

## Citywide Parent and Toddler groups for Newcastle upon Tyne

### **What is a Parent and Toddler Group?**

It is a group of adults, mothers, fathers, childminders or carers that come together with their children who are under the age of 5 in their own community. They offer play opportunities for children from birth to 5 year old, as well as an opportunity to mix with others. They offer support to adults and a break from the normal routines of the day. Groups are managed, normally, by these adults who arrange the activities and manage the finances.

KEY:

Healthy snack (Where no snacks are provided you can take your own) =



Safe and stimulating baby area =



Music/song time =



Physical activity =



Waiting List =



Cost =



Term Time Only =



Visit us at: [www.napi.org.uk](http://www.napi.org.uk)

Or on our facebook or Instagram page: NAPI – North East Action for Children Parents and Inclusion

Newcastle in 4 localities

Outer West

Inner West



























East

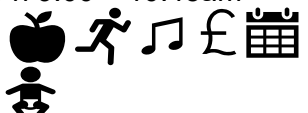
North















# ARTHURS HILL

<p><i>Al-Ihsan Baby and Toddler Group</i></p> <p>Our group is welcoming, friendly women only group with an Islamic flavour. We have wide range of toys and craft activities suitable for all children. Story time and health snack is provided.</p>	<p>Nunsmoor Play Centre, Studley Terrace Newcastle NE4 5AH</p>	<p>Fri 10:00 – 12:00pm Please note this group is WOMEN ONLY.</p> <p>🍏👣🎵£📅 👤</p>
<p>Westgate Baptist Church</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5.</p>	<p>Westgate Baptist Church Westgate Rd NE4 6NX</p>	<p>Fri 10:15 – 11:45</p> <p>🍏👣🎵📅£ 👤</p>
<p>Precious Toddlers</p>	<p>Newcastle Apostolic Church, Dilston Road, NE4 5NP</p>	<p>Thur 10:30 – 12:00pm</p> <p>🍏👣🎵£📅 👤</p>
<p>Little Village</p>	<p>International Harvest Church, Stanhope Street, NE4 5HJ</p>	<p>Wed 10:30-12:00pm</p> <p>🍏👣🎵£📅 👤</p>

# BENWELL & SCOTSWOOD

<p><b>Early Explorers</b></p> <p>Our group is focused on providing sessions for parents and children 0-4 years living in Newcastle for Outdoor gardening activities.</p>	<p>Scotswood Gardens NE15 6TT</p>	<p>Mon 1:00-2:30pm</p> <p> </p>
<p><b>Toddle Time</b></p> <p>We offer an inclusive mainstream session for every child aged 12 mth- 3 years.</p>	<p>Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS</p>	<p>Mon 1:00 – 2:30pm</p> <p>  </p>
<p><b>Baby Social</b></p> <p>Our group is welcoming and friendly. We are open to every child 0 – 12mths</p>	<p>Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS</p>	<p>Tues 10:30 – 11:30am (Well baby Clinic)</p> <p>   </p>
<p><b>Boogie Bairns</b></p> <p><i>Boogie Bairns is an inclusive mainstream session for children under 2.</i></p>	<p>Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS</p>	<p>Fri 10:30 – 11:30am</p> <p>  </p>
<p><b>Breakfast Stay and Play</b></p> <p>Our group is welcoming and friendly. We are open to every child 6 mths – 4 yrs.</p>	<p>Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS</p>	<p>Wed 9:15 – 10:30am</p> <p>    </p>
<p><b>Baby Massage</b></p> <p>Our group is welcoming and friendly. We are open to every child 6 mths – 4 yrs.</p>	<p>Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS</p>	<p>Mon 10:00 - 11:00am</p> <p>Please email <a href="mailto:jade@riversidechp.org.uk">jade@riversidechp.org.uk</a></p> <p>   </p>
<p><b>Kelly's Parent and Toddler Group</b></p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5.</p>	<p>Denton Burn Methodist Church West Rd, Denton Burn NE15 7ER</p>	<p>Thurs 9:00 – 11:00am</p> <p>    </p>

