



# THE BREASTPLATE

## The Newsletter of Saint Patrick's Episcopal Church

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"Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ."   
Corinthians 12:12

**We Are One Body**

St. Patrick's Sanctuary  
25<sup>th</sup> Anniversary

**Please click here**  
**RSVP by**  
**September 30th**

## ANNIVERSARY DINNER

## PLEDGE DRIVE KICK-OFF

## SUNDAY, OCTOBER 5th

## 6:00 PM

### Delicious Menu:

- Roasted Chicken and Butternut Squash
- Tuscan Braised Beef
- Roasted Portobello Mushrooms (vegan dish)
- Rice Pilaf
- Vegetable Tray
- Fall Apple Salad w/Apple Poppyseed Dressing
- Rolls and Butter
- Pizza & Pasta for Children!

### Why Now?

Our church is growing in attendance, energy, and opportunity. Growth brings greater demand for pastoral presence and program leadership. With a second priest, we'll be able to serve more fully, respond more faithfully, and dream more boldly. We can responsibly prepare for this strategic hire by increasing annual giving now. Pledges made this year and next will support the Associate Priest's salary, benefits, and ministry expenses. God used decades of giving to build what we have. Imagine what God can do through us with your generosity now.

### Our Vision for 2026: A Full-Time Associate Priest

#### Your Pledge = Ministry Expansion

- Build the budget margin needed to call an Associate Priest in 2026
- Sustain excellent worship, formation, and outreach today
- Invest in the next chapter of St. Patrick's story

We invite you to join this faithful step forward. Let's grow the team, deepen the mission, and equip the Church to serve Christ more fully in Dublin and the world.

To support our expanding ministries, and with Mo. Catherine's curacy ending next summer, we plan to call a full-time Associate Priest in 2026.

This leader will:

- Support children, youth, and families with pastoral care and spiritual formation
- Strengthen adult education and discipleship offerings
- Share in preaching, sacramental ministry, and pastoral visits
- Help lead outreach and mission in Dublin and beyond

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Breastplate should be submitted to:**

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## Exploring Beauty as a Doorway to God

One of the treasures of our Anglican tradition is the way it holds together truth, goodness, and beauty as expressions of God's presence. This month in our Anglican Identity Series, we are exploring beauty as a doorway to God. For centuries, Anglicans have understood beauty not as a luxury or decoration, but as a doorway—a way of encountering the divine. In our worship, our architecture, our music, and our prayer, we are invited to meet God through the language of beauty.

Beauty has always been central to our faith. The psalmist prays, "Worship the Lord in the beauty of holiness" (Psalm 96:9). The beauty of holiness is not simply about aesthetics—it is about the radiance of God's presence shining through ordinary things. Think of a stained-glass window catching the light, a hymn that stirs the soul, or a prayer spoken with reverence. In each of these moments, beauty awakens something within us. It draws us out of ourselves and orients our hearts toward God.

Anglican identity has often been described as a "via media," a middle way that seeks balance between Scripture, tradition, and reason. But I would argue that beauty is also part of this balance. Our tradition has always cherished the Book of Common Prayer not only for its theological depth but also for its poetic beauty. Its cadences and rhythms have shaped generations of believers, teaching us that the way we speak to God matters. In Anglicanism, words are not only functional; they are crafted with care so that they might lift the soul toward heaven.

This emphasis on beauty extends beyond words. Our churches are places where stone, wood, glass, and light come together to form sacred spaces. These spaces are not simply practical gathering places—they are designed to embody the presence of God. Even the simplest country chapel, with its plain wooden cross and quiet dignity, reflects the conviction that beauty can point us to the holy.

In June of 2024, I was able to tour St. Paul's Cathedral in London. I soaked in the architecture—the rising columns and glorious stained glass windows—I was struck speechless. There was a permanent art display honoring the victims of WWI and a temporary exhibit grieving the tortures of the Inquisition. I was forced to stop, pray, and grieve. Anglican exploration of beauty does not shy away from the horrors and sins of our broken world. Rather, beauty can help us process grief, heal from trauma, repent of our sins, and know the forgiveness of God.

