

# Department of Health and Human Services

August 14, 2025

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# Agenda

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- Department of Health and Human Services Overview.
- Division of Developmental Disabilities.
- General Medicaid and Waiver Information.
- Waiver-Specific Information.
- Service Coordination.

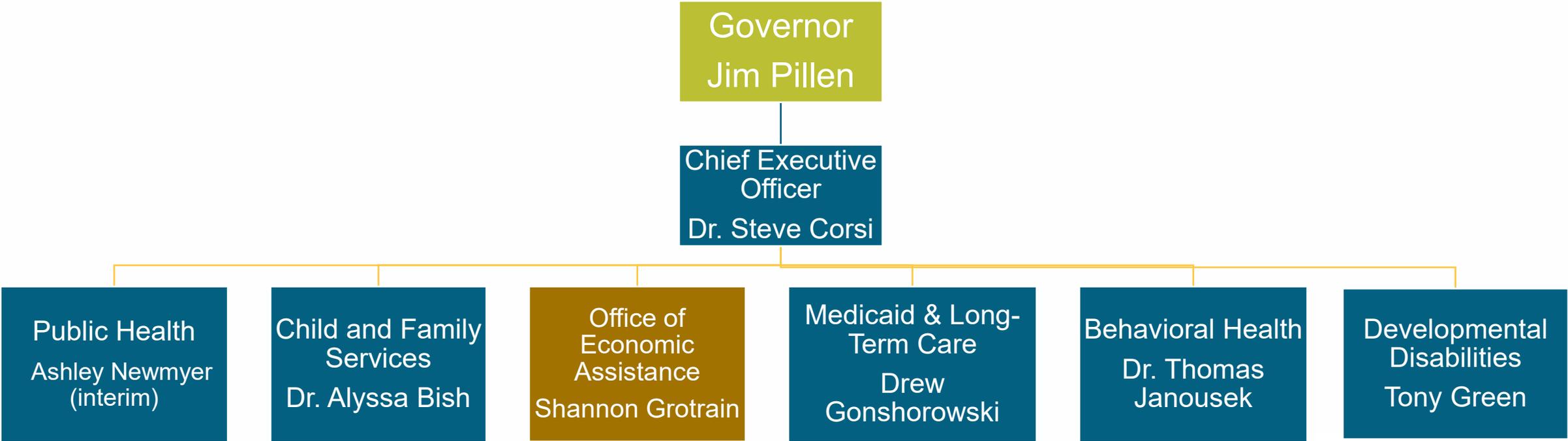
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# Department of Health and Human Services Overview.



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# Division of Developmental Disabilities (DDD)

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Medicaid HCBS Waivers

Special Health Care Needs

State Unit on Aging

Beatrice State Developmental  
Center

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The Division of Developmental Disabilities (DDD) provides funding and oversight for Medicaid Home and Community-Based Services (HCBS) Waivers, includes determining eligibility, providing service coordination for eligible people, monitoring services, and paying providers. DDD also oversees programs for people who have special health care needs and includes the State Unit on Aging.

## Learn about HCBS Programs

<a href="#">Aged and Disabled (AD) Waiver</a>	<a href="#">Developmental Disabilities (DD) Waivers</a>	<a href="#">Traumatic Brain Injury (TBI) Waiver</a>
<a href="#">Special Health Care Needs Programs</a>	<a href="#">State Unit on Aging Programs</a>	

## Find Information by Topic

<a href="#">Eliminating the DD Waitlist</a>	<a href="#">Participants and Families</a>	<a href="#">HCBS Providers</a>
<a href="#">Regulations and Waivers</a>	<a href="#">Olmstead Plan</a>	<a href="#">Resources</a>
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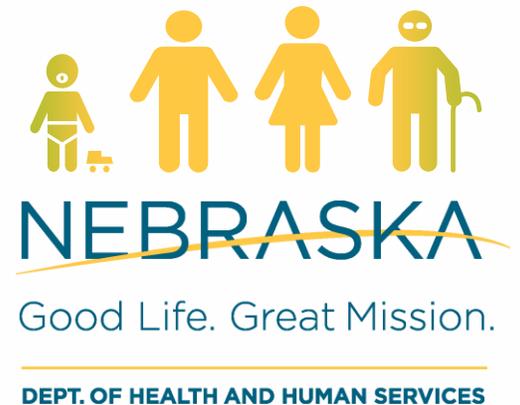
[Division Organizational Chart](#)

[Directory of DDD Leadership](#)

# Medicaid Overview

**Medicaid** is a public health insurance program which provides healthcare programs and services to qualifying people. The primary goal is to ensure access to quality health care services for low-income people and families.

- In general, eligible people are low-income adults, pregnant women, children, elderly people, and people with disabilities.
- Eligibility is based on income, assets, residency, and other considerations.



