

September
1st - 7th
2025

Aldersgate Village

LIFE PLAN COMMUNITY

Independent Living Weekly News

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Wheatland Pest Control
Friday, Sept. 5th, 9:00 AM - 12:00 PM: This week is **Welsey Hall Kitchen, Reception, and Add-ons.** See Concierge or call 785-506-5959 if you need to be added.

Golf Cart Rides
Tuesday, Sept. 2nd, 9:00 -11:00 AM. Take a ride around our beautiful campus ponds. Sign up at the front desk.

Happy Hour
September 5th @ 2:00 PM in Esther's Place. **Happy Hour with Your Favorite Team!**

Hey Aldersgate! It's time to rally your crew and represent your favorite team—baseball, football, or whatever gets your heart pumping! No judgment here, just pure celebration. 🏈 🏀

Join us for a high-voltage Happy Hour where:

The drinks are ice-cold.

The appetizers are next level.

And the vibes are electric.

Whether you're rocking a jersey, a cap, or just bringing your game-day swagger, this is your moment to shine bright and show off that team spirit! Let's make some noise, share some laughs, and turn up the energy Aldersgate style!

Free Friday Important Update
We will not be offering FREE Friday in September. Kindly hold all donations during this time.



Vickie Turley-
223 Ingleside

Roger and Joanie
Underwood-
111 Ingleside

Village Birthday Coffee
September 9th @ 9:30 AM in Welsey Hall.

Let's turn up the joy and celebrate all our amazing September birthdays in style! 🥳 🌟

Whether you're a September star or just love a good party, this is your moment to shine with us. Expect laughter, good vibes, and maybe even a few surprises!

Campus Snapshots

Our neighborhood bobcats out enjoying this the weather.



Trivia

Question:

Which news network first launched in 1980?

Answer: CNN



Breaking News

This week's

Trivia

Question:

What was the theme song for the 1982 film, Rocky III?

Quick Reference Phone Numbers:

Concierge Services

(785)506-5959

Resident Services

(785)845-5306

Security

(785)221-6960

Esther's Dining

(785)478-9440

Ext. 4772

To Schedule

Transportation

(785)506-5959

8 AM-5 PM/ M-F

Ed Farris

September 9th @ 1:00 PM in Wesley Hall.

Let's give it up for the timeless tunes that never go out of style—the kind of music that makes you tap your foot, sing along, and feel everything. Whether it's rock 'n' roll, Motown magic, classic country, or golden-era jazz, good ol' fashion music is the heartbeat of generations.

Kevin McFarland

September 9th @ 3:00 PM in Wesley Hall.

Let's crank up the energy and dive into the pulse of the world because current events are where history is happening right now. Whether you're a news junkie, a casual scroller, or just someone who loves a good headline, here's what's buzzing across the globe.

Thank you 

Thank You

Thank you for the beautiful birthday cards and wishes. It means so much to have you all in my life. It made my day special.

Leonora Marshall

Thank You

Thank you to everyone who took send a card or say, 'Happy Birthday'. I love to get cards, and they are beautiful!

Carol Bradford

Thank you

I would like to thank everyone for the sympathy cards. I am so glad that I have so many nice friends. Helps make sad times a little better.

Peggy Rickard

Out to Shop

Wednesday, Sept. 10th, we will head to **House 2 Home**. We will load the bus @ 12:45 PM in main lobby and return @ 3:00 PM. Sign up at the front desk.

House 2 Home

Out to Shop. Wednesday September 10th pick-up 12:45 PM. "They invite you to stop by and enjoy a delicious treat!"

Ready to Refresh Your Space? Come join us for a fun, fabulous, and fresh session where we're diving into the newest and hottest home décor trends! Whether you're a DIY diva, a Pinterest pro, or just looking to add a little flair to your space, this is your chance to get creative and make it uniquely yours.

Mats for Mission

Temporary Pause on Mat for Mission.

As difficult as it is to share, all good things must come to a pause. The Topeka Rescue Mission has received an incredible outpouring of support through mat donations and currently has more than enough to meet their needs. As a result, they are unable to accept additional mats at this time.

