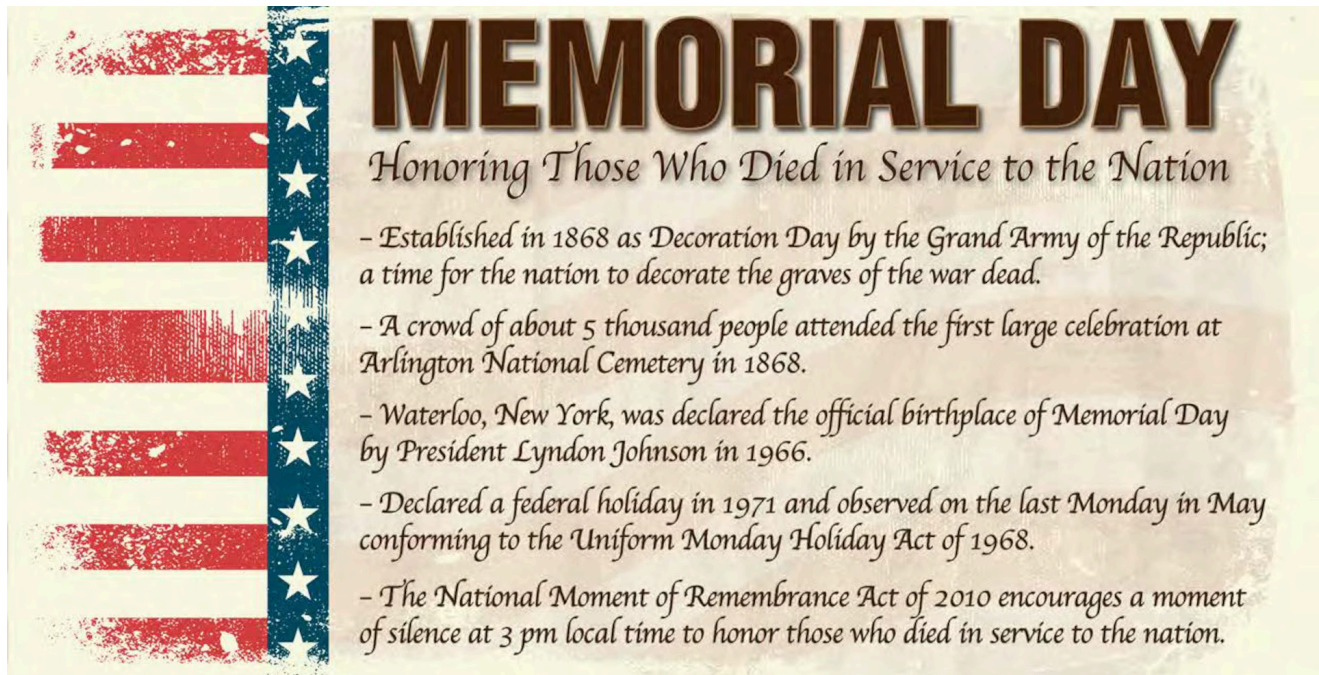


MAY 25TH, 2026 - MAY 31, 2026 - INDEPENDENT LIVING



MEMORIAL DAY

Honoring Those Who Died in Service to the Nation

- Established in 1868 as Decoration Day by the Grand Army of the Republic; a time for the nation to decorate the graves of the war dead.
- A crowd of about 5 thousand people attended the first large celebration at Arlington National Cemetery in 1868.
- Waterloo, New York, was declared the official birthplace of Memorial Day by President Lyndon Johnson in 1966.
- Declared a federal holiday in 1971 and observed on the last Monday in May conforming to the Uniform Monday Holiday Act of 1968.
- The National Moment of Remembrance Act of 2010 encourages a moment of silence at 3 pm local time to honor those who died in service to the nation.

AIDERSGATE VILLAGE PHOTO GALLERY



Art & Crafts

CLOTHESPIN WREATHS



June Birthdays

4th Becky Krien
8th Judy Marks
13th Becky Laney
18th Terry Kimes
26th Yvonne Nitz

8th Velma Dickson
12th Tom Newell
16th Neil Crow
25th Duane Kessler
30th Chuck Atherton



Health & Wellness

EXERCISE

MAY 27TH @ 8:30AM
MAY 29TH @ 8:30AM
(WESLEY HALL)

VIDEO EXERCISE

MAY 27TH @ 10:00AM
MAY 29TH @ 10:00AM
(WESLEY HALL)

TAI CHI

MAY 26TH @ 1:00PM
(WESLEY HALL)

CARDIO DRUM W/MUSIC

MAY 27TH @ 2:00PM
(CRAFT ROOM)

YOGA W/BRENDA

MAY 28TH @ 10:30AM
(CRAFT ROOM)



Our resident,
Chuck Atherton will be interviewed about his time in Vietnam, June 10th at 10:00pm.
Channel 27 KSNT

"Thanks for all the birthday cards and well wishes. It made the day very special!"

