



Rugby Alberta Discipline Committee

Citation: IL Re: 2026 ARU 01

Heard: March 22, 2026

Decision Rendered : March 27, 2026

In the Matter of IL – Code of Conduct Violation

Reasons of the Rugby Alberta Discipline Panel

Restriction on Publication

Identification Ban

No person shall publish the name or photograph of a child in relation to any misconduct related issues. Identifying information has been removed from this decision to comply with the ban so that it may be published.

Before: McDonald DC, Crossey PM, Lees PM

I. Introduction

1. The Wolfpack leadership team forwarded an allegation of misconduct contrary to the respective codes of conduct in relation to the Vancouver 7's Invitational Tournament ("VSI") held in Vancouver from March 5-7, 2026.

II. The Allegation:

2. The Tour leadership allege that during the tour IL was advised of a curfew of 11:00pm PST on March 6, 2026, and that they, after bed check, was absent from their room contrary to the rules of the coaches/tour leadership.

III. The Player's Position:

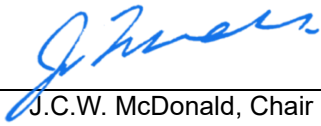
3. In their statement the player stated they was in fact absent from their room without permission after bed check/curfew from around midnight and returned sometime around but not later than 1:30am.
4. They were absent for the purposes of obtaining ice, in their testimony they stated that the ice machine on their floor was broken and they attended the front desk where they met GP.
5. The two players then remained outside their respective rooms for an unspecified period of time before going to GP room so they (GP) could charge their phone approximately 12:30AM.
6. The Player accepts that they committed the act of being outside their room contrary to the code of conduct.

IV. Discussion:

7. The standard of proof in all matters before the Discipline Alberta Discipline Committee is a balance of probabilities. That is to say that the panel must be convinced that a thing is more likely to have occurred than it has not.
8. Having admitted to the essential element of the allegation it is unnecessary to further determine if the complaint of act occurred, by their own admission IL was away from her room after curfew without permission.
9. The essential elements of the respective codes of conduct engaged here are:
 - a. Rugby Alberta Code of Conduct s.6.5(d) “ at all times show and uphold respect for coaches, team managers, therapists, medicals staff, and support personnel, and show appreciation for their contribution to the sport of rugby: and
 - b. Rugby Canada Code of Conduct and Ethics s.13.g “act in accordance with applicable policies and procedures and, when applicable, additional rules as outlined by coaches and managers.
10. Were there additional rules as outlined by coaches and managers?
 - a. The player accepts that they were verbally told by their respective coach, and manager that there was a curfew, and that the curfew was 11:00pm on March 6, 2026.
 - b. While it would have been preferable for a written set of tour/tournament rules, it is not enough to say that because they were not committed to writing that they did not exist. I find that there were in fact rules surrounding curfew and that the player was aware of them.
11. If there were additional rules, and they were breached, does that act breach the Rugby Alberta, or Rugby Canada Code of Conduct?
 - a. It is an express portion of the rugby Canada Code of Conduct to “act in accordance with additional rules outlined by coaches and managers.” Failure to abide by those rules is a breach of the Rugby Canada Code of Conducts and Ethics.
 - b. The rules around curfews was communicated to the players by the coaches and team managers, and, as a result, of breach of same is whether conscious or not, a form of disrespect.

V. Sanction:

12. Code of Conduct Violations may range from the nearly benign to the very serious, in some cases it may necessitate a removal from the sport of rugby, in others a more appropriate sanction could be a caution or a reprimand.
13. A breach of curfew is, in my mind, relatively low on the scale of offending, and as a result a serious sanction such as suspension, removal from the sport, exclusions orders, non-selection orders and fines are not appropriate.
14. It is the view of the panel that a formal caution is the appropriate course of action necessary to deter future similar behaviour. An anonymized copy of the caution appears as an appendix to this decision.



J.C.W. McDonald, Chair
For the Rugby Alberta Discipline Committee



Date: March 27, 2026

Player Name: IL

Team: Wolfpack U18 Girls

Re: Formal Caution – Curfew Violation

Dear IL,

This letter serves as a formal caution regarding a breach of team conduct expectations that occurred on March 6 – 7, 2026 during Vancouver 7's Invitational.

It was reported and confirmed that IL was outside of their assigned room after curfew, contrary to team rules and the player code of conduct. Team curfew is in place to ensure player safety, proper rest, and accountability, particularly for underage athletes under the supervision of coaches and team management.

This conduct represents a violation of the Rugby Alberta and Rugby Canada Codes of Conduct and expectations for behavior while representing the club/organization.

Expectations Moving Forward

IL is expected to:

- Follow all team rules, including curfew and supervision requirements
- Remain in assigned accommodations during curfew hours unless authorized by team staff
- Demonstrate responsibility and accountability while representing the team
- Respect the authority of coaches, managers, and team officials
- Uphold the values of discipline, safety, and teamwork

Disciplinary Outcome

At this time, the matter is being addressed through a **formal caution**. No further disciplinary action will be taken provided there are no additional violations.

Please be advised that any future breaches of team rules or conduct expectations may result in further disciplinary action, including suspension from team activities, removal from matches or tours, or additional sanctions under team or organizational discipline policies.

This caution is issued pursuant to a decision of the Rugby Alberta Discipline Committee.



John McDonald ,CD
Chair, Rugby Alberta Discipline Committee