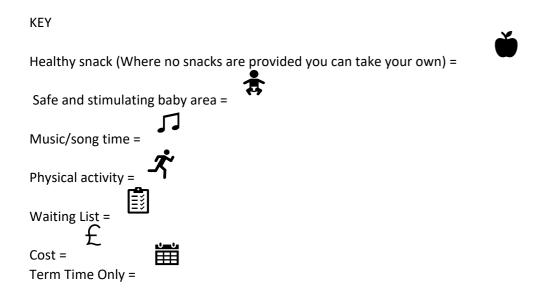
Citywide Parent and Toddler groups for Newcastle upon Tyne

What is a Parent and Toddler Group?

It is a group of adults, mothers, fathers, childminders or carers that come together with their children who are under the age of 5 in their own community. They offer play opportunities for children from birth to 5 year old, as well as an opportunity to mix with others. They offer support to adults and a break from the normal routines of the day. Groups are managed, normally, by these adults who arrange the activities and manage the finances.

Parent and Toddler Groups offer invaluable experiences for parents/carers and children. All the groups shown on this list are available to ALL parents/carers.



All parent and toddler groups are breastfeeding friendly, this is not applicable to such groups a Childminder Drop In's. Posters may not be on display due to hall restrictions. For further information please contact us

Services North East Action for Children Parents and Inclusion.

BOOK A TOY

Book a toy is a free toy loan service. Toys are available at Gosforth, Newburn and Outer West Libraries. Catalogues are available at all other Libraries across the city where toys will be delivered within one week.

This is a partnership project between NAPI and Newcastle libraries.

Borrow 4 toys for 4 weeks with an 18+ library ticket.

Toys are changed regularly.

Available when the named libraries are open.

ADDITIONAL NEEDS TOY LIBRARY

The additional needs toy library is a free dedicated service for children with special and additional needs. The child can loan 4 toys for 4 weeks. Please phone to talk to Kelly for any other information.

LITTLE BORROWERS

This is a free toy loan service for parents attached to the Little Borrowers Play Time session at Heaton Community Centre on Wednesday afternoons 1 - 2:30pm

Newcastle in 4 localities

Outer West

Inner West

East

North

	ARTHURS HILL	
Al–Ihsan Baby and Toddler Group Our group is welcoming, friendly women only group with an Islamic flavour. We have wide range of toys and craft activities suitable for all children. Story time and health snack is provided.	Nunsmoor Play Centre, Studley Terrace Newcastle NE4 5AH	Fri 10:00 – 12:00pm Please note this group is WOMEN ONLY.
Westgate Baptist Church Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5.	Westgate Baptist Church Westgate Rd NE4 6NX	Fri 10:15 – 11:45 * * * * * * *
Precious Toddlers	Newcastle Apostolic Church, Dilston Road, NE4 5NP	Thur 10:30 – 12:00pm
Little Village	International Harvest Church, Stanhope Street, NE4 5HJ	Wed 10:30-12 ★

	BENWELL & SCOTSWOOD	
Early Explorers	Scotswood Gardens NE15 6TT	Mon 1:00-2:30pm
Our group is focused on providing sessions for parents and children 0-4 years living in Newcastle for Outdoor gardening activities.	9	Ď Å
Toddle Time We offer an inclusive mainstream session for every child aged 12 mth- 3 years.	Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS	Mon 1:00 – 2:30pm ★
Baby Social Our group is welcoming and friendly. We are open to every child 0 – 12mths	Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS	Tues 10:30 – 11:30am (Well baby Clinic)
Boogie Bairns Boogie Bairns is an inclusive mainstream session for children under 2.	Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS	Fri 10:30 – 11:30am
Breakfast Stay and Play Our group is welcoming and friendly. We are open to every child 6 mths – 4 yrs.	Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS	Wed 9:15 – 10:30am ★
Baby Massage Our group is welcoming and friendly. We are open to every child 6 mths – 4 yrs.	Riverside Community Hub Carnegie Building, Atkinson Rd. Benwell, NE4 8XS	Mon10:00 - 11:00am Please email jade@riversidechp.org.uk
Kelly's Parent and Toddler Group Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5.	Denton Burn Methodist Church West Rd, Denton Burn NE15 7ER	Thurs 9:00 – 11:00am

oadwood Toddlers	Broadwood Primary School Broadwood	
ur group is welcoming, friendly and an inclusive	Rd, Denton Burn, NE15 7TB	▲★□£薑
ainstream session. We are open to every child		
der 5		 🕏