Deb Spires



FREE FRIDAY
May 29th, 2026.
9:00am - 3:00pm
Donations etc are being collected starting on Tuesday, May 26th, 2026 in the craft room!



Starting, Thursday, May 28th, 2026

we will be scheduling a shopping trip to Dillons every Thursday morning at 9:00am. We will no longer be scheduling individual shopping trips.

Please sign up in the transportation book.

NEWSLETTER COMMENTS AND/OR SUGGESTIONS!

Contact Rhonda at (785) 217-7353 or rkelly@aldersgatevillage.org

**MONDAY
MAY 25TH**



**TUESDAY
MAY 26TH**

- 9:30 **Resident Assembly**
(Wesley Hall)
- 11:00 **Bible Study**
(Parlor 206)
- 1:00 **Tai Chi**
(Wesley Hall)
- 2:00 **Bridge Refresher**
(Parlor 203)
- 2:00 **Mah Jong**
(Rec Room)
- 2:30 **Curiosity University**
American Icons - Babe Ruth
(Wesley Hall)
- 6:00 **Bridge**
(Parlor 203)
- 6:30 **UWF Book Club**
(Parlor 206)

**WEDNESDAY
MAY 27TH**

- 8:30 **Stretch & Flex Exercise**
(Wesley Hall)
- 10:00 **Video Exercise**
(Wesley Hall)
- 1:00 **Ping Pong**
(Rec Room)
- 2:00 **Pinochle**
(Parlor 203)
- 2:00 **Cardio Drumming w/Music**
(Craft Room)
- 7:00 **Topeka Santa Fe Band & Pie Social**
(Front Courtyard)

**THURSDAY
MAY 28TH**

- 10:00 **Shopping: Dillons**
(Bus)
- 10:30 **Yoga**
(Craft Room)
- 1:00 **Rummikub**
(Rec Room)
- 1:15 **Upwards**
(Rec Room)
- 1:00 **Card Making**
(Craft Room)
- 2:00 **Book Club**
(Craft Room)
- 4:30 **Manchester BBQ**
(Lou's Place Patio)

**FRIDAY
MAY 29TH**

- 8:30 **Stretch & Flex Exercise**
(Wesley Hall)
- 10:00 **Video Exercise**
(Wesley Hall)
- 1:00 **Bridge**
(Parlor 203)
- 2:00 **Happy Hour**
(Esther's Place)
- 3:00 **Mexican Train Dominoes**
(Parlor 206)

**SATURDAY
MAY 30TH**

- 1:00 **Baja Rummy**
(Parlor 203)

**SUNDAY
MAY 31ST**

Card Making has been changed to Thursday, May 28th from 2:00pm to 1:00pm due to the book club.

**BUS OUTINGS
SIGN UP
REQUIRED \$\$\$**

Health/Exercise
Resident Led Activities
Religion/Spiritual
Entertainers/Special Vendors
Special Events/Activities
Life Enhancement Directed Activities
Arts & Crafts
Educational

UPCOMING EVENTS

MAY
27TH

SANTA FE BAND & PIE SOCIAL
STARTS AT 7:00PM
FRONT COURTYARD

MAY
28TH

MANCHESTER BBQ
STARTS AT 4:30PM
LOU'S PLACE PATIO

JUNE
3RD

NEW DINNER THEATRE
RESTAURANT
BUS LEAVES AT 10:00AM

JUNE
4TH

HILLTOPPERS BLOCK PARTY
STARTS AT 4:30PM
BLOOMSBURY CT.

EVERY
THURSDAY

DILLONS GROCERY STORE

PLEASE SIGN UP AT THE FRONT DESK MAIN LOBBY
IN THE TRANSPORTATION BOOK!
ALL TICKETS/TRANSPORTATION CHARGES ARE LISTED ON
SIGN-UP SHEET!

****SIGN-UP REQUIRED** \$\$\$ TRANSPORTATION FEE**

ADDITIONAL INFORMATION

FARMER'S MARKET

June 4th, 2026

Farmer's Market will be on the first (1st) Thursday of the month starting June 4, 2026. Residents are welcome to set up a booth as well, please see Rhonda for more information.

BOOK CLUB

May 28th, 2026

Are you a member of the Aldersgate Book Club? Please see Leslie, our New Life Enhancement Coordinator. She will be leading the book club moving forward. We would like to get some information from you!

EVENT TICKETS

This is just a friendly reminder that if you sign up for an event that requires tickets to be purchased in advance, they are not refundable. You have the option to find someone else to take your place. There will be a deadline on the sign up for ticket purchases. After the date noted - no refunds will be issued. This does not include event cancellations.

We have two vehicles going to the New Theater Restaurant on Wednesday, June 3rd, 2026. If you were on the waiting list, your tickets were purchased. This is going to be a great show!

TRANSPORTATION

if you are needing to make an appointment, please call the front desk to schedule. If the appointment is less then 3 business days, please contact the Director of Transportation.

