

August  
25<sup>th</sup> - 31<sup>st</sup>  
2025

# Aldersgate Village

LIFE PLAN COMMUNITY

## Independent Living Weekly News

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### Wheatland Pest Control

**Friday, Aug. 29<sup>th</sup>, 9:00 AM - 12:00**

**PM:** This week is **Trent Place and Add-ons**. See Concierge or call 785-506-5959, if you need to be added.

### Golf Cart Rides

**Tuesday, Sept. 2<sup>nd</sup>,**

**9:00 -11:00 AM.** Take a ride around our beautiful campus ponds. Sign up at the front desk.

### Lou's Place

**Just a friendly reminder. Lou's Will Be Closed for Updates August 25<sup>th</sup> – September 8<sup>th</sup>.**

Check out our **Daily Lou's Specials** in our **Craft Room:** Need to shop? Visit **Tabbi's office** for essentials.

**Note:** All purchases during this time will be **charge only**.

💡 **Free Soft Serve Ice**

**Cream** every day from **9 AM–3 PM** in the **Craft Room**, August 25–

### Free Friday Important Update

Please note that we will not be offering FREE Friday in September.

We kindly ask that you hold on to all donations during this time. Thank you for your understanding and continued support.

### Resident Assembly

**August 26<sup>th</sup> @ 9:30 AM** in Wesley Hall. Think updates, laughs, and all the inside scoop on what's happening around here. Come for the info, stay for the vibes! 😊🏠

### Out to Shop

**Wednesday, Aug. 27<sup>th</sup>,** we will head to **Michael's**. We will load the bus @ 12:45 PM in main lobby and return @ 3:00 PM. Sign up at the front desk.

### Teaching Kitchen

**August 27<sup>th</sup> @ 3:00 PM** in Esther's Place.

**Moroccan Chicken** is a flavorful dish typically made with tender chicken marinated in a blend of aromatic spices like cumin, coriander, and cinnamon.

It often includes succulent vegetables such as carrots, bell peppers, and chickpeas and is usually served with fluffy couscous.



### Attention Hilltoppers

Keep your eyes peeled for the September luncheon flyer.



Mark your calendar and reserve your spot. Thanks **Denise Larson**

## Trivia

### Question:

What is the name of the car in Knight Rider?

**Answer:** Kitt



## This week's Trivia

### Question:

Which news network first launched in 1980?

## Quick Reference Phone Numbers:

### Concierge Services

(785)506-5959

### Resident Services

(785)845-5306

### Security

(785)221-6960

### Esther's Dining

(785)478-9440

Ext. 4772

### To Schedule Transportation

(785)506-5959

8 AM-5 PM/ M-F

## Village Birthday Coffee

**September 9<sup>th</sup> @ 9:30 AM** in Welsey Hall.

Let's turn up the joy and celebrate all our amazing September birthdays in style! 🥳 ✨

Whether you're a September star or just love a good party, this is your moment to shine with us. Expect laughter, good vibes, and maybe even a few surprises!

## 💖 95 Years Young on September 3rd! 💖

Our dear friend Bill Nace is celebrating his 95th birthday! If you would like to send him a card, we are sure he would be delighted to hear from all of his old friends. Your thoughtful messages and well wishes will surely make his special day even more memorable.

### Address:

Bill Nace  
2050 N Webb Rd # 109  
Wichita, Ks 67206

### Email:

wgnace16@gmail.com

## Yoga

Starting August 30th, Yoga is moving to a fresh new space! Join Misha in the serene and spacious Wesley Hall for your weekly dose of movement, mindfulness, and rejuvenation.

## Thank you

Thank you for all the lovely birthday cards and wishes.

They made my day special.

**Dana Hale**

Thank you all for the cards and best wishes on my birthday. It made my day very special, and a "hot fudge Sunday" topped it off, Thanks Kitty!

**Louise Newbold**

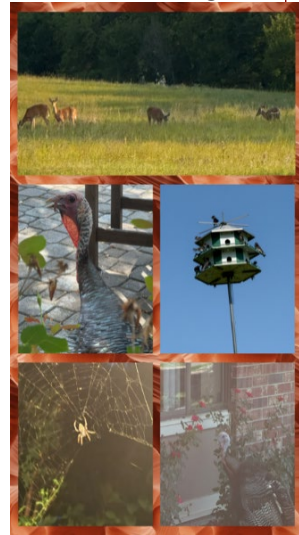
## Campus Snapshot

🦋 **Wildlife Watch Alert!** 🦋

### Ned and Joleen Nusbaum

just spotted purple martins nesting in the castle during our golf cart ride. Meanwhile, Tabbi's been on a roll, sharing gorgeous snaps from her office and the front of Manchester.

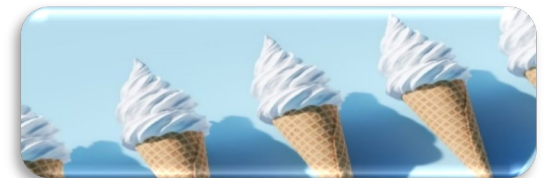
📷 Keep your photos coming—let's celebrate the beauty around us together!