<p>Broadwood Toddlers</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5</p>	<p>Broadwood Primary School Broadwood Rd, Denton Burn, NE15 7TB</p>	<p>Fri 9:00 – 10:45am</p> 
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BLAKELAW		
<p>Boogie Bairns</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5.</p>	<p>Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT</p>	<p>Mon 10:00-11:00am</p> <p>    </p>
<p>Baby Social @ Cowgate</p> <p>For pre-walking babies and their carers where babies learn through sensory exploration and connection. Drop in.</p>	<p>Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT</p>	<p>Mon 1:00-1:45pm</p>
<p>Therapeutic Watch Me Play</p> <p>Baby led play to help with bonding and attachment, for children ages 0-2 years. Drop in session</p>	<p>Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT</p>	<p>Mon 1:00-2:00pm</p>
<p>Babies Play Together for under 3's</p>	<p>Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT</p>	<p>Tues 9:30-11:00am</p> <p>   </p>
<p>Baby Massage and Sensory Play</p> <p>A 5 week infant massage course to learn how to massage your baby. Suitable for babies from 6 weeks to crawling. Ring or email to book a place. 01912727824, families@admin@children-ne.org</p>	<p>Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT</p>	<p>Tues 1:00-2:00pm</p>
<p>Stay and Play</p> <p>Our group is welcoming and friendly. We offer a wide range of activities which are suitable for all children under 5.</p>	<p>Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT</p>	<p>Thurs 9:30-11:30am</p> <p>   </p>
<p>My Storytime Adventure</p>	<p>Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT</p>	<p>Fri 10:00-11:00am</p> <p></p>

Men in Mind playgroup  Calling all men and male carers,come and join us for a fun filled sessions with the little ones you look after. Drop in session.	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Fri 1:00-2:00pm
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# ELSWICK























Breastfeeding Social	Health Resource Centre, Adelaide Terrace, Newcastle upon Tyne NE4 8BE	Mon 10:00-11:30am
Toon Tots	West End Women and Girls Centre 173 Elswick Road, NE4 6SQ	Mon 9:30-11:00am Women Only 🍏👶📅👶🎵
Tea and Tots Newcastle	Cornerstone Church Newcastle, NE4 7SF	Mon 9:30-11am 🍏👶👶📅
St John's	St John's Primary School Teindland Close, Benwell, NE4 8HE	Thur 1:00-3:00pm £📅

WEST FENHAM







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# WINGROVE

<p>St Roberts Carers &amp; Toddler Group</p> <p>Our group is welcoming and friendly. We are open to all children and offer a wide range of activities which are suitable for all children.</p>	<p>Corner of Cedar Rd, Bolbec Rd NE4 9PH</p>	<p>Mon 9:30 – 11:30am Fri 9:30 – 11:30am</p> <p>🍏👤🎵£📅 👤</p>
<p>Jellyfish and Bees @ St J's &amp; B's</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5. We are a music session.</p>	<p>St James &amp; St Basil's Church, Fenham Hall Drive, NE4 9EJ</p>	<p>Thur 9:30am</p> <p>👤🎵£👤</p>
<p>Little Wingrovians</p> <p>Our group is welcoming and friendly. We are open to every child under 4.</p>	<p>Wingrove Primary School, Hadrian Road, NE4 9JA</p>	<p>Tue 8:50 - 10:00am</p> <p>🍏👤🎵£📅👤</p>

BYKER		
Breastfeeding Peer Support Group	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Fri 10:00-11:30am  
Stay and Play	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Thur 10:00-11:30am     £
Toys & Teas parents and carers of Children 0-5	For St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Mon 10:00-12:00pm 
Tiny Toddlers - Steps 12-24 Months old	Next St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Mon 1:30-2:30pm     
Baby Social Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 1	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Thurs 1:00-2:30pm 
Health Visitor Baby Clinic	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Thurs 1:00-2:30pm  
Welbeck Rd Evangelical Church Toddlers  Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5	Welbeck Rd, Walker, NE6 2HU	Thurs 10:00 – 11:30am     
Baby Social Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all upto 9 months	Byker Sands Family Hub, 19 Raby Cross Byker NE6 2FF	Tues 1:00-2:30pm  

## HEATON

Toddler Massage - Ran with Happy Hands	Heaton Community Centre Trehitt Rd. NE6 5DY	Mon 10:30 – 11:30am Prebooking required please email admin@napi.org.uk 
Baby Borrowers Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all non walkers	Heaton Community Centre Trehitt Rd. NE6 5DY	Mon 1:30 – 2:30pm 
Baby Massage Ran with Happy Hands	Heaton Community Centre Trehitt Rd. NE6 5DY	Mon 12:30 - 1:30pm Prebooking required please email admin@napi.org.uk 
Heaton Baptist We provide structured play, craft and singing for 0-5's including children with special needs: library and listening ear for carers.	Heaton Rd, Heaton NE6 5HN	Mon 10:00 – 11:30am Tues 10:00 – 11:30am 
ARTventurers @ NAPI	Heaton Community Centre Trehitt Rd. NE6 5DY	Wed 10:00 – 11:00am Prebooking required please email admin@napi.org.uk 
Little Borrowers Playtime – FREE UNTIL JULY 2025 Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all under 5	Heaton Community Centre Trehitt Rd. NE6 5DY	Wed 1:00 – 2:30pm 