Main Phone #: (785) 478-9440
Director of Transportation:
(785) 217-7353
Transportation # for Pickups Only:
(785) 221-0425

RESIDENTS WITH WALKERS

We are asking you to please clean out your walker prior to using transportation. This helps the driver store your walker appropriately in the van/bus.

Weekly Menu



5/25/26 to 5/31/26

MON

Lunch

White Bean Chili Soup
Chicken Caesar Wrap \$7.5
Lettuce, crisp chicken and Caesar dressing in a wrap with one side
BBQ Chicken \$8.5
Baked chicken thigh with BBQ sauce served with macaroni salad & green beans
Dinner
Grilled Bratwurst 8.5
grilled bratwurst on a bun served with sauerkraut & potato Chips

TUE

Lunch

Broccoli Soup
Ham Salad Croissant \$7.5
Served with a choice of side
Carolina Pulled Pork \$8.5
House smoked and pulled pork served on a bun with house made potato salad
Dinner
Meatloaf \$8.5
Traditional favorite served with mashed potatoes & gravy

WED

Lunch

Turkey Vegetable Soup
Turkey & Swiss Melt \$7.5
Sliced turkey and Swiss on grilled wheat bread with O'Brien potatoes
Pizza \$8.50
Build a pizza with your choice of toppings or a taco pizza served with a toss salad
Dinner
Chicken Tacos \$8.5
2 soft tacos with refried beans & Spanish rice

THU

Lunch

Tuscan Bean Soup
Patty Melt \$7.5
Grilled beef patty with caramelized onions and a choice of side
Baked Chicken \$8.5
Baked chicken thighs served with mashed potatoes, gravy and asparagus
Dinner
Breakfast for Dinner \$8.5
Pancake of the day with scrambled eggs, bacon & sausage

FRI

Lunch

Beef Orzo Soup
Egg Salad on Rye \$7.5
Served with potato chips & carrot and raisin salad
Chicken Fried Chicken \$8.5
Breaded & fried chicken served with mashed potatoes, gravy & green beans
Dinner
Lemon Pepper Tilapia \$8.5
Baked tilapia seasoned with lemon pepper and served with roasted red potatoes & steamed peas

SAT

Lunch

Potato Soup
Chicken Strips \$7.5
3 chicken strips served with your choice of side
Roast Beef Hoagie \$8.5
Roast beef sliced thin and piled high on our wheat hoagie bun with sliced cheddar cheese and pasta salad
Dinner
Ham Steak \$8.5
Grilled Ham steak served with wild rice and steamed corn

\$10 JOIN US FOR OUR SUNDAY BUFFET
"Fresh Salads and Desserts included"
- Grilled & Sliced Chicken
- Penne Alfredo
- Garlic Bread
- Popcorn Shrimp
- Steamed Broccoli
- Hash Brown Patties

HOURS:

Lunch
Monday - Saturday 11am - 1:30pm
Dinner
Monday - Saturday 4:45 pm - 6:30 pm
Sunday 11:30 am - 1:30 pm

CONTACT:

Matt Mitzel
MatthewMitzel@morrisonliving.com
(785) 478-9440 ext.4772

A flyer for a BBQ party. The background is a light orange color. At the top, there are two decorative wavy lines of red barbecue sauce. The main title 'MANCHESTER BBQ PARTY' is in large, bold letters. Below it is the date 'MAY 28TH, 2026', the time '4:30PM - 6:30PM', and the location 'LOU'S PLACE PATIO'. In the center is a red charcoal grill with a red lid, sitting on a tripod stand. The grill is lit with yellow and orange flames. On the grill, there is a hamburger patty. To the left of the grill, there are two skewers of food: one with brown meat and green vegetables, and another with brown meat and red vegetables. To the right of the grill, there is a hot dog on a fork. The word 'GAMES' is written in red below the grill. At the bottom, there is a brown banner with white text providing details about food and a contingency plan.

MANCHESTER BBQ PARTY

MAY 28TH, 2026

4:30PM - 6:30PM

LOU'S PLACE PATIO

GAMES

**HAMBURGERS/HOT DOGS AND ALL THE FIXINGS / ICE TEA/LEMONADE
& WATER WILL BE PROVIDED BY ALDERSGATE VILLAGE!**

PLEASE BRING A COVERED DISH!

IN CASE OF BAD WEATHER - THE EVENT WILL BE MOVED TO WESLEY HALL



HILLTOPPERS BLOCK PARTY

MUSIC - FOOD - GAMES



Aldersgate Village will be providing:

- Table and Chairs
- Hamburgers/Hot Dogs w/all the fixings.
- Ice Tea, Water & Lemonade

Hilltopper Residents will provide a:

- Covered Dish

THURSDAY
JUNE 4TH, 2026
4:30PM - 6:30PM
BLOOMSBURY CT.

In case of rain, the event will be moved to Wesley Hall





**SANTA FE BAND
& PIE SOCIAL**



**MAY
27TH
7:00PM**



**ENJOY THE MUSIC FROM THE
TOPEKA SANTA FE BAND AND
ENJOY SOME DELICIOUS PIE!**

