



THE BREASTPLATE

The Newsletter of Saint Patricks Episcopal Church

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U2charist Returns To The Irish Festival



On **Sunday, August 3rd at 10:30 a.m.** The U2charist returns to the Dublin Irish Festival! Bring a non-perishable food item to the gate Sunday morning for free admission to the festival, and join in with our very own U2 tribute band for a spirited and spiritual worship experience. Afterwards, stay to enjoy the rest of the Festival. There will be an offering taken during service, all of which will go to the Dublin Food Pantry. See you there!



Back to School Backpack Blessings

Back to school prayers and blessings of backpacks as part of our worship service in the fall of each year can offer encouragement to the excited and comfort to the anxious. We invite students of ALL ages, as well as teachers, professors, and other professionals, to bring your backpack, messenger bag, etc., to church with you on August 10th. Each bag owner will receive a medallion suitable to be clipped to a zipper or keychain. These precious charms are sure to be delightful reminders of God's love for you as shared in this joyful community of faith. We will bring the bags to the altar before the service begins and then leave them around the altar for the rest of the service. Afterward, you can pick them up and receive your charm to put on your bag.



Please join us for Our Annual Ministry fair that will be on August 23rd after the 9:30am services. The Ministry fair is an opportunity to showcase what your ministry does throughout the program year! We will also have food and trivia games.

The **Breastplate** is published monthly by Saint Patrick's Episcopal Church.

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**Articles and other items for the
Breastplate should be
submitted by July 15th to:**

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Pastoral Clarity and Conviction

Early in July, the IRS made a policy change that would allow religious institutions to endorse candidates for public office [a.k.a. Political Campaigns]. Our Bishop sent out a very thoughtful response that very week. Her pastoral clarity strengthens my conviction as a follower of Christ. So, let me share and comment on a couple of key passages of her letter.

She writes:

You will not hear me endorse any candidate for public office, nor are our clergy permitted to do so.

As bishop of the Diocese of Southern Ohio, I want to be clear: this is not a change we welcome. This is not a provision we asked for. *This is not a boundary we will cross.*

This boundary does not mean that we hold back from speaking faithfully to Gospel-driven values as they unfold in our public life. It does not mean that we refrain from naming injustice when we see it. And it does not mean that we stop advocating for the people who are most vulnerable among us: the poor, the hungry, those in danger.

As you likely know, Clergy take a vow to obey their bishop in their ordination. It's a vow we clergy repeat every year at a gathering during Holy Week. It's a vow I take seriously.

Her proscription against endorsements is easy to obey because I had no plans of endorsing anyone anyway. However, she also calls on clergy and all of us to speak, pray, and act against injustice. At the end, she writes:

...I invite you to connect with your neighbors through your congregation; form partnerships and build networks of mutual support with your communities. Consider your own witness as a person of faith: how will you continue to pray, speak, and act?

I will obey this directive to pray, speak, and act as well, and I hope you will join me. This is a frightening time; therefore, we must ground ourselves in worship, prayer, and the study of scripture. While many of our neighbors, family, and fellow congregants are in danger, we must pray, speak, and act with conviction. Together we can live out the baptismal vows we all share, especially the one to "strive for justice and peace, and to respect the dignity of every human being."

God's Peace,

Father Jason Emerson+
Rector

Mother Catherine's Corner

It's hard to believe how quickly summer is slipping away, and soon students and teachers will be stepping back into classrooms this month. I always loved the excitement of the first day of school—unpacking fresh textbooks, choosing a new favorite backpack, and getting ready for fall soccer games in the crisp Maine fall air. For many, the start of a new academic year brings eager anticipation and hope for growth. But it can also bring feelings of uncertainty—facing unfamiliar classrooms and new faces, and other changes that come with a fresh start.

No matter how we feel about the beginning of the school year, it is a chance to remind ourselves that God is with us in every step of our journey. As we prepare for the months ahead, let's pause to notice His presence walking beside us. When we are attuned to His guidance, we can pray confidently for students to develop integrity and honesty, for teachers to lead with wisdom and patience, and for families to provide a foundation of love and support. We can also pray that each student's unique talents flourish, and that resilience and perseverance sustain them through challenges.

This is a wonderful opportunity to lift up our community in prayer—asking God for strength during busy or difficult days, for meaningful friendships that foster respect, and for joyful growth both academically and spiritually. Our prayers don't stop after the first week; they're ongoing, inviting God's presence to guide us through the entire year, helping us grow in faith and character even when setbacks arise.