## Soft Serve Ice Cream

Starting September 9th, the price of our delicious soft serve ice cream will be changing from \$0.50 to \$1.00. We're committed to continuing to provide you with a sweet treat that's worth every scoop, and this small adjustment helps us maintain the experience you love.

Thank you for your understanding and as always, we appreciate your support!



I would like to thank everyone for the birthday cards; they were very much appreciated.

**Marilyn Elgin**

Thank you all so much for the thoughts and birthday wishes. They were deeply appreciated. Thank you again,

**Lois Icenogle**



Dale Buller- 25<sup>th</sup>  
 Jean Mah- 25<sup>th</sup>  
 Joyce Keys- 26<sup>th</sup>  
 Vicki Means- 27<sup>th</sup>  
 Virginia Farrier- 29<sup>th</sup>  
 Ellis Hopkins- 31<sup>st</sup>  
 Jean Roach- 31<sup>st</sup>

### This Week's Featured Events

Cookies Social: Monday-Friday @ 1:30 PM- 3:00 PM  
 Aug. 26<sup>th</sup> Resident Assembly @ 9:30 AM (Wesley Hall)  
 Aug. 27<sup>th</sup> Teaching Kitchen @ 3:00 PM (Esther's Place)  
 Aug. 28<sup>th</sup> Book Club @ 2:00 PM (Parlor 206)

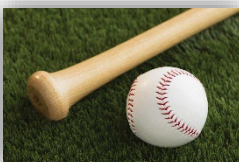
### Upcoming Events

Sept. 5<sup>th</sup> Happy Hour @ 2:00 PM (Esther's Place)  
 Sept. 9<sup>th</sup> Village Birthday Coffee @ 9:30 AM (Wesley Hall)  
 Sept. 9<sup>th</sup> Ed Farris @ 1:00 PM (Wesley Hall)  
 Sept. 9<sup>th</sup> Kevin McFarland @ 3:00 PM (Wesley Hall)  
 Sept. 11<sup>th</sup> Veterans Group @ 10:00 AM (Parlor 203)  
 Sept. 13<sup>th</sup> Bingo @ 3:00 PM (Wesley Hall)

## Sports Section

### Kansas City Royals Games (Airs on Cox 34)

Aug. 18 <sup>th</sup>	VS Rangers	6:40 PM
Aug. 19 <sup>th</sup>	VS Rangers	6:40PM
Aug. 20 <sup>th</sup>	VS Rangers	6:40 PM
Aug. 21 <sup>st</sup>	VS White Tigers	1:10 PM
Aug. 22 <sup>nd</sup>	VS White Tigers	6:10 PM
Aug. 23 <sup>rd</sup>	VS White Tigers	5:10 PM



### Football Games

Aug. 22 <sup>nd</sup>	Chiefs VS Bears	7:20 PM WIBW
Aug. 23 <sup>rd</sup>	Kansas VS Fresno ST	5:30 PM FOX
Aug. 23 <sup>rd</sup>	Kansas ST VS Iowa	11:00 AM ESPN

### Upcoming Shopping Days

Sept. 11 <sup>th</sup>	House 2 Home
Sept. 25 <sup>th</sup>	Target

### Newsletter add ins

Email Tabbi at [tbaldwin@aldersgatevillage.org](mailto:tbaldwin@aldersgatevillage.org) or stop by her office and leave a note. Thanks

## This week's movie: Wednesday



As storm season intensifies, former storm chaser Kate Carter, drawn back to the open plains after a devastating encounter, and reckless social-media superstar Tyler Owens find their paths colliding when unprecedented phenomena are unleashed. The pair and their competing teams find themselves directly in the paths of multiple converging storm systems over central Oklahoma, fighting for their lives.