BLAKELAW		
Boogie Bairns Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5.	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Mon 10:00-11:00am ★
Baby Socail @ Cowgate For pre-walking babies and their carers where babies learn through sensory exploration and connection. Drop in.	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Monday 1:00-1:45pm
Therapeutic Watch Me Play Baby led play to help with bonding and attachment, for children ages 0-2 years. Drop in session	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Monday 1:00-2:00pm
Babies Play Together for under 3's	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Tues 9:30-11:00am ★
Baby Massage and Sensory Play A 5 week infant massage course to learn how to massage your baby. Suitable for babies from 6 weeks to crawling. Ring or email to book a place. 01912727824, families@admin@children-ne.org	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Tues 1:00-2:00pm
Under 5 year olds Stay and Play for Children with SEND A friendly and reaxed group to enjoy with your children, for children with special educational needs and/or disabilities	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Wed 10:00-11:00am
Stay and Play Our group is welcoming and friendly. We offer a wide range of activities which are suitable for all children under 5.	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Thurs 9:30-11:30am

My Storytime Adventure	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Fri 10:00-11:00am
Men in Mind playgroup	Cowgate Centre, 1 Houghton Avenue, Cowgate. NE5 3UT	Fri 1:00-2:00pm
Calling all men and male carers,come and join us for a fun filled sessions with the little ones you look after. Drop in session.		

	ELSWICK	
Breastfeeding Social	Health Resource Centre, Adelaide Terrace, Newcastle upon Tyne NE4 8BE	Mon 10:00-11:30am
Toon Tots	West End Women and Girls Centre 173 Elswick Road, NE4 6SQ	Mon 9:30-11:00am Women Only ♣ ♣ ♬
Tea and Tots Newcastle	Cornerstone Church Newcastle, NE4 7SF	Mon 9:30-11am ★ ★ ★

	WEST FENHAM	
Holy Cross Parent and Toddler Group	Holy Cross Church Hall	Tues 9:00 - 11:30am
	Whittington grove PI NE5 2SA	★☆ □£ >
of activities which is suitable for all children under 5.		*

	WINGROVE	
St Roberts Carers & Toddler Group Our group is welcoming and friendly. We are open to all children and offer a wide range of activities which are suitable for all children.	Corner of Cedar Rd, Bolbec Rd NE4 9PH	Mon 9:30 – 11:30am Fri 9:30 – 11:30am ★ プ
Jellyfish and Bees @ St J's & B's Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5. We are a music session.	St James & St Basil's Church, Fenham Hall Drive, NE4 9EJ	Thur 9:30am 术 刀£
Little Wingrovians Our group is welcoming and friendly. We are open to every child under 4.	Wingrove Primary School, Hadrian Road, NE4 9JA	Tue 8:50 - 10:00am 首本

	BYKER	
Breastfeeding Peer Support Group	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Fri 10:00-11:30am
Stay and Play	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Thur 10:00-11:30am * 本
Stay and Play (Speech and Language Focussed) - 18 Months and older	Byker, NE6 2RJ	Tues 1:00-2:30pm To Book please email Olivia@stmartinscentre.org.uk or call 0191 276 4002
Tiny Toddlers - Next Steps 12-24 Months old	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Wed 10:00-11:00am To Book please email Olivia@stmartinscentre.org.uk or call 0191 276 4002
Tots & Tea For parents and carers of Children 0-5	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Mon 10:00-12:00pm
Baby Social Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 1	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Thurs 1:00-2:30pm
Health Visitor Baby Clinic	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Thurs 1:00-2:30pm
Welbeck Rd Evangelical Church Toddlers Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5	Welbeck Rd, Walker, NE6 2HU	Thurs 10:00 – 11:30am

