

Flexible Sigmoidoscopy and Hemorrhoid Banding Prep Instructions

You are scheduled on _____ at _____.

Please read instructions below Seven (7) days before your exam so you can be prepared.

If you have questions, please call us at (502)893-7744

****Do not eat or drink food after 12:00 midnight on the night preceding your exam.**

****All Heart and Blood Pressure medications should be continued, including the day of your procedure with small sip of water.**

3 DAYS BEFORE YOUR PROCEDURE:

Buy an over-the-counter double Fleet Enema package or two single Fleet Enemas.

THE MORNING OF YOUR PROCEDURE:

Do not eat any food or drink (except a small amount of water for any required morning medications).
Administer 2 Fleet enemas 30-60 minutes apart, with the 2nd enema being one hour PRIOR TO LEAVING for the examination (to allow appropriate evacuation time).

TRANSPORTATION HOME:

Because of the medications you will be given during the procedure, you will need someone to drive you to the facility, stay in the building while you are having your procedure, and then drive you home. You will not be able to use a taxi or bus. The test may be canceled if you do not have a driver. There will be no exceptions. After the procedure, you may resume driving the next day unless your doctor instructs you differently.