They are truly grateful for the generosity and compassion shown by our community. Your contributions have made a meaningful difference, and we hope to resume mat-making efforts in the future.

In the meantime, we kindly ask that no additional bags be dropped off until we are ready to begin again.

If you'd like to do something else instead, please reach out to Tabbi.



Arnie Muller-1st
Nadine Chandler- 2nd
Anna Berndt- 3rd
Ron Schultz- 4th
Janie Gowin- 8th

This Week's Featured Events

Cookies Social: Monday-Friday @ 1:30 PM- 3:00 PM
Sept. 5th Happy Hour @ 2:00 PM (Esther's Place)

Upcoming Events

Sept. 9th Village Birthday Coffee @ 9:30 AM (Wesley Hall)
Sept. 9th Ed Farris @ 1:00 PM (Wesley Hall)
Sept. 9th Kevin McFarland @ 3:00 PM (Wesley Hall)
Sept. 11th Veterans Group @ 10:00 AM (Parlor 203)
Sept. 12th No Exercise
Sept. 13th Bingo @ 3:00 PM (Wesley Hall)
Sept. 16th Banana Splits @ 2:00 PM (Lou's Place)
Sept. 17th NO Exercise
Sept. 19th Happy Hour @ 2:00 PM (Esther's Place)

Sports Section



Kansas City Royals Games (Airs on Cox 34)

Sept. 2 nd	VS Angels	6:40 PM
Sept. 3 rd	VS Angels	6:40PM
Sept. 4 th	VS Angels	6:40 PM
Sept. 5 th	VS Twins	6:40 PM
Sept. 6 th	VS Twins	6:15 PM
Sept. 7 th	VS Twins	1:10 PM

Football Games

Sept. 5 th	Chiefs VS Chargers	8:00PM YouTube
Sept. 6 th	Kansas VS Missouri	6:00 PM ESPN
Sept. 6 th	Kansas ST VS Army	11:00 AM ESPN2

Upcoming Shopping Days

Sept. 25 th	Target
Oct. 8 th	Fairlawn Plaza

Hilltoppers Luncheon

Remember to make your reservations for our Sept. 12th Quarterly Luncheon. Make your reservation Mon- Friday from 8:30 AM - 5:00 PM.
Deadline: Sept. 8th by 4:00 PM.
Thanks **Denise Larson**

This week's movie: Wednesday



Noah's Ark

Unique retelling of the Biblical story of Noah and the Ark. "The Ark" is a timeless tale, a story of family, one man's faith, and his fixation with building an ark that may ultimately save both his family and mankind.

Starring
Russell Crowe
Jennifer Connelly
Ray Winstone
Emma Watson
Logan Lerman
Anthony Hopkins

**See You in
Parlor 206**

Newsletter add ins

Email Tabbi at
tbaldwin@aldersgatevillage.org or
stop by her office and leave a note.