<p>St Gabriel's Parent &amp; Toddler Group</p> <p>Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under 5.</p>	<p>St Gabriel's Avenue, Heaton NE6 5QN</p>	<p>Tues 10:00 – 11:30am</p> <p>       </p>
<p>Multiples Mayhem</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child that is a multiple and their families under 5</p>	<p>Heaton community Centre, Trewitt road, NE6 5DY</p>	<p>Mon 10:00 - 11:30am</p> <p>      </p>

MONUMENT		
Great North Museum - Curious crawlers Nurture Nest Museum Mice Messy Mice	Great North Museum, Barras Bridge, Newcastle upon Tyne NE2 4PT	Friday's at various time - All sessions must be booked online
Tiny T's	St Thomas' church Haymarket, NE1 7PF	Wed 10:00 – 12:00pm 🎵
All Tots @ All Saints	All Saints Presbyterian Church, Akerside Hill, NE1 3UF	Thurs 10:30 - 12:00pm 🏃 🎵 🍏 🧑 📅

## OUSEBURN

Deutschesprachige Kindergruppe

Our group is focused on providing sessions for German speaking families.

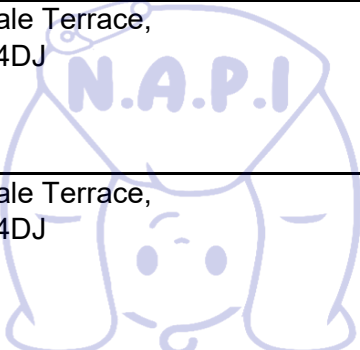
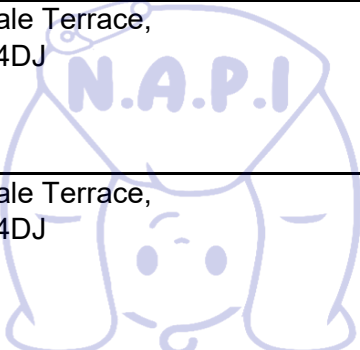
Martin Luther Kirche Church, Clarence  
St NE2 1YH



Sat 9:45 - 11:30am



## Jesmond

<p>Jesmond Parish Church Group</p> <p>Our group is welcoming and friendly. We are open to every child under 5.</p>	<p>Eskdale Terrace, NE2 4DJ</p> 	<p>Wed 10:30 – 12:00pm</p> <p>🍏 🚶 🎵 £ 📅 👶</p>
<p>Jesmond Parish Church Bumps &amp; Babies Group</p> <p>Our group is focused on providing sessions for mother and babies.</p>	<p>Eskdale Terrace, NE2 4DJ</p> 	<p>Mon 10:30 – 12:00pm</p> <p>🚶 £ 📅 👶 🎵</p>

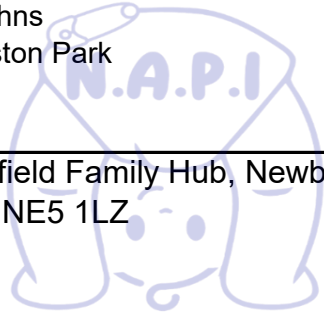











# WALKER

<p>Tyneview Primary School Baby &amp; Toddler Group</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5</p>	<p>C/o Tyneview Primary School, Wilmslow Place. NE6 3QP</p>	<p>Mon 9:00 – 11:00am Thurs 9:00 – 11:00am</p> <p>🚶📅🧑💷🍏</p>
<p>Rising Stars</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5</p>	<p>City of God Church 25 Church Walk NE6 3DP</p>	<p>Fri 10:30 – 12:00pm Donation Welcome</p> <p>🚶🎵🧑📅🍏</p>
<p>Toddler World</p> <p>Suitable for ages 5 and under, under 1s go free</p>	<p>Wharrier St, Walker NE6 3BR</p>	<p>Mon-Thurs 10,11,12,1,2,3 Fri 10, 11, 12 and 1pm Sat 9, 10 and 11am Sun 9,10,11,12am</p> <p>🚶🧑💷</p>