To explore beauty as a doorway to God is to reclaim an essential part of who we are as Anglicans. It is to affirm that our worship, our buildings, our music, and even our daily lives are not only about function but about wonder. God has made a world of beauty, and God has given us eyes, ears, and hearts to delight in it. When we receive beauty as a gift, and let it draw us closer to its Giver, we are living fully into our Anglican identity: a people who seek and serve Christ in the beauty of holiness.

God's Peace,  
Father Jason+  
Rector



## ***Mother Catherine's Corner***

For four weeks this fall, St. Patrick's is engaging in a study of the St. Paul's Letter to the Romans. This study is led by our own Kim Nelson and aims to help us understand more about some of Paul's key teachings and how we can apply them to our lives.

St. Paul's transformation from a persecutor of Christians to a passionate evangelist is meant to be a model for our lives. Paul was a devout Jew who fervently opposed the Christian movement until he had a dramatic encounter with Jesus. This experience changed his life forever, and he dedicated himself to spreading the Gospel of Jesus Christ. Paul spread the message across the Roman Empire despite facing imprisonment, beatings, and countless hardships.

Paul wrote his letter to the Romans around 57 A.D., a key period in his ministry. The Roman church was a diverse community of believers; Paul was aware of some tensions within the Roman church over Jewish law and Gentile inclusion. Writing this letter was an effort to address these issues. At that time, Paul had not yet visited the Christian community in Rome, but he felt a strong desire to connect with them and clarify the core truths of the Gospel.

In Romans, Paul offers a comprehensive explanation of Christian doctrine. He emphasizes that salvation is a gift from God, accessible to everyone through faith in Jesus Christ. Paul reassures believers that no one is excluded from God's grace—a grace that can be transformational.

Paul also teaches that a life of faith consists of more than simply following rules. He urges followers of Jesus to offer their full selves—mind and body—as living sacrifices to God. He encourages believers to live out their faith through humble and loving service, challenging us to be reflections of Christ's love in our daily actions.

As we move through the world, we may find ourselves in places and situations where the message of Jesus' kindness, justice, or forgiveness is desperately needed. We can draw on Paul's courage in challenging times. Paul trusted in God's promises that all would be well, and saw the role of Christians as ones who can choose peace and love always, in the name of Jesus.

There is much more to Paul's Letter to the Romans (and to all of our Holy Scriptures!) I invite you to join the Bible Study class on Romans to hear more about how this theologically rich letter is still speaking to Jesus' followers. I also invite you to our monthly Way of Love dinners and other formation opportunities to be able to think more about how to make sense of scripture and apply it to our lives.

In Christ,  
**Mo. Catherine+**



## Introducing the Banner Project

In honor of the 25th Anniversary of St. Patrick's sanctuary, we've been witnessing the refresh of our worship space. New paint and carpeting are part of the process, but we are also planning some liturgical banners to grace the side walls. These banners will add color in the winter months, complement the liturgical color of the church seasons, and improve our space's acoustics.

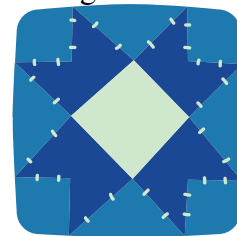
A group of sewists and artists from our congregation have been meeting over the summer to plan the banners to observe "ordinary time" - the green season. In keeping with Ohio's quilting tradition, we are incorporating some quilted blocks and a central panel with a tree of life. The tree symbolizes the growth of our ministries and family at St. Patrick's and the continuing outreach of God's love through roots, branches, and colorful leaves.

We invite everyone to help us complete these banners! There are many different ways to help. First, we'd like to collect fabric remnants to incorporate into the banners. Next, we will set up times for you to help with cutting, assembling kits, and sewing blocks if you are able. We hope these banners will have many hands touch them as they are being created and that they will beautify our sanctuary for the next 25 years!

There is a plastic bin in Smith Hall for fabric remnants. Cotton, silk, upholstery, etc., are welcome. We encourage you to donate fabric that is meaningful to you in some way—scraps from a wedding gown, favorite tablecloth, cherished child's garment, etc. We will do our best to incorporate as many parishioner remnants as possible into the final designs. Colors: greens, golds, reds, yellows, browns.