As a church family, we are called to celebrate our students and educators now and throughout the months ahead. Let us surround them with love, encouragement, and prayer—creating an environment at St. Patrick's rooted in faith, love, and hope. Together, we can ensure every child feels valued and empowered, and that those guiding them are strengthened by God's grace. May He bless this new school year with peace, wisdom, and His everlasting love.

Blessings,

Mo. Catherine+

Children's Chapel returns Sunday, September 7th!

We Hope Everyone has had a wonderful Summer! We can't wait to welcome everyone back to **Children's Chapel beginning Sunday, September 7th during the 9:30 service.** As a reminder, come directly to the children's chapel room when you arrive for a lesson, craft, and fun with friends then we will return to the service for communion. Children's chapel is open to our pre-K and elementary aged kiddos.

KICK OFF PARENT MEETING: We will host a welcome/kickoff immediately following the service on September 7th in the Children's Chapel. We will answer any questions you may have about Children's Chapel and share information for interested parent/youth volunteers!

Children's Chapel is possible thanks to our volunteers! If you are interested in volunteering this year, please sign up here: <https://www.signupgenius.com/go/70A0C4AA9A722A75-57520433-childrens> or reach out to Jessica Randolph [Jessica.L.Chambers@gmail.com] with any questions. Volunteers help welcome the kids, guide crafts and discussions and share our love for Jesus! We need one adult each week, but also welcome rising youth volunteers.



You can also use the QR code for a quick and easy way to sign up

Dublin Food Pantry

With school out for the summer, please keep the Dublin Food Pantry in mind as you grocery shop this summer because there is a special need. Special thanks to all those parishioners who donate non-perishable food items on a regular basis, but this is a quick note to share with everyone that the summer months present a special challenge for DFP clients: the children are home all day and must be fed. DFP Operations Director Jim Wilson has suggested that we might add a jar of peanut butter and some jelly to our grocery list, along with ramen noodles and quick oatmeal packets. Need convincing? 23% of Dublin Schools students are economically disadvantaged. That's over 3,700 children, and when school is out, so is their free and reduced-price lunch program. But they all must eat, so you can see the stress that's put on their parents and the pantry. So, if you are able this summer, add something extra to your grocery list for the kids who are served by the Dublin Food Pantry. Again, thank you for your continuing generosity.



Cindy Adair
Kathryn Allen
Kellan Behrens
Rowan Bethune
Wesley Boettcher
Hal Bradley
Catherine Bratton
Josh Breece
Charlie Darrah
Mabel Dawson
Brenda Eddy
Conley Emory
Jackie Faulkenberry
Richard Gehman
Kati Glover

Claire Haney
John Hilt
Everett Hoseus
Glenda Johnson
Wolf Lant
Val Lawrensen
Teri Leitwein
Matt Lewis
Michele Miller
Sommer Rogowski
Lisa Schmidt
Neal Seaborn
Quinn Seaborn
Marc Smith
John Wood

Pam & Russ Austin
John & Laura Barna
Hal & Mary Bradley
Bob & Glenna Butler
Josh & Lindsay Dawson
Jackie & Roger Faulkenberry
Charlotte & Mike Guastella
Frank & Jonie Gyorkey
Sarah & Scott Immell
Emily & Mat LaMonica
Susan & Wolfe Lant
Dick & Catherine Loveland
Dennis McIntosh &
Caroline Wagner
Dick & Catherine Loveland
Bobbi & Roger Sell

Tom & Ann Semans
Rick & Tasia Sicker
Rolf & Heather Stottmann
Lon & Marke Vickers
Jim & Bernadette Westman
Steven & Lynn Whitman
John & Susan Wood



Happy Anniversary

August Days

by Lenore Hetrick

The last of summer and the first of fall –
Together they stand in August Days.
The garden is bright with summer bloom,
And yet there creeps up that autumn haze.
You can look forward or look backwards
To a lovely summer you would recall,
But the changing of the season has come –
The last of summer and the first of fall.



Well, as usual, summer is flying by and soon we will be talking about back to school... Yikes. Until then, everything around St Patrick's is green and growing... The annuals, the perennials, the trees, shrubs, and of course, the weeds. Help is always appreciated to adopt small sections on our 5 acre property, to manage and maintain and keep tidy. And to keep the weeds at bay. Please contact me if you're able to help. Stay tuned for a parish wide volunteer landscape cleanup day this fall.

Happy in the garden,
Cindy Doan



Grown-Up Camp For Women

The Proctor camp for Women runs August 27th- 30th and offers a mix of rest, play, and spiritual connection. Enjoy lakeside reading, hammock naps, classic camp activities like kayaking, board games, and farm to table meals. Led by Rev. Callie Swanlund, the retreat includes prayer, reflection, and community building. All- inclusive pricing start at \$240, with scholarships available.