# WALKERGATE

<p>Ray Gray Parent &amp; Toddler Group</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5</p>	<p>Ray Gray Community Centre, Stott's Rd NE6 4UH</p>	<p>Wed 9:30 – 11:30am</p> <p>🍏👣🎵£📅 👤</p>
<p>Walkerville Parent &amp; Toddler Group</p> <p>Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all under 5.</p>	<p>Pinewood Close, Walkerville, NE6 4SZ</p>	<p>Mon 9:30 – 11:30am</p> <p>Booking only</p> <p>🍏👣🎵£📅 👤</p>
<p>St Oswalds Toddler group</p> <p>Age range 0-3</p>	<p>Woodhead Road, Walkergate NE6 4RX</p>	<p>Tue 9:30 - 11:00am</p> <p>🍏👣🎵📅👤</p>

# KINGSTON PARK & SOUH NEW BIGGIN HALL




<p>Tiny Tots</p> <p>Our group is welcoming and friendly. We are open to every child under 2 ½ years.</p>	<p>St Johns Kingston Park</p> 	<p>Tues 9:30 – 11:30</p> <p>       </p>
<p>Galafield Parent and Toddler Group</p> <p>Our group is welcoming and friendly. We are open to every child under 5 years.</p>	<p>Galafield Family Hub, Newbiggin Hall. NE5 1LZ</p> 	<p>Mon 9:30 – 11:00am Tue 9:30 – 11:00am</p> <p>      </p>

# CALLERTON & THROCKLEY




<p>Noah's Ark Baby &amp; Toddler Group</p> <p>Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under 5.</p>	<p>The Parish Hall, Station Rd, NE15 8LS</p>	<p>Wed 10:00 – 11:30am</p> <p>  £  </p> <p></p>
<p>North East Gymnastics Academy - Mini Flippers</p> <p>Our group is welcoming and friendly, we offer a wide range of activities which are suitable for all children under 5 and children with disabilities and/or special needs.</p>	<p>Newburn Activity Centre, Grange Rd. NE15 8ND</p>	<p>Mon 9:45 – 10:30am Tue 1:30-2:15pm Thur 1:30-2:15pm Sat 10:15-11am Sun 9:15 -10am Places can be booked online</p> <p> £  </p>
<p>North East Gymnastics Academy - Stay and Play</p> <p>Our group is welcoming and friendly, we offer a wide range of activities which are suitable for all children under 5 and children with disabilities and/or special needs.</p>	<p>Newburn Activity Centre, Grange Rd. NE15 8ND</p>	<p>Mon 11:30 – 1:00pm Tue 9:30-11:00am Thur 9:30-11:00am Fri 9:30 – 11:00am Sat 9:00-10:00am Places can be booked online</p> <p> £  </p>
<p>Walbottle Village Primary School Parent and Toddler Group</p> <p>Our group is welcoming,friendly and an inclusive mainstream session. We are open to every child under 5</p>	<p>The Green, Walbottle NE15 8JL</p>	<p>Thur 9:15-10:45am</p>

## DENTON & WESTERHOPE

<p>West Denton Church Toddler Group</p> <p>Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under 5.</p>	<p>Middlegate, West Denton, NE5 5AY</p>	<p>Thurs 9:00 – 11:00am</p> <p>🍏👤💰📅🎵</p>
<p>Little Treasures Toddler Group</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5</p>	<p>Westerhope Methodist Church Toddlers Stamfordham Rd, Westerhope, NE5 5HA</p>	<p>Mon 1:00 – 2:45pm Fortnightly</p> <p>🍏👤💰📅</p>

LEMINGTON		
Breastfeeding Social Group	Charlton Street Centre Lemington NE15 8RN	Wed 1:00-2:30pm
Little Dragons @ St George's Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5. We are a music session.	St George's Catholic Primary School, Bells Close, NE15 6XX	Tue 8:45-10:30pm   

CHAPEL		
Outer West Parent and toddler Group Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5	West Denton Community Centre HillHeads Road NE5 1DN	Fri 9:15 - 11:00am 🍏👤£🎵👤
Little Fishes Parent and Toddler Group	Holy Nativity Church, Hillhead Parkway NE5 1DR	Thurs 9:30 - 11:30am 🍏👤£📅🎵👤📋
Crakes Bakes	Holy Nativity Church, Hillhead Parkway NE5 1DR	Fri 10:30am - 12:00pm 🍏👤£📅🎵

CASTLE		
<p>Sacred Heart Parent and Toddler Group</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 4</p>	<p>Great North Rd, Gosforth NE3 5EB</p> 	<p>Mon 9:30 – 11:00am</p> 
<p>Dinnington Ducklings</p>	<p>Memorial Institute, Main Road, Dinnington NE13 7JW</p>	<p>Mon 9:30 – 11:00am</p> 

## DENE & SOUTH GOSFORTH

St Francis Parent and Toddler Group

Our group is welcoming and friendly and offers a wide range of activities which are suitable for all children under 5.