Thank you,  
Banner Committee

Becky Stains, Mary Horton, Lisa Palchick, Marianne Price, Cindy Doan, Vicky Bratton



### DUBLIN FOOD PANTRY VOLUNTEER SIGN UP

St. Pat's to provide volunteers for the DFP in October! The DFP is looking to staff the food pantry with volunteers from certain parishes again. St. Patrick's will provide up to 4 volunteers for each Thursday in October. The shift for brand new volunteers would be 9 a.m.-noon so that we have time to give a tour, instructions, etc. Volunteers should park in the back lot of the Pantry. Sometimes, if we're busy, it takes till 12:30. Please [click here](#) if you would like to volunteer for one of these shifts.



### HARVEST OF HOPE FOOD DRIVE

A signature event supporting the clients of DFP is the Harvest of Hope Thanksgiving food drive. It is no longer a one-day pick-up, but rather they will be adding an extra box of Thanksgiving food to a client's monthly visit throughout the month of November. St. Patrick's has participated in this event since its very beginning. This year we will again provide 250 Jiffy Cornbread mix and 200 Canned Cranberry Sauce in a box marked "HOH" in the narthex. The deadline is October 30th. Questions? Call the church office.



## GARAGE SALE – IT'S HERE!



### Key Dates:

- Parishioner Preview Sale: October 2nd, 5pm - 7pm (prices are doubled)
- Sale: October 3<sup>rd</sup> from 8:30am - 2:00pm (8:00 early entry for \$10.00)
- October 4<sup>th</sup> from 8:30am - 1:00 pm



**New Opportunity:** We are now accepting donations of needed garage sale supplies. We are looking for masking tape, thick rubber bands (to pair shoes together), black Sharpie markers (fine point), and Ziplock bags (gallon, quart, and sandwich sizes). Please place items in the box located in the Narthex. Thank you!

Questions? Contact [Rick Sicker](#)

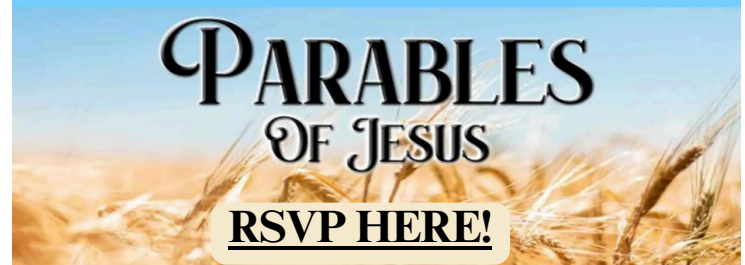


Grief Support gathering will be Monday, October 20th at 6:30PM in St. Patricks library, facilitated by Angel Cinco and Becky Stains. Please consider joining us if you have lost your spouse or another significant member of your family for love, support, and understanding as we travel together this road called grief. We Have added a zoom link and will use the OWL if you wish to join us by zoom. Please let Becky know you want to zoom and she will send the link. Also contact Becky if you would like transportation to our gathering. Please contact Angel Cinco or Becky Stains with questions.

Thank you all again for the outpouring of love to the men inside the prison. I am writing this on 9/17/2025 and we are preparing to go into the prison on Thursday. Many of you have signed up to pray for us, and even if you had not we always need prayer for the men God is working on after the weekend. Bless you all  
**Bill**



The next Way of Love dinner has been rescheduled to **TUESDAY OCTOBER 7<sup>TH</sup>** at 6:30pm. Use the link to RSVP.



Robert Behrens  
 Jeff Beuter  
 Vicky Bratton  
 Jim Brown  
 Bob Butler  
 Dianne Clay  
 Steve Clay  
 Kimberly Colvin  
 Susan Cooperrider  
 Wendy De Bear  
 Lila Dufort  
 Penelope Edwards  
 Bentley Espenschied  
 Denise Farrington

Christian Fox  
 Liz Gunthorp  
 Judy Hale  
 Jenelle Hoseus  
 Kim Hull  
 Courtney Jones  
 Susan Jones  
 Tom Jones  
 Mary Lou Kamb  
 Mary Kennedy  
 Linda Koegel

Dave Kopelcheck  
 Kerry Kopelcheck  
 Bob Lakemacher  
 Eleanor LaMonica  
 Bill Lawrensen  
 Chuck Lehman  
 Rick Mason  
 Hunter Maxcey-Richard  
 Lisa Mayo  
 G.W. McCarthy  
 Karla Norris  
 Levi Pence  
 Doug Pittsenbarger

