

September 29th – October 5th, 2025

Independent Living Weekly News

Wheatland Pest Control

Friday, October 3rd, 9:00 AM - 12:00 PM: This week is **Bristol Rd, Bloomsbury Ct., and Add-ons**. Please contact the Concierge at 785-506-5959 or visit in person if you need to be added. Kindly notify the Concierge no later than Thursday at noon.

Golf Cart Rides

Tuesday, Sept. 30th, 9:00 - 11:00 AM. Take a ride around our beautiful campus ponds. Weather permitting. Sign up at the front desk.

Out to Shop

Wednesday, October 8th, we will head to **Fairlawn Plaza**. We will load the bus @ 12:45 PM in main lobby and return @ 3:00 PM. Sign up at the front desk.

Mah Jongg

If you've been playing Mah Jongg on your phone, you have no clue what you're missing! Come see real game with cards, dice, tiles, and discover what all the laughter is about that has been coming from the recreation room on Tuesday afternoon. There is going to be an opportunity to see the game all laid out showing the tile names, winds, dragons, and jokers on **September 30th, @ 2:00 PM.** Come in and check it out.

Pick Your Pie Adventure!

September 30th @ 2:00 PM in Lou's Place.

Will it be the cozy comfort of Apple Pie 🍏 or the sweet-tart delight of Cherry Pie 🍒?

Whichever you choose, top it off with creamy vanilla ice cream 🍦 for the ultimate à la mode treat!



Free Friday October 3rd

Celebrate Fall by Decluttering with Purpose!

Join us for First Friday and share the joy by donating gently used items—home décor, books, clothing, and more. Drop them off with Tabbi, who will display them for others in our community to enjoy.

Joshua Lightfoot – Live Vocal Music in Wesley Hall **October 6th @ 6:30 PM**

With a voice as smooth as Appalachian honey and a banjo full of soul, Joshua brings high-energy Bluegrass that'll have you tapping your toes and dancing in your seat. Don't miss this unforgettable evening!



Whispers of the Wild

A calming, visually stunning nature show that invites viewers to explore the quiet magic of the outdoors — from graceful deer grazing in meadows to blooming wildflowers and buzzing bees. Perfect for all ages, especially those who love peaceful vibes and beautiful scenery.

Thanks Kathy Lohr and Judy Bone for your great photos!



Are You a Pitch Player

Let's Get a Group Going!

Do you enjoy a good game of Pitch? Whether you're a seasoned pro or just learning the ropes, we're exploring the idea of starting a friendly Pitch group right here at Aldersgate! It's a great way to unwind, connect with colleagues, and have a little competitive fun. If you're interested in joining or learning more, let us know! We'll coordinate times that hopefully work for everyone. Sign-up at the front desk!
Let's shuffle up and deal!

Festival Singer

October 13th P/U 6:30 PM in Main Lobby.

Join us for a soul-stirring blend of instrumental and vocal performances that promise to uplift and inspire.

💎 I have 6 FREE tickets available — first come, first served!

🇬🇧 Additional tickets can be purchased at the door, so bring a friend and enjoy the magic of live music. Don't miss out on this unforgettable musical experience! Sign up at the front desk.

Curiosity University- Becoming Mark Twain: Life, Death and Huck Finn on the Mississippi

October 14th @ 3:00 PM In Wesley Hall.

In 1935, Hemingway declared Huckleberry Finn the foundation of modern American literature. But where did Huck—and the book—come from? In this talk, we'll explore Twain's unlikely path to writing, starting with his dream of piloting steamboats on the Mississippi.

Thank you

I want to thank you for all the birthday wishes and cards. Never in my life have I received so many cards and wishes. All you guys are awesome. I'm truly blessed.

Sharon Soudek

Aldersgate Library

📖 Discover Hidden Gems in Our Library!

Our library invites you to explore the "Small but Interesting" collection—shelved just behind the desk. This special section features works by our very own Aldersgate residents! We're especially excited to share **Our War by Chuck Atherton**, a powerful memoir donated by a recent resident, chronicling his personal experiences during the Vietnam War. It's a compelling and heartfelt read.

You'll also find other resident-authored books that showcase the rich stories and talents within our community. Stop by and check them out!

Calling All Bridge Player's

If you're new around Aldersgate and enjoy playing Bridge—or want to learn—we'd love to have you in our group! It's a great way to meet people, share some laughs, and enjoy a classic card game.

Interested?