St Francis Church Hall  
Cleveland Gardens  
NE7 7QH



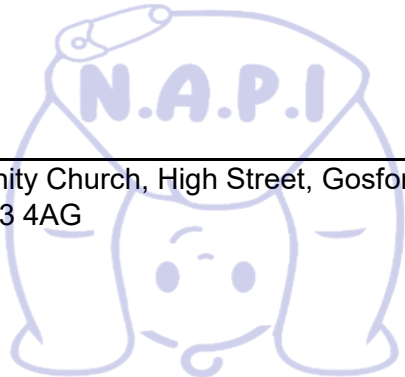



Thurs 1:30 – 3:00pm



## Fawdon and West Gosforth

<p>Come &amp; Play</p> <p>Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under 5.</p>	<p>St Hugh's Church Hall, Wansbeck Rd, NE3 3HS</p>	<p>Tues 9:30 – 11:30am</p> <p>🏃💰📅🎵🧑</p>
<p>Oaks and Acorns (Grandparents group)</p> <p>Our group provides an opportunity for grandparents to meet each other while their grandchildren play in a friendly and welcoming environment.</p>	<p>Regent Chapel Regent Farm NE3 3HD</p>	<p>Thurs 10:00 -11:30am      Runs every 2 weeks, contact NAPI for dates</p> <p>🍏🏃📅🎵🧑</p>
<p>Little Bears</p> <p>Our group is welcoming and friendly and offers a wide range of activities which are suitable for all children under 5. Our group has experience of providing activities for children with disabilities and/or special needs.</p>	<p>Fawdon Children's Centre Cairns way NE3 2SN</p>	<p>Mon 9:30-11:00am</p> <p>🍏🏃💰📅🎵🧑</p>
<p>The Owl Tree Childrens Café</p> <p>We offer drop in session Monday to Saturday for all children under 5, we have a onsite café where we are able to service adults and childrens food at a lowers cost</p>	<p>Former Coxlodge Methodist Church, John Street, Kenton Road, NE3 3XH</p>	<p>Mon - Fri 9:30 -5pm Saturday 9:30 - 3pm</p> <p>🏃💰🎵🧑</p>
<p>Breastfeeding social Group</p>	<p>The Haven , Halewood Avenue Newcastle upon Tyne NE3 3RX</p>	<p>Thurs 1:00-2:30pm</p>

## GOSFORTH

<p>Little Saints Toddler Group</p> <p>Little Saints is a friendly, inclusive group with experience of welcoming children and carers who have a disability or special need. We offer a range of activities suitable for all children aged 0-5yrs</p>	<p>All Saints Church West Avenue NE3 4ES</p> 	<p>Tues 1:00 – 2:30pm</p> 
<p>Trinity Toddlers</p> <p>Our group offers a wide range of activities which are suitable for all children under 5.</p>	<p>Trinity Church, High Street, Gosforth NE3 4AG</p> 	<p>Mon 9:30 – 11:30am Wed 9:30 – 11:30am</p> <p>Please fill in the contact form on the below website <a href="https://www.trinitygosforth.org.uk/contact">https://www.trinitygosforth.org.uk/contact</a></p> 

## KENTON

Tots

Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under 5.

Church of Ascension, Creighton Avenue  
NE3 4UN



Mon 9:30 – 11:30 pm



## MANOR PARK

Little Fishes @ St Georges  
0-3 Years

St George United Reformed Church  
(URC), Newton Road, High Heaton,  
NE7 7HP

Wed 9:30 – 10:45am



## NORTH JESMOND

### Trinity Tots

Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5

Holy Trinity Church  
Churchill Gardens NE2 4DL






Fri 9:15 – 11:30am Session held  
in main church 3rd Friday in the  
month

Please Email Steph prior to  
attending- [htjsteph@gmail.com](mailto:htjsteph@gmail.com)



# PARKLANDS

<p>Brunton Park Parent &amp; Toddler Group</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5.</p>	<p>St Aidan's Community Centre. Princes Rd NE3 5NF</p> 	<p>Tues/Thurs 9:45 – 11:45</p> 
<p>Brunton Babies (up to 1yr old)</p> <p>Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 1.</p>	<p>St Aidan's Church. Princes Rd NE3 5NF</p> 	<p>Mon/Fri 9:45 – 11:45</p> 