO

SHOSHONE

SNOWY

TROUT

WILDLIFE

YELLOWSTONE

JUST FOR GIGGLES



Taxiing down the tarmac, the jetliner abruptly stopped, turned around and returned to the gate. After an hour long wait, it finally took off. A concerned passenger asked the flight attendant, "What was the problem?" "The pilot was bothered by a noise he heard in the engine," explained the flight attendant, "and it took us a while to find a new pilot."

Life Enrichment HIGHLIGHTS

Red, White & Blue social with Bridget

Frozen Slushie social with Martha

Ice Cream social with Gracie


Celebrating the 4th of July

23rd Whine Down Wednesday

31st July Birthday Celebration

TALKING TidBITS

In the early 1900s, it was popular to celebrate July 4th with "bicycle parades"—but the real showstoppers were the pigs. That's right: in some towns, folks would dress up pigs in patriotic ribbons and race them down Main Street. Prizes were given for the fastest (and best-dressed) pig. Nothing says "freedom" quite like a pig in a bowtie running for glory!



GRILLIN' UP GOOD TIMES AT THE FATHER'S DAY COOKOUT



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
July 2025		9:30 Morning Chat 1 10:00 AM Devotion 10:30 AM Canada Fun Trivia 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 PM Red White & Blue Activity w/ Bridget 3:00 PM Afternoon Snacks <small>Canada Day</small>	9:30 Morning Chat 2 10:15 AM Liberty Baptist Church 1:00 PM Rest & Recharge 2:00 PM 4 th Color Sheets 3:00 PM Chill Jazz w/ Mac Surgeon	9:30 Morning Chat 3 10:00 AM Body Movement 10:30 AM Brain Jogger 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Celebrating the Fourth social	9:30 Morning Chat 4 10:00 AM Devotion 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 PM BINGO 3:00 PM Afternoon Snacks <small>Independence Day (US)</small>	10:00 AM Morning Chat 5 10:30 AM 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 PM Church Group 3:00 PM Classic Tv Shows	
	10:00 Televised Church Service 6 11:00 Hydration 1;00 Rest & Recharge 2:00 Old Classic Tv Shows 3:00 Afternoon Snack	9:30 Morning Chat 7 10:00 AM Spanish 101 w/ Roberto 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 PM Outside Time 3:00 PM Afternoon Snacks	9:30 Morning Chat 8 10:00 AM Body Movement 10:30 AM Word Search 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Activity w/ Martha 3:00 PM Afternoon Snacks	9:30 Morning Chat 9 10:15 AM Liberty Baptist Church 1:00 PM Rest & Recharge 2:00 Activity w/ Katie 3:00 PM Afternoon Snacks	9:30 Morning Chat 10 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 BINGO 3:00 PM Afternoon Snacks	9:30 Morning Chat 11 10:00 AM Body Movement 10:30 AM 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Music w/ Mr. Troy 3:00 PM Afternoon Snacks	10:00 AM Morning Chat 12 10:30 AM 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 PM Church Group 3:00 PM Classic Tv Shows
	10:00 Televised Church Service 13 11:00 Hydration 1;00 Rest & Recharge 2:00 Old Classic Tv Shows 3:00 Afternoon Snack	9:30 Morning Chat 14 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Puzzle Time 3:00 PM Afternoon Snacks	9:30 Morning Chat 15 10:00 AM Body Movement 10:30 AM Word Search 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Worst-case scenario group activity 3:00 PM Afternoon Snacks	9:30 Morning Chat 16 10:15 AM Liberty Baptist Church 1:00 PM Rest & Recharge 2:00 Activity w/ Gracie 3:00 PM Afternoon Snacks	9:30 Morning Chat 17 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Thursday Trivia 3:00 PM Afternoon Snacks	9:30 Morning Chat 18 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Happy Hour Friday w/ Music Randy & the Ramblers 3:00 PM Afternoon Snacks	10:00 AM Morning Chat 19 10:30 AM 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 PM Church Group 3:00 PM Classic Tv Shows
	10:00 Televised Church Service 20 11:00 Hydration 1;00 Rest & Recharge 2:00 Old Classic Tv Shows 3:00 Afternoon Snack	9:30 Morning Chat 21 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Craft Activity 3:00 PM Afternoon Snacks	9:30 Morning Chat 22 10:00 AM Body Movement 10:30 AM Word Search 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Activity w/ Rose 3:00 PM Afternoon Snacks	9:30 Morning Chat 23 10:15 AM Liberty Baptist Church 1:00 PM Rest & Recharge 2:00 Activity 3:00 PM Whine Down Wednesday social	9:30 Morning Chat 24 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Craft w/ Kate 3:00 PM Afternoon Snacks	9:30 Morning Chat 25 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Activity w/ Deborah 3:00 PM Afternoon Snacks	10:00 AM Morning Chat 26 10:30 AM 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 PM Church Group 3:00 PM Classic Tv Shows
	10:00 Televised Church Service 27 11:00 Hydration 1;00 Rest & Recharge 2:00 Old Classic Tv Shows 3:00 Afternoon Snack	9:30 Morning Chat 28 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 P.M Ice cream social w/Alicia 3:00 PM Afternoon Snacks	9:30 Morning Chat 29 10:00 AM Body Movement 10:30 AM Word Search 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 Activity w/ Amanda 3:00 PM Afternoon Snacks	9:30 Morning Chat 30 10:15 AM Liberty Baptist Church 1:00 PM Rest & Recharge 2:00 Mix & Match Activity 3:00 PM Afternoon Snacks	9:30 Morning Chat 31 10:00 AM Body Movement 10:30 AM Daily Chronicle 11:00 AM Hydration 1:00 PM Rest & Recharge 2:00 July Birthday Celebration 3:00 PM Afternoon Snacks	HAPPY JULY as the new month begins. We send lots of smiles and Sunshine Wishes to our awesome residents, staff, and families. HAPPY INDEPENDENCE DAY! Let's celebrate the Land of the free and the home of the brave	