Little Explorers Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all under 5		Mon 10:00-11:30am ★ ★ 🎵
Baby Social Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all upto 9 months	Byker Sands Family Hub, 19 Raby Cross Byker NE6 2FF	Tues 1:00-2:30pm
First Time Parents	Byker Sands Family Hub, 19 Raby Cross, Byker, NE6 2FF	Thurs 10:00 – 12:00pm

	HEATON	
Baby Borrowers Our group has experiences of providing an	Heaton Community Centre Trewhitt Rd. NE6 5DY	Mon 12:30 – 2:30pm
inclusive mainstream session with a wide range	Trewint Nd. NEO 3D 1	犬 £
of activities which is suitable for all non walkers		
	0	
Blokes & Bairns Borrowers Stay and Play	Heaton Community Centre	Mon 10:00 - 11:30am
	Trewhitt Rd. NE6 5DY	★ 講 🕏
Heaton Baptist	Heaton Rd, Heaton NE6 5HN	Mon 10:00 – 11:30am
We provide structured play, craft and singing for		Tues 10:00 – 11:30am
0-5's including children with special needs: library and listening ear for carers.		●グロ£ iii ま
Little Borrowers Playtime – FREE UNTIL JULY	Heaton Community Centre Trewhitt Rd	Wed 1:00 – 2:30pm
2025	NE6 5DY	▲★□■☆
Our group has experiences of providing an		
inclusive mainstream session with a wide range		
of activities which is suitable for all under 5		
St Gabriel's Parent & Toddler Group	St Gabriel's Avenue, Heaton NE6 5QN	Tues 10:00 – 11:30am
Our group has experiences of providing an		🍎☆ ♬£ 🛗 🕏
inclusive mainstream session with a wide range of activities which is suitable for all children under		
5.		
Multiples Mayhem	Heaton community Centre, Trewhitt	Mon 10:00 - 11:30am
Our group is welcoming, friendly and an inclusive	road, NE6 5DY	●ポリ☆薑
mainstream session. We are open to every child		
that is a multiple and their familes under 5		

	MONUMENT
Great North Museum - Curious crawlers Nurture Nest Museum Mice Messy Mice	Great North Museum, Barras Bridge, Newcastle upon Tyne NE2 4PT Friday's at various time - All sessions must be booked online
Community Storytime	Courtyard Café, Newcastle University campus, NE1 7RU Fri 10:30 -11:00am
Tiny T's	St Thomas' church Haymarket, NE1 Wed 10:00 – 12:00pm 7PF
All Tots @ All Saints	All Saints Presbyterian Church, Akenside Hill, NE1 3UF

	OUSEBURN	
Deutschesprachige Kindergruppe	Martin Luther Kirche Church, Clarence	Sat 9:45 - 11:30am
Our group is focused on providing sessions for German speaking families.	St NE2 1YH	u£ ≡ ♠

	SOUTH JESMOND	
Jesmond Parish Church Group		Wed 10:30 – 12:00pm
Our group is welcoming and friendly. We are open to every child under 5.	NE2 4DJ N.A.P.I	
Jesmond Parish Church Bumps & Babies Group	Eskdale Terrace,	Mon 10:30 – 12:00pm
Our group is focused on providing sessions for mother and babies.	NE2 4DJ	孝£ 鯔♣♬

	WALKER	
Tyneview Primary School Baby & Toddler Group	C/o Tyneview Primary School, Wilmslow Place. NE6 3QP	Thurs 9:00 – 11:00am
Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5		ズiii st£ ě
Rising Stars	City of God Church	Fri 10:30 – 12:00pm
Our group is welcoming, friendly and an inclusive		Donation Welcome
mainstream session. We are open to every child under 5	NE6 3DP	孝□秀簠●
Toddler World	Wharrier St, Walker NE6 3BR	Mon-Thurs 10,11,12,1,2,3 Fri
Suitable for ages 5 and under, under 1s go free		10, 11, 12 and 1pm Sat 9, 10 and 11am Sun 9,10,11,12am
Pottery Bank Parent and Toddler Group	Pottery Bank Community Centre	Tues 1 -2:30pm
Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under 5.	Yelverton Crescent Walker NE6 3SW	本□\$£ iii 🍎