WEEKLY PROGRAM

MON 1ST				
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	DONUTS & COFFEE \$		8:30AM	CRAFT ROOM
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	GRIEF & LOSS GROUP		1:00 PM	PARLOR 203
	UPWORDS		1:30 PM	REC ROOM
	PAINTING		2:00 PM	CRAFT ROOM
	WORSHIP		4:00 PM	WESLEY HALL
TUE. 2ND		CRAFT ROOM 8:30 AM TO 3 PM		
	COFFEE & CHAT		9:00 AM	CRAFT ROOM
	GOLF CART RIDES	SIGN-UP	9:00 AM TO 11:00 AM	MAIN LOBBY
	BIBLE STUDY		11:00 AM	PARLOR 206
	TAI CHI		1:00 PM	WESLEY HALL
	BRIDGE REFRESHER		2:00 PM	PARLOR 203
	ICE CREAM SOCIAL		2:00 PM	CRAFT ROOM
	MAH JONGG		2:00 PM	REC ROOM
	BRIDGE		6:00 PM	WESLEY HALL
WED. 3RD		CRAFT ROOM 8:30 AM TO 2 PM		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	BISCUIT & GRAVY \$		8:30 AM	CRAFT ROOM
	PING-PONG		1:00 PM	REC ROOM
	PINOCHLE W/ JUDY		2:00 PM	PARLOR 203
	PAINTING/CARD MAKING		3:00 PM	CRAFT ROOM
	MOVIE & POPCORN	NOAH'S ARK	6:00 PM	PARLOR 206
THUR. 4TH		CRAFT ROOM 8:30 AM TO 3 PM		
	DANISH & COFFEE \$		9:00 AM	CRAFT ROOM
	RUMMIKUB		1:00 PM	PARLOR 203
	UPWORDS		1:30 PM	REC ROOM
	CARD MAKING		2:00 PM	CRAFT ROOM
FRI. 5TH		CRAFT ROOM 8:30 AM TO 3 PM		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	CINNAMON ROLLS \$		8:30 AM	CRAFT ROOM
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	PUZZLE GAMES		10:30 AM	MAIN LOBBY
	BRIDGE		1:00 PM	WESLEY HALL
	MEXICAN TRAIN DOMINOS		3:30 PM	PARLOR 203
SAT. 6TH		LOU'S CLOSED		
	COFFEE HOUR		9:15 AM	ESTHER PLACE
	BAJA RUMMY		1:00 PM	PARLOR 203
	YOGA W/ MISHA		2:00 PM	WESLEY HALL
SUN. 7TH		LOU'S CLOSED		
	TRANSPORTATION TO SUSANNA WESLEY		9:00 AM	MAIN LOBBY

Weekly Menu

Aldersgate Village
LIFE PLAN COMMUNITY

9/1/25 to 9/7/25

MON

Lunch

House Made Chili

Chicken Caesar Wrap \$7.5
Lettuce, crispy chicken and
Caesar dressing in a wrap
with one side

Chili Dog \$8.5

Hot dog topped with chili,
served with one side

Dinner

Chicken Ala King \$8.5

Creamy chicken over a
golden biscuit with Zucchini

THU

Lunch

Baked Potato Soup

Turkey Club \$7.5

Turkey, bacon, lettuce and
tomato on wheat with one
side item

Breakfast for Lunch \$8.5

Pancakes, scrambled eggs
with bacon or sausage

Dinner

Fried Chicken \$8.5

Served with mashed potatoes,
gravy and corn

TUE

Lunch

Minestrone Soup

Breaded Steak Sandwich \$7.5

Caramelized onions,
American cheese and
choice of side

Lemon Pepper Chicken Legs \$8.5

Served with a baked potato
and green beans

Dinner

Ham Salad on a croissant \$8.5

Served with choice of side
item

FRI

Lunch

French Onion Soup

Breaded Fish Sandwich \$8.5

Served with one side

Chicken Parmesan \$8.5
Crispy chicken breast topped
with marinara & mozzarella
and served with spaghetti

Dinner

Balsamic Glazed Pork Loin \$8.5

With roasted potatoes and
mixed veggies

WED

Lunch

Cheeseburger Soup

Roast Beef & Cheddar Sandwich \$7.5

Slow roasted beef served
cold on wheat bread with
one side

BBQ Ribs \$12

Served with chips &
glazed carrots

Dinner

Chicken Salad Wrap \$8.5

Traditional chicken salad
in a wrap with choice of
side

SAT

Lunch

Broccoli Cheddar Soup

Pork Tenderloin Sandwich \$7.5

Breaded pork on a bun with a
choice of side

Roast Turkey \$8.5

Served with bread dressing
and green bean casserole

Dinner

BBQ Beef \$8.5

Served with mac and cheese
and coleslaw

\$10

JOIN US FOR OUR SUNDAY BUFFET

"Fresh Salads and Desserts included"

- Country Fried Steak
- Mashed Potatoes
- Dinner Rolls

- Herb Roasted Chicken
- Broccoli
- Brussel Sprouts

HOURS:

Lunch
Monday - Saturday 11am - 1:30pm
Dinner
Monday - Saturday 4:45 pm - 6:30 pm
Sunday 11:30 am - 1:30 pm

CONTACT:

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