

MARIN MIDDLE SCHOOL ATHLETIC LEAGUE

Coaches Checklist

Before the Season

- ☐ Complete district hiring paperwork
 - ☐ Complete all required certifications
 - ☐ Attend the preseason coaches meeting (when applicable)
 - ☐ Review the MMAL Coaches Handbook
 - ☐ Review sport-specific rules and regulations
 - ☐ Verify student-athlete eligibility
 - ☐ Communicate with families
 - ☐ Prepare season and practice plans
 - ☐ Inspect uniforms, equipment & facilities
 - ☐ Review emergency procedures
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During the Season

- ☐ Supervise student-athletes
 - ☐ Maintain attendance
 - ☐ Communicate with parents
 - ☐ Report injuries, ejections, and incidents
 - ☐ Promote sportsmanship
 - ☐ Inspect facilities before practices/games
 - ☐ Submit scores as required
 - ☐ Monitor eligibility
 - ☐ Model professionalism
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End of Season

- ☐ Collect uniforms
 - ☐ Return equipment
 - ☐ Submit awards
 - ☐ Complete evaluations
 - ☐ Report concerns
 - ☐ Clean storage areas
 - ☐ Thank athletes and families
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