Matthew Robinson  
 Rick Robinson  
 Bridgette Roman  
 Alex Shields  
 Rick Sicker  
 Melanie Smith  
 Heather Stottmann  
 Charles Tuttle  
 Virginia Tuttle  
 Ann Wells  
 Bernadette Westman  
 Dan Wolfe  
 Evelyn Yehsakul

Jeff & Cindy Adair  
 Robert & Sarah Behrens  
 Wesley & Danielle Boettcher  
 Tom & Karen Carney  
 Tom & Cindy Doan  
 Chad & Kathy Dunham  
 John Hilt & Teri Leitwein  
 Tom & Susan Jones  
 Steve & Jane Keeran  
 Mike & Mary Kennedy  
 Kathy Lamb-Gilbert & Seth Gilbert  
 Blair & Deby McGinnis  
 John & Fran Montgomery  
 Mark & Dana Peacock  
 Michele & Tom Ruf  
 Becky & Robert Swift  
 David & Barbie Yehsakul



HAPPY ANNIVERSARY

## Arts & Crafts Market - Nov. 7 & 8, 2025

**Calling all creative parishioners:** We invite you to participate in this fall's Arts & Crafts Market on Friday and Saturday, November 7 & 8 in the parish hall. We still need people willing to: donate their creations (**Donors**), sell their creations (**Vendors**), and **Volunteers** to help this event go smoothly.

We invite artists and creative parishioners to sell / donate their beautiful work which may include: paintings, fabric, wood, pottery / ceramics, baked goods, canned goods, etc.

**Funds raised will benefit Nursing Scholarships (in Honduras) and the Episcopal Relief and Development Fund.**

Please consider sharing your artistic gifts with our parish and neighborhood community. We'd also like it if you'd help spread the word about this event. For more information, please contact: Julie Myers ( juliemyers14@aol.com) Becky Stains ( beckystains421@gmail.com) or John Mascazine (twineducation@yahoo.com)





## November 15<sup>th</sup> at St. Patrick's

What does God say about boundaries?  
Why are boundaries so important to our  
relationship with others and with God?

Join us as we hear from Christian  
counselors Lori Trost, LPC and Dani  
Fisher, LPC to understand why  
boundaries are so important in  
relationships.

8:30 - 9:00 morning prayer

9:00 - 9:30 Light breakfast and meet and greet

Lunch 11:30 - 12:30

Days end between 3:00 and 3:30

Lunch provided by Freedom a La Cart

Retreat fee is \$15

Scholarships available as needed

Registration closes November 2, 2025

## REGISTER HERE!



**Men's Fall Retreat—Saturday, November 1st**

**8am to 12 Noon**

**Spring Hollow Lodge, Sharon Woods Metro Park**

**1069 W Main Street, Westerville, OH**

Did you know that St. Patrick's offers three different  
Men's Groups during the week? Yet, many men in our  
congregation cannot attend any of these due to work and  
family commitments. That's why we're scheduling a short,  
high impact retreat on Saturday, November 1st in the  
beautiful setting of Sharon Woods Metro Park.