<https://www.proctercenter.org/grown-up-camps/>

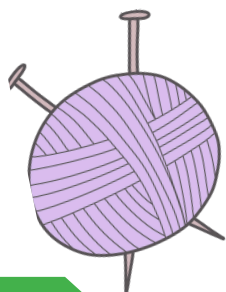
Silver & Gold Camp

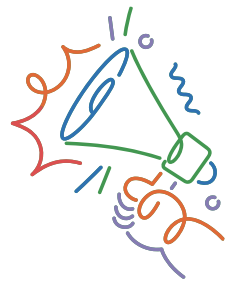
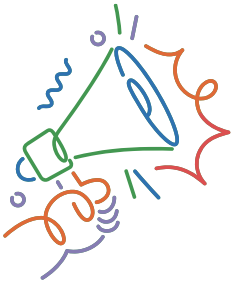
The Proctor camp for the Silver & Gold a summer camp for grown ups, held August 14th-16th. Enjoy Rest and renewal through lakeside relaxation, nature walks, and spiritual reflection. Play classic camp games like pickleball, canoeing, and board games. You can also connect with others in a similar stage of life. Pricing starts at \$160 and includes all activities; scholarships are available. Guest Chaplain Rev. Marna Franson.

<https://www.proctercenter.org/grown-up-camps/>

St. Patrick's Arts & Crafts Fair Saturday, November 8, 2025

Applications are now being accepted to be a part of the St. Pat's Arts and crafts Market. We invite all creative people as St. Pat's to consider being part of this event that builds community, as well as supports two very good causes. This year proceeds will support Nursing Scholarships and the Episcopal Relief and Development Fund. There are three ways to participate: 1) Vendors rent a table and donate one item for the auction table; [2] Donors sell their items and donate all profits to the charities mentioned; [3] Attend the arts & Crafts Market and invite your friends as well. We will have a special preview "meet the artists" evening on Friday, November 7th. Another great opportunity to mingle with creative parishioners. **We still need some vendors** to apply, either pick up a paper application from the church office or contact Vendors and Donors, applications are now being accepted please contact either Julie Myers-juliemyers14@aol.com Or John Mascazine twineducation@yahoo.com





Announcements

Spiritual Direction

Meets on Wednesday's will be showing the movie Oh God! on Wednesday July 30th starting at 10:00 am in the library. We will have lunch and discussion afterwards. Bring a "packed - brown bag" lunch and join us in person or via zoom. We will then start our next book Liturgy of the Ordinary: Sacred Practices in Everyday Life by Tish Harrison Warren at 10:30 August 6 via zoom. Contact the church office or Tawnya Lewis for the link.



Ministry Leadership Collaboration Meeting

Calling all Ministry Leaders! Please mark your calendar and join us on Wednesday, August 6th at 6:00PM for ministry collaboration! we will discuss the upcoming program year, ministry fair, changes in programming for '25-26, budgeting and ways we can collaborate to help make all of our ministries stronger and more vibrant this year. A meal of salads and bread will be provided. Please RSVP to Lucas in the Parish Office.



Creation Hike

Our next will be Saturday, Aug. 9 and takes us to Mohican State Park, about 70 miles northeast of Dublin in Ashland County. The park is centered around the Clear Fork Gorge, a national natural landmark, and is known for its rugged scenery and mature forests. Meeting time will be 10 a.m. Look for more details in Happenings and the worship bulletin. This is the third in a series of 5 creation hikes. Future hikes will be September 6, and October 4, with times and locations TBD.

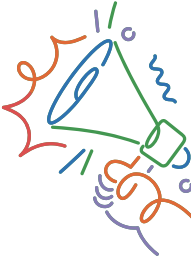


Grief Support

The Grief Support gathering will be Monday, August 18 at 6:30PM in St. Patrick's library, facilitated by Angel Cinco and Becky Stains. Please consider joining us if you have lost your spouse or another significant member of your family for love, support, and understanding as we travel together this road called grief. We have added a zoom link and will use the OWL if you wish to join us by zoom. Please let Becky know you want to zoom and she will send the link. Also contact Becky if you would like transportation to our gathering. Please contact Angel Cinco or Becky Stains with questions.