	WALKERGATE	
Ray Gray Parent & Toddler Group Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5	Ray Gray Community Centre, Stott's Rd NE6 4UH	Wed 9:30 – 11:30am ★
Walkerville Parent & Toddler Group Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all under 5.		Mon 9:30 – 11:30am Booking only ★ ↑ £ ##
St Oswalds Toddler group Age range 0-3	Woodhead Road, Walkergate NE6 4RX	Tue 9:30 - 11:00am 首本 「
Walkergate Parent and Toddler Group	Walkergate Community School Early Years Site	Thurs 2:00-3:00pm

KINGST	ON PARK & SOUH NEW BIGGIN HALL	
Tiny Tots	St Johns	Tues 9:30 – 11:30
	Kingston Park	★£ iii 含
Our group is welcoming and friendly. We are	N.H.P.I	
open to every child under 2 ½ years.		*
Galafield Parent and Toddler Group	Galafield Family Hub, Newbiggin	Mon 9:30 – 11:00am
	Hall. NE5 1LZ	Tue 9:30 – 11:00am
Our group is welcoming and friendly. We are	\ \ • • / /	
open to every child under 5 years.	() - ()	グロ£ 鯔 st

C	ALLERTON & THROCKLEY	
Noah's Ark Baby Toddler Group Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under 5.	The Parish Hall, Station Rd, NE15 8LS	Wed 10:00 – 11:30am →
North East Gymnastics Academy - Mini Flippers Our group is welcoming and friendly, we offer a wide range of activities which are suitable for all children under 5 and children with disabilities and/or special needs.	Newburn Activity Centre, Grange Rd. NE15 8ND	Mon 9:45 – 10:30am 10:45 – 11:30am Tue 1:30-2:15pm Sun 12:15 – 1:00pm 1:15 – 2:00pm 2:15 – 3:00pm Places can be booked online
North East Gymnastics Academy - Stay and Play Our group is welcoming and friendly, we offer a wide range of activities which are suitable for all children under 5 and children with disabilities and/or special needs.	Newburn Activity Centre, Grange Rd. NE15 8ND	Mon 12:00 – 1:00pm Tue 9:30-10:30am
Walbottle Village Primary School Parent and Toddler Group Our group is welcoming,friendly and an inclusive mainstream session. We are open to every child under 5	The Green, Walbottle NE15 8JL	Thur 9:15-10:45am

	DENTON & WESTERHOPE	
West Denton Church Toddler Group Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under 5.	Middlegate, West Denton, NE5 5AY	Thurs 9:00 – 11:00am **********************************
Little Treasures Toddler Group Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5	Westerhope Methodist Church Toddlers Stamfordham Rd, Westerhope, NE5 5HA	Mon 1:00 – 2:45pm Fortnightly

LEMINGTON		
Breastfeeding Social Group	The Lemington Centre, Tyne View, Lemington NE15 8RZ	Wed 1:00-2:30pm
Little Dragons @ St George's Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5. We are a music session.		Wed 8:45-10:30pm

	CHAPEL	
Outer West Parent and toddler Group Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 5		Fri 9:15 - 11:00am
•	Holy Nativity Church, Hillhead Parkway NE5 1DR	Thurs 9:30 - 11:30am 首 介

Sacred Heart Parent and Toddler Group

Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 4

CASTLE

Great North Rd, Gosforth NE3 5EB

Mon 9:30 – 11:00am

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	ENE & SOUTH GOSFORTH	
St Francis Parent and Toddler Group	St Francis Church Hall	Thurs 1:30 – 3:00pm
	Cleveland Gardens	★£ III 小ま 🍎
Our group is welcoming and friendly and offers a	NE7 7QH	小 た田 ・ 本
wide range of activities which are suitable for all		
children under 5.	0-66	