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# Medicaid – Income and Resources

## Applying as a Child

Medicaid looks at family income and resources when an application is for a child.

## Applying as an Adult

At age 19, parental income and resources no longer count, regardless of where a person lives.

*Age 19 is the age of majority in Nebraska.*

## Katie Beckett Program

Children who live in their parent's home and have high needs can be eligible for Medicaid.

**This program only looks at the child's income and resources.**

The child must meet the level of care to live in a:

- Hospital;
- Nursing Facility (NF); or
- Intermediate Facility for Individuals with Intellectual Disabilities (ICF/IID).

# Medicaid Disability

When a disability determination is needed, Medicaid uses the disability criteria established by the Social Security Administration (SSA).

- When an SSA determination has not been made, the State Review Team (SRT) uses the SSA disability criteria.
- SRT determines if a person meets disability criteria upon receiving 12 months of medical records.

## Social Security Income (SSI)

SSI provides monthly payments to adults and children who have:

- Little or no income; and
- Little or no resources; and
- A **disability**, blindness, or are age 65 and older.

*Age 18 is the federal age of majority, where family income and resources do not count.*

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# Medicaid Waivers

- Allow the state to waive certain Medicaid requirements, so services can be provided in the community, avoiding institutionalization.
- Waiver services are in addition to straight Medicaid services.
- Medicaid waivers pay waiver providers for services.
- Services are designed to help people live in the community.

Waiver services are in addition to other services, including:

- Other DHHS programs.
- The Dept of Education.
- Vocational Rehabilitation.

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# Waiver Services

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- Paid services wrap around natural supports to meet a participant's needs.
- The goal is as much independence as possible.
- Service examples:
  - Help with and teaching household tasks.
  - Help with and teaching self-care skills.
  - Teaching skills to get or maintain a competitive, integrated job.
  - Respite – relief to the usual caregiver.
  - Home and vehicle modifications.
  - Assistive technology and emergency response systems.

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# Medicaid HCBS Waivers in Nebraska

**Nursing Facility (NF) level of care**

**Aged and Disabled (AD) Waiver**

**Traumatic Brain Injury (TBI) Waiver**

A person may only receive services from one waiver at a time.

**Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) level of care**

**Family Support Waiver (FSW)**

**Developmental Disabilities Adult Day (DDAD) Waiver**

**Comprehensive Developmental Disabilities (CDD) Waiver**

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HCBS Waivers Available for Eligible People

# HCBS Waiver Eligibility Requirements

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To be eligible to receive any HCBS waiver, a person must:

- Be eligible for and receive **Nebraska Medicaid**;
  - Be a citizen or legal resident of the United States;
  - Be a legal resident of the state of Nebraska;
- Meet waiver Level of Care requirement; and
- Have a need for waiver services.

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# Waivers with ICF/IID Level of Care

## Family Support Waiver (FSW)

- Ages birth through 21 years.
- Supports the child and their family.

**Habilitation:** Assisting a person with improving and achieving developmental skills, when impairments delayed or blocked initial acquisition of the skills.

## Developmental Disabilities Adult Day (DDAD) Waiver

- Ages 21 years and older.
- Replaces services provided by the school system.
- Maximizes independence in the community.
- Focuses on competitive, integrated employment.
- Includes supported residential services.

## Comprehensive Developmental Disabilities (CDD) Waiver

- All ages.
- Maximizes independence as people live, work, and socialize in their community.
- Includes 24-hour residential services.

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# Roles of the Service Coordinator

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- Answers questions.
- Helps plan services.
- Support what the participant wants.
- Attends IEP meetings (when the participant is in school).
  - The guardian must request the school invite the SC.
- Writes the **person-centered plan** at a yearly meeting.
- Monitors waiver services.

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# The Individual Support Plan

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- The **person-centered plan**:
  - Identifies services, supports, and resources.
  - Lists providers and outlines what they are responsible for.
- **The approved person-centered plan is required before waiver services can begin.**
- Waiver services should help the participant:
  - Live their most independent life and
  - Experience quality of life in their community.
- The plan can be revised whenever needed.

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# Person-Centered Planning

- Charting the LifeCourse (CtLC) tools help a person plan their “good life.”
- Person-centered planning includes:
  - What a person **wants** (what’s important *to* them).
  - What a person **needs** (what’s important *for* them).



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# Contact

## General Information

[dhhs.developmentaldisabilities@nebraska.gov](mailto:dhhs.developmentaldisabilities@nebraska.gov)

## HCBS Eligibility and DD Registry

[dhhs.HCBSwaiverapp@nebraska.gov](mailto:dhhs.HCBSwaiverapp@nebraska.gov)

Toll-free (877) 667-6266



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