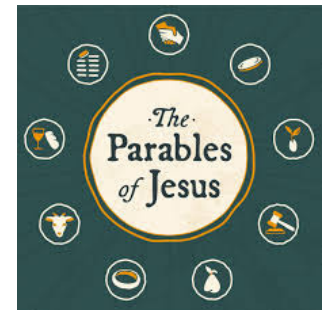


Announcements Pt.2



The Way Of Love Dinners

Returning September 3rd! For the entire program year we will be studying The Parables of Jesus. These events take place in the parish hall, They are free and dinner is provided. They start at 6:30pm and conclude at 8:00pm. We do ask that you RSVP.



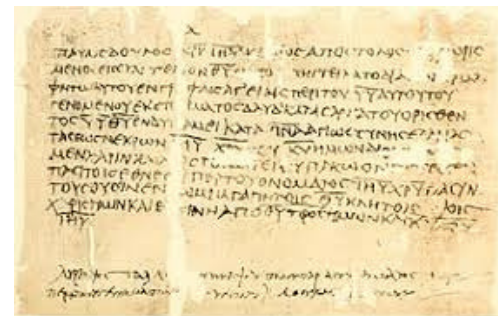
Acolyte Training

We are looking for youth entering 5th through 12th grade and adults to help assist our worship services as a Torchbearer or Crucifer. If you are currently serving in one of those roles and would like a refresher or to “Train up” to the next position, please join us on Sunday, September 7th, at 11am in the sanctuary. If you have ever been an acolyte and would like to try out, please join us as well. We need more volunteers for a full complement of help for the fall. For more information see Matt Lewis.



A Series on Paul's Letter to The Romans

You're invited! Mark your calendars now, because everyone is invited to read and discuss Paul's letter to the Romans in a four-part series on Sunday Sept. 21st, Sept. 28th, Oct. 5th, and Oct. 12th. This letter is considered to be the most significant letter in the history of Christianity. New Testament scholar N.T. Wright says that Paul's writings can “startle us, excite us, and puzzle us.” Yes, this letter does that, and so much more, because it shares the good news of God's faithfulness and mercy to all people, embodied by Jesus. In our first session, we'll also be talking about who Paul was, his life's work, and the context in which he wrote. Bring your open minds and hearts to what promises to be a lively discussion of Paul's greatest letter. We'll meet in the sanctuary after the 9:30 service, from about 10:50 until noon. Reading Romans in advance will help you get the full benefit of our time together. Kim Nelson will facilitate.



Wellness words

Successful Aging

The major goals of successful aging include: Socialization, paying attention to an ever-widening social circle; Nutrition, including the major food groups on our plates on a fairly consistent basis; and medications taken properly. Of course, exercise is on the list, and mental activities as well.

Social engagement helps maintain brain function. Studies have found that friendships, positive interactions with others, and volunteering help protect against cognitive decline. Greater creativity comes out of association with others [Walter Isaacson]. Leonardo Da Vinci created the Mona Lisa and The Last Supper after following his friends to Milan.

Healthy Diet, aka Nutrition—we all know this, but often do not follow our own advice. The American Heart Association, The American Cancer Society, and The American Diabetes Association published a joint statement of dietary recommendations. They concluded that a higher intake of fruits, vegetables, whole grains, and fish is associated with a reduced incidence of all the diseases studied by these groups. Anyone surprised? Of course not. Start with one or two new things and keep expanding.

Medications need to be taken properly. It is important to know the purpose of all medications on the shelf. All doctors being seen need to know all the medications being taken as well.

A doctor's office visit can be stressful; ask questions as needed. Prepare a list of questions ahead of time if possible, and leave space in the papers for the answers. Make sure you understand the answers. This is not a time to nod "yes" when the answer is "no." It is helpful to take another person with you to the doctor. Another set of ears can be very helpful.

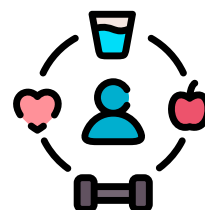
Exercise is, of course, on this list. Yes, we know the value of exercise, but planning to move a little more each day is a good start. Exercising with a friend or in an exercise group can help with some socialization opportunities as well. Remember behavior change is best attempted slowly when possible for the best results.

Mental Activity consists of being alert for all forms of learning. Reading, relationships, and life experiences to name a few. The key to remembering is to get actively involved; using the information, generating and regenerating engages more areas of the brain than just listening.

Curiosity can be proactive against aging. The best strategy for cognitive health is doing and being aware of new things. [levity]

Of course, we have seen this information before. Successful aging is following the path laid out during our lives: Socialization, Nutrition, Medications, and Mental Activity.

