Hardlopen met plezier

hs-hardlooptrainer.nl

Participation & consent: Loop APK

Participation is voluntary and at your own risk.

Name: ..... Date of birth: .....

APK date: ..... Email: .....

Option: [ ] Loop APK [ ] Plus [ ] Pro

Optional: Height: ..... cm Weight: ..... kg

Provider: Harald Schneider / hs-hardlooptrainer, Leliestraat 10, 3314 ZN Dordrecht
Contact: info@hs-hardlooptrainer.nl

1. What happens during the Loop APK?

I run as instructed and am filmed for an analysis of my running technique. We discuss the footage and findings. Depending on the option booked, the appointment also includes additional analysis, a report or exercises. The Loop APK provides training advice, not a medical examination, diagnosis or statement of medical fitness.

2. Voluntary participation, risk and stopping

I participate voluntarily and at my own risk. Running and exercises may cause fatigue, muscle soreness, overuse, falls or injury. I follow instructions, report current symptoms and limitations in advance, and report pain or dizziness immediately. I do not participate if I am acutely ill or have a fever. If I have doubts about my medical ability to exercise, I seek medical advice beforehand.

I may ask questions, decline participation and stop at any time. The trainer may interrupt the session for safety reasons. The provider remains responsible for performing the service with due care. Legal rights, including any right to compensation, remain unaffected.

3. My video remains confidential

Original video files are not routinely supplied to me. The footage is working material for my running analysis and discussion. My legal right to access and obtain a copy of my personal data remains unaffected. Use by hs-hardlooptrainer on social media requires my separate, explicit consent on page 2.

The technical services named in the privacy statement, including Apple/iCloud, CoachNow and Ochy, may be used as necessary for recording, secure storage and analysis. The services used for my appointment are explained beforehand.

Raw APK footage is deleted within 30 days after the results discussion. If the discussion does not take place, we agree on a deletion date. Page 2 sets out retention for separately approved social media material. Other data are covered by the privacy statement.

4. Separate confirmations

[ ] A. Participation. I have read and understood the explanation and risk information, had the opportunity to ask questions, and voluntarily agree to the Loop APK.

[ ] B. Video and data processing. I explicitly consent to being filmed and to processing of my footage, analysis data and relevant information I voluntarily provide about symptoms or limitations for my personal Loop APK, discussion and related report as described above. I have received or been able to read the privacy statement.

5. My privacy rights

I may request access, a copy or correction of my personal data. Where the GDPR allows, I may request erasure, restriction or transfer, or object to processing. I may complain to the Dutch Data Protection Authority. Requests: info@hs-hardlooptrainer.nl.

I may withdraw my consent via info@hs-hardlooptrainer.nl. This does not affect earlier lawful processing. Further processing based on that consent stops; a video analysis can then no longer be continued.

Place and date: .....

Participant signature: ..... Provider signature: .....

Before the start, we discuss this form and any questions. I may receive a copy of my signed form.

Separate consent: social media

Optional. Valid only if I explicitly agree below.

Name: .....

Loop APK date: .....

hs-hardlooptrainer may use only the specific footage described below, which I have viewed and approved in advance, for the stated publication. This choice is separate from my Loop APK and analysis. Refusing has no effect on the service.

Footage or clips I have viewed and approved:

.....

.....

Purpose of publication:

.....

Accounts and platforms where publication is allowed:

.....

Use of my name: [ ] No name [ ] First name only [ ] Other: .....

Publication period or end date: .....

I understand that approved footage may be publicly visible on social media. Others may view, copy or share it. hs-hardlooptrainer cannot fully control copies made by others.

[ ] YES, I explicitly consent to hs-hardlooptrainer using the footage described above for the stated purpose, on the named accounts and within the agreed period. This box is not checked in advance.

I may withdraw this consent at any time via info@hs-hardlooptrainer.nl. hs-hardlooptrainer will then stop future use and remove the relevant publications from its own accounts. Earlier lawful use remains lawful; complete removal of copies held by others cannot be guaranteed.

The selected publication files are retained only while consent remains valid and they are needed for the agreed purpose, and no later than the agreed end date. For access, correction or erasure I may contact the same email address. I may complain to the Dutch Data Protection Authority.

Place and date: .....

Participant signature: .....

Provider signature: .....

On request, I receive a copy of this separate consent.