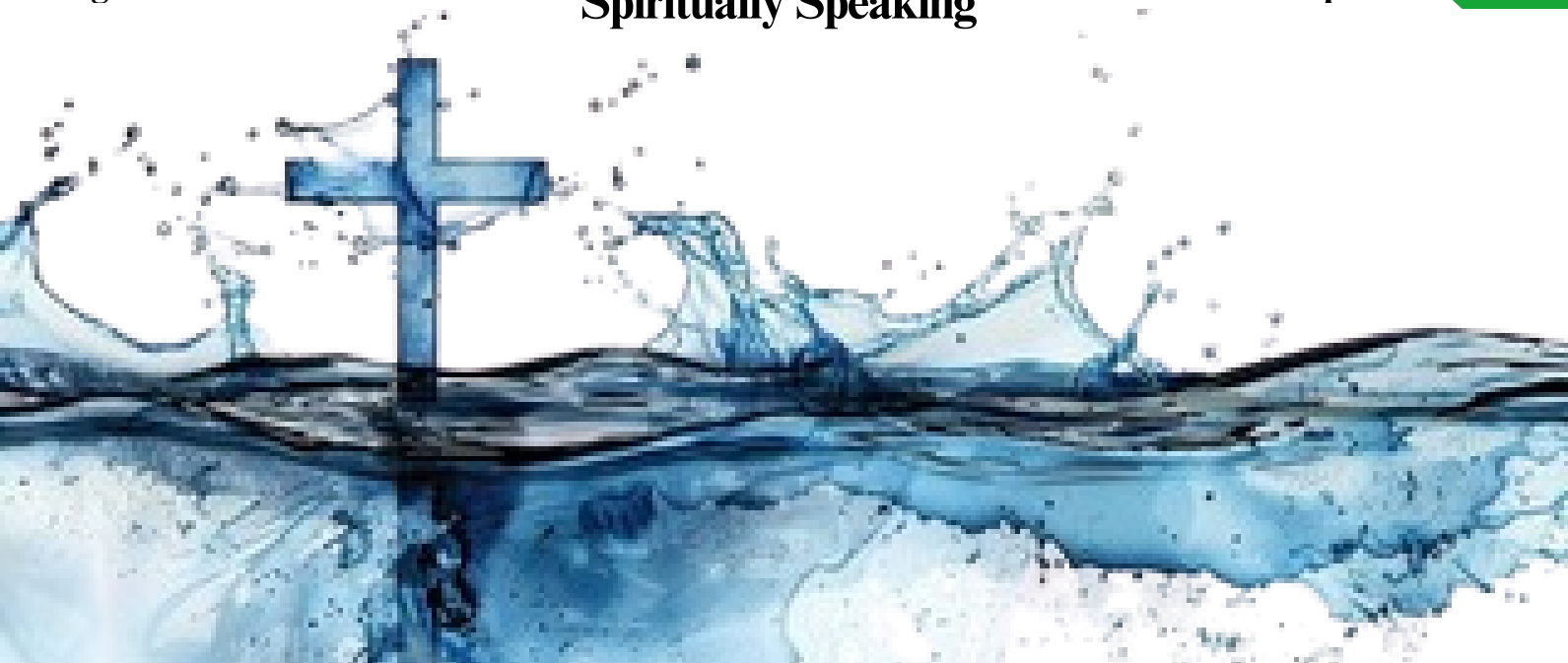
This is a great way to connect with other men in the  
congregation, and continue to develop in our spiritual  
journeys. Registration fee is \$25. If you have any questions,  
please contact Ed Yuhas or Father Jason. We hope to see  
you there!

**Please click**  
**here to register.**



We will start with a hearty breakfast, move on to  
Morning Prayer, and then discuss relevant and  
meaningful topics to men of all ages, such as:

- Understanding ourselves not by career, success,  
or failures, but as beloved children of God.
- Brotherhood and community: Men often  
struggle with isolation; this session is about  
friendship, accountability, and support.
- Faith in Action: Living out our calling. Men of  
faith as servants, leaders, and witnesses in home,  
work, and community.



### *We've Got You*

I recently had the great privilege of witnessing the baptism of a young woman, outdoors in what I would describe as a tent-revival setting. The young woman rose from the water, joyous, and then made her way over to join the small group of witnesses. For a moment she looked a bit uncertain as to what she should do next, but not for long. Two women from the back of the crowd had walked towards her, to receive her. “We’ve got you,” they said, quietly. “We’ve got you.” Her face was now flooded with both relief and joy, and she began to speak to the women who were so gently accompanying her about her call to baptism. I was moved and grateful to witness the power and presence of the Spirit with her in the baptism, and in the community that welcomed her.

At St. Patrick’s, we renew our own baptismal covenant when someone is baptized, and we say “We’ve got you” in a different way. Perhaps we can ponder and pray with our baptismal covenant this month.

Who in our midst needs to hear the words “We’ve got you?”

Who amongst our neighbors needs to hear that from us?

And if you need to hear it, I am confident that any of us here at St. Patrick’s will stand with you and say, “We’ve got you.”

May you know that Jesus always has us,

Our baptismal covenant can be found here:

<https://www.bcponline.org/Baptism/holybaptism.html>

**Kim Nelson**



THE RECTOR, VESTRY & WARDENS OF ST. PATRICK'S EPISCOPAL CHURCH		
<b>The Rev. Jason Emerson Rector</b>	<b>Leif Carlson</b>	<b>Kim Nelson</b>
<b>Alex Carter, Senior Warden</b>	<b>Angel Cinco</b>	<b>Jan Redman</b>
<b>Blair McGinnis, Junior Warden</b>	<b>Randy Edwards</b>	<b>Kelsey Sicker</b>
<b>Vicky Bratton</b>	<b>Nick Machesky</b>	<b>Ben Trotter</b>

The Vestry of St. Patrick's met on September 10, 2025. Ben Trotter led us in prayer and Core Values Reflection.