Rose And Lisa





August Calendar



Sunday, August 3rd

8AM Holy Eucharist
8AM Coffee Hour
10:30AM U2Charist [Irish Fest]

Mondy August 4th

9AM Friendship Quilters
6PM AA Meeting

Tuesday, August 5th

7AM Men's Group [First Watch]
1PM Cecily Rehearsal

Wednesday August 6th

10AM St. Arbucks
10AM Staff meeting
10AM Men's Group
12PM Holy Eucharist &
Sacrament of Healing
12:30PM Chicken Salad for the Soul
6PM Ministry Leadership
Collaboration Meeting

Thursday, August 7th

10AM LITDS
10AM Purls of Wisdom
2PM Newcomers Team

Saturday, August 9th

9:30 AM Kairos Advisory Council

Sunday, August 10th

Backpack Blessing [Both Services]
8AM Holy Eucharist
9:30AM Holy Eucharist

Monday, August 11th

6:00PM AA Meeting

Tuesday, August 12th

7AM Men's Group
1PM DRV Bible Study
1PM Cecily Rehearsal

Wednesday August 13th

10AM St. Arbucks
10AM Staff Meeting
10AM Men's Group
12PM Holy Eucharist
7PM Vestry Meeting

Thursday, August 14th

10AM LITDS
10AM Purls of Wisdom
10AM Catch Court

Sunday, August 17th

8AM Holy Eucharist
9:30AM Holy Eucharist
11:30AM Sacred Circle

Monday, August 18th

6pm AA Meeting

Tuesday, August 19th

7AM Men's Group
1PM Sacred Circle 3
1PM Cecily Rehearsal

Wednesday, August 20th

10AM St. Arbucks
10AM Staff Meeting
10AM Men's Group
12PM Holy Eucharist

Thursday, August 21st

10AM LITDS
10AM Purls Of Wisdom

Sunday, August 24th

8AM Holy Eucharist
9:30AM Holy Eucharist
10:30AM Ministry Fair

Monday, August 25th

6PM AA Meeting

Tuesday, August 26th

7AM Men's Group
1PM Cecily Rehearsal

Wednesday, August 27th

10AM St. Arbucks
10AM Staff Meeting
10AM Men's Group
12PM Holy Eucharist

Thursday, August 28th

10AM LITDS
10AM Purls Of Wisdom

Sunday August 31st

8AM Holy Eucharist
9:30AM Holy Eucharist
11:30AM Sacred Circle



AUGUST 9 CHILDREN'S GARDEN PARTY



10 AM TO 1 PM

Garden Tours • Crafts • Games • Fun!

Participating Organizations Include:

Columbus Metropolitan Library - New Albany Branch
Franklin Park Conservatory
Healthy New Albany
Art Garden Academy
Wellbeing Connection



FREE Event!
RSVP at the QR code
below!



THE GARDEN FOR ALL

5101 Johnstown Road | New Albany, OH



Diocese of
Southern Ohio

This is our Story, This is our Song

150th ANNIVERSARY CELEBRATION

SEPTEMBER 27, 2025 at PROCTER CENTER

Join Episcopalians throughout the Diocese of Southern Ohio at Procter Center as we celebrate 150 years of ministry as a diocese!

We'll honor our legacy, create new connections, and tell the story of our shared history. Together with our bishop and other key diocesan leaders (past and present), we'll worship, break bread, learn, and play during this festive celebration for all ages.

Our Celebration Eucharist will include the Rt. Rev. Kristin Uffelman White, bishop of Southern Ohio, as celebrant; Miriam McKenney, missionary for Beloved Community, as preacher; the Gospel Choir of St. Margaret's, Trotwood, and an all-diocese Drop-in Choir directed by Stephen Sollars!



JOIN THE FESTIVITIES

- | | |
|----------|---|
| 10 AM | Arrivals
<i>Parking offsite with shuttles to Procter Center running all day.</i>

Farm Tours, Exhibits, Church Storytelling Stations |
| 11 AM | Dedication Prayer & Time Capsule |
| 11:30 AM | Welcome & Presentations |
| 12:30 PM | Picnic Lunch with Sweets & Meats
BBQ Food Truck |
| 1:30 PM | Exhibits, Church Storytelling Stations, Farm Tours, Tractor Rides, Boating, Fishing, Games, Drop-in Choir Rehearsal |
| 3:00 PM | Holy Eucharist
<i>Faith communities are invited to bring a small container of water from a local source.</i> |
| 4:30 PM | Benediction & Send-Off |



RSVP NOW!

This is a free event for all in the DSO!

Please RSVP no later than September 7th.





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Inside this Issue:

U2CHARIST

BACKPACK BLESSING

MINISTRY COLLAB

ANNUAL MINISTRY FAIR