	Fawdon and West Gosforth	
Come & Play Our group has experiences of providing an inclusive mainstream session with a wide range of activities which is suitable for all children under	St Hugh's Church Hall, Wansbeck Rd, NE3 3HS	Tues 9:30 – 11:30am 大 台 首万
5.		
Oaks and Acorns (Grandparents group) Our group provides an opportunity for grandparents to meet each other while their	Regent Chapel Regent Farm NE3 3HD	Thurs 10:00 -11:30am Runs every 2 weeks, contact NAPI for dates
grandchildren play in a friendly and welcoming environment.	0.00.0	
Little Bears Our group is welcoming and friendly and offers a wide range of activities which are suitable for all children under 5. Our group has experience of providing activities for children with disabilities and/or special needs.	Fawdon Children's Centre Cairns way NE3 2SN	Mon 9:30-11:00am ★本土 新 1:00am
The Owl Tree Childrens Café We offer drop in session Monday to Saturday for all children under 5, we have a onsite café where we are able to service adults and childrens food at a lowers cost	Former Coxlodge Methodist Church, John Street, Kenton Road, NE3 3XH	Mon - Fri 9:30 -5pm Saturday 9:30 - 3pm
Breastfeeding social Group	Fawdon Children's Centre Cairns way NE3 2SN	Thurs 1:00-2:30pm

	GOSFORTH	
Little Saints Toddler Group	All Saints Church West Avenue NE3 4ES	Tues 1:00 – 2:30pm ★ ★ £ = 7 ♣
Little Saints is a friendly, inclusive group with experience of welcoming children and carers who have a disability or special need. We offer a range of activities suitable for all children aged 0-5yrs	N.A.P.I	■-7
Trinity Toddlers	Trinity Church, High Street, Gosforth	Mon 9:30 – 11:30am
Our group offers a wide range of activities which are suitable for all children under 5.		Wed 9:30 – 11:30am Please fill in the contact form on the below wbesite https://www.trinitygosforth.org.uk/c ontact

KENTON				
Tots	Church of Ascension, Creighton Avenue	Mon 9:30 – 11:30 pm		
Our group has experiences of providing an inclusive mainstream session with a wide range of activites which is suitable for all children under 5.	NE3 4UN	● 才£ 買刀 盘		

	MANOR PARK	
Little Fishes @ St Georges	St George United Reformed Church	Wed 9:15 – 10:45am
0-3 Years	(URC), Newton Road, High Heaton, NE7 7HP	→ 才£ ii □

	NORTH JESMOND□	
inity Tots	Holy Trinity Church	Fri 9:15 – 11:30am Session held
	Churchill Gardens NE2 4DL	in main church 3rd Friday in the
ur group is welcoming, friendly and an inclusive		month
ainstream session. We are open to every child		Please Email Steph prior to
der 5		attending- htjsteph@gmail.com
	1 - (1	
		★ 子£卌刀套

	PARKLANDS	
Brunton Park Parent & Toddler Group		Tues/Thurs 9:45 – 11:45
Our group is welcoming, friendly and an inclusive	NE3 5NF N.A.P.I	Ď ₹£ ♣□
mainstream session. We are open to every child		
under 5.		
Brunton Babies (up to 1yr old)	St Aidan's Church. Princes Rd	Mon/Fri 9:45 – 11:45
Our group is welcoming, friendly and an inclusive mainstream session. We are open to every child under 1.	NE3 5NF	₹£ ♣ □

SEND SESSIONS

The Owl Tree Community Nest	Former Coxlodge Methodist Church, John Street, Kenton Road, NE3 3XH	Drop in Every Other Monday 10:30-2:30pm
Stay and Play (Speech and Language Focussed) - 18 Months and older	St Martins Centre, Roman Avenue, Byker, NE6 2RJ	Tues 1:00-2:30pm To Book please email Olivia@stmartinscentre.org.uk or call 0191 276 4002
Tree Tots Stay and Play 0-5 Years	The Tree House Early Years Centre Brunel Terrace NE4 7NL	Tues 1:00-2:30pm Thurs 9:30-11:00am Term Time Only
Treehouse Explorers	The Tree House Early Years Centre Brunel Terrace NE4 7NL	Wed 10:00-11:00am