The Rev. Derrick Fetz joined us and led us in a discussion of "How to Prepare for a Parish Capital Campaign". We learned what questions need to be answered during the foundational work of a successful Capital Campaign, as well as, the key components involved in planning one.

Our Senior Warden, Alex Carter, told us to expect an email containing a survey to help us discern our spiritual gifts. We are to take the survey and identify three spiritual gifts to share with her. At some point, the nominating committee will meet to propose names for our new Vestry members next year. Alex explained that it will be important to know what spiritual gifts current Vestry members already possess, so we can determine what other gifts might be helpful to round-out a healthy Vestry.

Father Jason shared in his report a great start to our program year kick-off with our Ministry Fair, Backpack Blessing and start of the Season of Creation. He and Lucas met after Lucas's first ninety days with the church. We also welcomed Kati's exciting return on September 2nd. He also reported Terri Gleason will be our Christmas pageant director this year. She has many exciting ideas for boosting participation and enhancing production. On another exciting note, average Sunday in-person attendance grew 14% compared to 2024 at the 8 and 9:30 combined for June-August.

Mother Catherine reported The Way of Love dinners kicked off with the start of The Parables of Jesus. Those in attendance claimed it was one of our most successful and meaningful dinners to date. She also shared that the Welcome Team continues their planning of the Newcomer Info Class with Vicky Bratton leading the first Sunday class. The Senior Warden reported the Stewardship Team continues preparations for our pledge campaign kick-off dinner and Sunday speakers. The College for Congregational Development continues preparation for their project, including refining interview questions.

Our Junior Warden raised the question should we turn off our sprinkler system instead of spending more money on chasing leaks. He also gave an update on the shipping and installation of the sound panels and carpet.

The Treasurer reported that revenue was below budget in August and expenditures were as expected. Ministry budgets went out in August with an expected return by September 30th. Mark also shared with us the rules for unbudgeted items, and the online payment authorization and payment process. Discussion continued about the rationale to change banks from Middlefield to Huntington Bank. The meeting ended in prayer.

Respectfully submitted,

**Jan Redman,**

Clerk of the Vestry



*September 2025*

Here we are in the season of pumpkins (including the omnipresent pumpkin spice everything), turning leaves (that means raking them again and again), Halloween munchkins at your door (have you seen the price of chocolate lately?) and other portents of Advent and the inexorable slide into winter and Christmas business. However, Lissa really loves Autumn, it is colorful, and the sky seems bluer, and the weather is crisper.

One thing that sometimes seems to get lost in the shuffle is an exercise program that really works- even when you are not running or swimming outdoors, or your golf games are less frequent. Even if you are continuing with your exercise program (good for you), low back pain can be an annoying distraction and interfere with your routine.

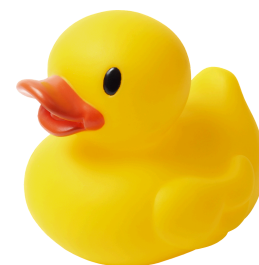
Yoga can be a great help. Not yoga that twists you into an impossible pretzel, but one that is designed to help relieve the back pain and involves stretching, strengthening muscles in the trunk and hips, improving posture, and maintaining flexibility. Many exercise programs include breathing, relaxation and meditation.

In a recent study published in JAMA, 141 adults with moderate to severe back pain for at least three months, entered a program of hatha yoga, which emphasizes holding poses and deep breathing. The program included a once-a-week guided session online and encouragement to practice daily. After 12 weeks, participants who followed the program had significant improvement in back pain relief, improved sleep, and decreased use of pain medications. The benefits lasted up to 24 weeks even though the program was only 12 weeks.