Sign up on the sheet posted across from the mailboxes in Manchester or reach out to **Bob Fuller** for more details. Let's make some great connections—both on and off the table!

New Theatre & Restaurant October 15th P/U 9:30 AM in Main Lobby.

Join Us for a Fun-Filled Day! Enjoy lunch and a live show—no driving needed! All this for just \$55.00.

Alone Together

Empty Nesters... until their three sons move back in! Parents of 3 adult sons just sent their youngest off to college. They are finally enjoying their new time alone together when one by one, each son begins returning home! This Broadway comedy is filled with joy, connection, and family love.



Trivia Question:

Which newspaper hit the street in 1982 in boxes designed to look like TV sets?

Answer: The Sun



This Week's Trivia Question:

What is the name of the film that features Charlie & Raymond Babbitt going on a road trip?

This Week's Featured Events

Cookies Social: Monday-Friday @ 1:30 PM- 3:00 PM (Main Lobby)
 Oct. 3rd FREE Friday (Outside Craft Room)
 Oct. 6th Joshua Lightfoot @ 6:30 PM (Wesley Hall)

Upcoming Events

Oct. 9th Veteran Social Hour @ 10:00 AM (Parlor 203)
 Oct. 9th Retired Nurses @ 2:00 PM (Parlor 206)
 Oct. 11th Bingo (Wesley Hall)
 Oct. 13th Festival Singers P/U 6:30 PM @ 7:30 PM (Main Lobby)
 Oct. 14th Ed Farris @ 1:00 PM (Wesley Hall)
 Oct. 14th Curiosity University @ 3:00 PM (Wesley Hall)
 Oct 15th New Théâtre & Restaurant (Alone Together) P/U 9:30 AM
 Oct. 17th Happy Hour @ 2:00 PM (Esther's Place)

Who's Ready for some



Football Games

Oct. 4 th	Kansas ST VS Baylor	11:00 AM ESPN+
Oct. 4 th	Kansas VS UCF	6:30 PM ESPN2
Oct. 6 th	Chiefs VS Jaguars	7:15 PM ABC/ESPN



Judy Bennett-
 114 Ingleside
 (Relocating from Oxford)

Bill & Chris Ferguson-
 122 Whitefield

Michael Heath-
 202 Ingleside

Upcoming Shopping Days

Oct. 8 th	Fairlawn Plaza
Oct. 22 nd	Burlington Coat



Carrol Glotzbach- 29th
 Cindy Pfannenstiel- 30th
 Bill Ervin- 4th

Newsletter Additions

Email Tabbi at tbaldwin@aldersgatevillage.org or stop by her office and leave a note.

Wednesday Night Movie

Parlor 206

Fly Away Home



The film follows 13-year-old Amy Alden (played by Anna Paquin), who is devastated after her mother dies in a car accident in New Zealand. She is sent to live with her estranged father, Thomas Alden (Jeff Daniels), an eccentric inventor and sculptor, in rural Ontario, Canada. Struggling to adjust to her new life and feeling isolated, Amy discovers a nest of abandoned goose eggs near her father's home, which were left behind when developers began tearing down a local forest.