**Parlor 206 @  
6:00 PM**

**See you There!**



## WEEKLY PROGRAM

<b>MON 25<sup>TH</sup></b>		<b>CRAFT ROOM 8:30 AM TO 2 PM</b>		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	DONUTS & COFFEE \$		8:30AM	CRAFT ROOM
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	B/P CLINIC		11:00 AM	ROOM 226
	UPWORDS		1:30 PM	REC ROOM
	PAINTING		2:00 PM	CRAFT ROOM
	WORSHIP		4:00 PM	WESLEY HALL
<b>TUE. 26<sup>TH</sup></b>		<b>CRAFT ROOM 8:30 AM TO 3 PM</b>		
	COFFEE & CHAT		9:00 AM	CRAFT ROOM
	RESIDENT ASSEMBLY		9:30 AM	WESLEY HALL
	GOLF CART RIDES	SIGN-UP	9:00 AM TO 11:00 AM	MAIN LOBBY
	BIBLE STUDY		11:00 AM	PARLOR 206
	TAI CHI		1:00 PM	WESLEY HALL
	BRIDGE REFRESHER		2:00 PM	PARLOR 203
	ICE CREAM SOCIAL		2:00 PM	CRAFT ROOM
	MAH JONGG		2:00 PM	REC ROOM
	BRIDGE		6:00 PM	WESLEY HALL
<b>WED. 27<sup>TH</sup></b>		<b>CRAFT ROOM 8:30 AM TO 2 PM</b>		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	BISCUIT & GRAVY \$		8:30 AM	CRAFT ROOM
	OUT TO SHOP		12:45 PM	MAIN LOBBY
	RED CARPET		1:15 PM	WESLEY HALL
	PINOCHLE W/ JUDY		2:00 PM	PARLOR 203
	MOVIE & POPCORN	TWISTER	6:00 PM	PARLOR 206
<b>THUR. 28<sup>TH</sup></b>		<b>CRAFT ROOM 8:30 AM TO 3 PM</b>		
	DANISH & COFFEE \$		9:00 AM	CRAFT ROOM
	RUMMIKUB		1:00 PM	PARLOR 203
	UPWORDS		1:30 PM	REC ROOM
	BOOK CLUB		2:00 PM	PARLOR 206
	CARD MAKING W/ TABBI		2:00 PM	CRAFT ROOM
<b>FRI. 29<sup>TH</sup></b>		<b>CRAFT ROOM 8:30 AM TO 3 PM</b>		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	CINNAMON ROLLS \$		8:30 AM	CRAFT ROOM
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	PUZZLE GAMES		10:30 AM	MAIN LOBBY
	BRIDGE		1:00 PM	WESLEY HALL
	MATS 4 MISSION		1:00 PM	CRAFT ROOM
	MEXICAN TRAIN DOMINOS		3:30 PM	PARLOR 203
<b>SAT. 30<sup>TH</sup></b>		<b>LOU'S CLOSED</b>		
	COFFEE HOUR		9:15 AM	ESTHER PLACE
	BAJA RUMMY		1:00 PM	PARLOR 203
	YOGA W/ MISHA		2:00 PM	WESLEY HALL
<b>SUN. 31<sup>ST</sup></b>		<b>LOU'S CLOSED</b>		
	TRANSPORTATION TO SUSANNA WESLEY		9:00 AM	MAIN LOBBY
	AUDREY (SINGER)	ON VACATION	3:00 PM	MAIN LOBBY

# Weekly Menu

8/25/25 to 8/31/25

*Aldersgate Village*  
LIFE PLAN COMMUNITY

**MON**

## Lunch

### **Mediterranean Stew**

Turkey Bacon Ranch \$7.5  
Grilled turkey, bacon, choice of cheese and side

### **Beef Tacos \$8.5**

Seasoned beef on a tortilla with refried beans and corn

## Dinner

### **Ham and Cheese**

### **Croissant \$8.5**

Hot ham and cheese with choice of side

**TUE**

## Lunch

### **BBQ Lunch Buffet**

Grilled Cheeseburger or Hot Dog \$8.5  
Pasta Salad, Potato Chips, Baked Beans and Salad



## Dinner

### **Chicken Strip Meal**

**\$8.5**

Served with French fries, celery and carrots

**WED**

## Lunch

### **Chicken Tortilla Soup**

### **Beef Philly \$7.5**

Served with a choice of side item

### **Build a Pizza \$8.5**

Pizza with your choice of toppings or BBQ Chicken served with a tossed salad

## Dinner

### **Traditional Lasagna \$8.5**

Served with garlic bread and roasted broccoli

**THU**

## Lunch

### **Corn Chowder**

Strawberry Fields \$7.5  
Greens, strawberry, candied pecans, grilled chicken, Feta Cheese, balsamic vinaigrette

### **BBQ Smoked Chicken \$8.5**

Served with a baked sweet potato and coleslaw

## Dinner

### **Grilled Asian Pork \$8.5**

Served with fried rice, zucchini squash and peppers

**FRI**

## Lunch

### **Vegetable Soup**

Chicken Sandwich \$7.5  
Breaded, Fried Chicken, on a roll with choice of side

### **Pesto Crusted Pollock \$8.5**

Roast pollock, buttered potatoes and edamame succotash

## Dinner

### **Burger Night \$8.5**

Hamburger, choice of toppings served with one side

**SAT**

## Lunch

### **Wisconsin Cheese Soup**

### **Grilled Cheese \$7.5**

Grilled with American cheese with choice of side

### **Chicken Piccata \$8.5**

Classic dish with buttered noodles and yellow squash

## Dinner

### **Grilled Chicken Caesar**

### **Salad \$8.5**

Served with a dinner roll and butter



**\$10**

## **JOIN US FOR OUR SUNDAY BUFFET**

Fresh Salads and Desserts included

- Roasted Beef
- Pork Carnitas
- Mashed Potatoes and Gravy
- Dinner Roll
- Creamed Peas
- Lime Rice

**HOURS:**

Lunch  
Monday - Saturday 11am - 1:30pm  
Dinner  
Monday - Saturday 4:45 pm - 6:30 pm  
Sunday 11:30 am-1:30 pm

**CONTACT:**

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(785) 478-9440 ext.4772