There are multiple programs for “chair yoga” on the internet, most of them say that they are for people over 60, but the exercises are good for anyone at any age. A certified yoga therapist can also design a program for you. If you are part of the Silver Sneakers insurance program, a good program may also be available for you. So low back pain can be addressed so it does not always require heavy medication and surgery. If you give the program an honest try and the results aren’t what you want, then it’s a good time to consult your provider

As to the pumpkin spice, Lissa saves it for pie, hires a teenager to rake leaves, and gives out rubber duckies at Halloween (cheaper and healthier than chocolate). Have fun this Autumn but Keep that back in good shape!

**Lissa and Rose**





# October Calendar



## Wednesday, October 1<sup>st</sup>

10AM St. Arbuck's  
10AM Staff Meeting  
10AM Men's Group  
10:30AM Spiritual Direction  
12PM Holy Eucharist &  
Sacrament of Healing  
12:30PM Chicken Salad For the  
Soul

## Thursday, October 2<sup>nd</sup>

10AM LITDS  
10AM Purls of Wisdom  
5PM Parishioner Preview Sale  
6:30PM Handbell Practice  
7:30PM Choir Practice

## Friday, October 3<sup>rd</sup>

8 AM Early Bird Entry  
8:30AM Garage Sale

## Saturday, October 4<sup>th</sup>

8AM Garage Sale

## Sunday , October 5<sup>th</sup>

8AM Holy Eucharist  
8:30AM Coffee Hour  
9:30AM Holy Eucharist  
4PM Holy Eucharist  
6PM Anniversary Dinner

## Monday, October 6<sup>th</sup>

9:30AM EFM Extension  
6PM AA Meeting

## Tuesday, October 7<sup>th</sup>

7AM Men's Group

## Wednesday, October 8<sup>th</sup>

10AM St. Arbuck's  
10AM Staff Meeting  
10AM Men's Group  
10:30AM Spiritual Direction  
12PM Holy Eucharist  
7PM Vestry Meeting

## Thursday, October 9<sup>th</sup>

10AM LITDS  
10AM Purls Of Wisdom  
10AM Catch Court  
6:30PM Handbell Practice  
7:30PM Choir Practice

## Sunday, October 12<sup>th</sup>

8AM Holy Eucharist  
9:30AM Holy Eucharist  
11:30AM Sacred Circle  
4PM Holy Eucharist

## Monday, October 13<sup>th</sup>

9:30AM EFM Extension  
6:00PM AA Meeting

## Tuesday, October 14<sup>th</sup>

7AM Men's Group  
1PM DRV Bible Study  
7:30PM Sacred Circle

## Wednesday, October 15<sup>th</sup>

10AM St. Arbuck's  
10AM Staff Meeting  
10AM Men's Group  
10:30AM Spiritual Direction  
12PM Holy Eucharist

## Thursday, October 16<sup>th</sup>

10AM LITDS  
10AM Purls of Wisdom  
6:30PM Handbell Practice  
7:30PM Choir Practice

## Sunday, October 19<sup>th</sup>

8AM Holy Eucharist  
9:30AM Holy Eucharist  
4PM Holy Eucharist

## Monday, October 20<sup>th</sup>

9:30AM EFM Extension  
6PM AA Meeting  
6:30PM Grief Support

## Tuesday, October 21<sup>st</sup>

7AM Men's Group  
1PM Sacred Circle

## Wednesday, October 21<sup>st</sup>

10AM St. Arbuck's  
10AM Staff Meeting  
10AM Men's Group  
10:30AM Spiritual Direction  
12PM Holy Eucharist

## Thursday, October 23<sup>rd</sup>

10AM LITDS  
10AM Purls of Wisdom  
6:30PM Handbell Practice  
7:30PM Choir Practice

## Sunday, October 26<sup>th</sup>

8AM Holy Eucharist  
9:30AM Holy Eucharist  
11:30AM Sacred Circle  
4PM Holy Eucharist

## Monday, October 27<sup>th</sup>

9:30AM EFM Extension  
6PM AA Meeting

## Tuesday, October 28<sup>th</sup>

7AM Men's Group  
1PM Sacred Circle

## Wednesday, October 29<sup>th</sup>

10AM St. Arbuck's  
10AM Staff Meeting  
10AM Men's Group  
10:30AM Spiritual Direction  
12PM Holy Eucharist

## Thursday, October 30<sup>th</sup>

10AM LITDS  
10AM Purls of Wisdom  
6:30PM Handbell Practice  
7:30PM Choir Practice



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**Inside this Issue:**

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**October**