WEEKLY PROGRAM				
LOU'S PLACE:		THIS WEEKS ICE CREAM FLAVOR: VANILLA	MON. – FRI. OPEN TO CLOSE	
MON. 29 TH		LOU'S PLACE 8:30 AM TO 3 PM		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	DONUTS \$		8:30AM	LOU'S PLACE
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	UPWARDS		1:30 PM	REC ROOM
	PAINTING		2:00 PM	CRAFT ROOM
	WORSHIP		4:00 PM	WESLEY HALL
TUE. 30 TH		LOU'S PLACE 8:30 AM TO 3 PM		
	COFFEE & CHAT		9:00 AM	LOU'S PLACE
	GOLF CART RIDES	SIGN-UP	9:00 AM TO 11:00 AM	MAIN LOBBY
	BIBLE STUDY		11:00 AM	PARLOR 206
	TAI CHI		1:00 PM	WESLEY HALL
	BRIDGE REFRESHER		2:00 PM	PARLOR 203
	ICE CREAM SOCIAL \$	APPLE/CHERRY PIE	2:00 PM	LOU'S PLACE
	MAH JONGG		2:00 PM	REC ROOM
	BRIDGE		6:00 PM	WESLEY HALL
WED. 1 ST		LOU'S PLACE 8:30 AM TO 2 PM		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	BISCUIT & GRAVY \$		8:30 AM	LOU'S PLACE
	OUT TO SHOP	NEXT OCT. 8 TH	12:45 PM	MAIN LOBBY
	PING-PONG		1:00 PM	REC ROOM
	PINOCHLE W/ JUDY		2:00 PM	PARLOR 203
	PAINTING/CARD MAKING		3:00 PM	CRAFT ROOM
	MOVIE & POPCORN	FLY AWAY HOME	6:00 PM	PARLOR 206
THUR. 2 ND		LOU'S PLACE 8:30 AM TO 3 PM		
	DANISH \$		9:00 AM	LOU'S PLACE
	RUMMIKUB		1:00 PM	PARLOR 203
	UPWARDS		1:30 PM	REC ROOM
	CARD MAKING		3:00 PM	CRAFT ROOM
FRI. 3 RD		LOU'S PLACE 8:30 AM TO 3 PM		
	EXERCISE	CANCELLED	8:30 AM & 10:00 AM	WESLEY HALL
	FREE FRIDAY		ALL DAY	CRAFT ROOM
	CINNAMON ROLLS \$		8:30 AM	LOU'S PLACE
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	BRIDGE		1:00 PM	WESLEY HALL
	MEXICAN TRAIN DOMINOS		3:00 PM	PARLOR 203
SAT. 4 TH		LOU'S CLOSED		
	COFFEE HOUR		9:15 AM	ESTHER PLACE
	BAJA RUMMY		1:00 PM	PARLOR 203
	YOGA W/ MISHA		2:00 PM	WESLEY HALL
SUN. 5 TH		LOU'S CLOSED		
	TRANSPORTATION TO SUSANNA WESLEY		9:00 AM	MAIN LOBBY
	AUDREY VOCAL MUSIC		3:00 PM	MAIN LOBBY

Subject to Change at anytime

Weekly Menu

Aldersgate Village
LIFE PLAN COMMUNITY

9/29/25 to 10/5/25

MON

Lunch

House Made Chili

Chicken Caesar Wrap \$7.5

Lettuce, crispy chicken and Caesar dressing in a wrap with one side

Chili Dog \$8.5

Hot dog topped with chili, served with one side

Dinner

Chicken Ala King \$8.5

Creamy chicken over a golden biscuit with Zucchini

TUE

Lunch

Minestrone Soup

Breaded Steak Sandwich \$7.5

Caramelized onions, American cheese and choice of side

Lemon Pepper Chicken Legs \$8.5

Served with a baked potato and green beans

Dinner

Ham Salad on a croissant \$8.5

Served with choice of side item

WED

Lunch

Cheeseburger Soup

Roast Beef & Cheddar Sandwich \$7.5

Slow roasted beef served cold on wheat bread with one side

Build a Pizza \$8.5

Your choice of topping or Margarita with a tossed salad

Dinner

Chicken Salad Wrap \$8.5

Traditional chicken salad in a wrap with choice of side

THU

Lunch

Baked Potato Soup

Turkey Club \$7.5

Turkey, bacon, lettuce and tomato on wheat with one side item

Breakfast for Lunch \$8.5

Pancakes, scrambled eggs with bacon or sausage

Dinner

Fried Chicken \$8.5

Served with mashed potatoes, gravy and corn

FRI

Lunch

French Onion Soup

Breaded Fish Sandwich \$8.5

Served with one side

Chicken Parmesan \$8.5

Crispy chicken breast topped with marinara & mozzarella and served with spaghetti

Dinner

Balsamic Glazed Pork Loin \$8.5

With roasted potatoes and mixed veggies

SAT

Lunch

Broccoli Cheddar Soup

Pork Tenderloin Sandwich \$7.5

Breaded pork on a bun with a choice of side

Roast Turkey \$8.5

Served with bread dressing and green bean casserole

Dinner

BBQ Beef \$8.5

Served with mac and cheese and coleslaw

\$10

JOIN US FOR OUR SUNDAY BUFFET

"Fresh Salads and Desserts included"

- Country Fried Steak
- Mashed Potatoes & Cream Gravy
- Dinner Rolls

- Herb Roasted Chicken
- Broccoli
- Brussel Sprouts

HOURS:

Lunch

Monday - Saturday 11am - 1:30pm

Dinner

Monday - Saturday 4:45 pm - 6:30 pm

Sunday

11:30 am-1:30 pm

CONTACT:

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