



July
21st - 27th
2025

Aldersgate Village

LIFE PLAN COMMUNITY

Independent Living

Weekly News

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Wheatland Pest Control
Friday, July 25th, 9:00 AM - 12:00 PM: This week is **Maintenance Shed, Bus Barn, and add-ons.** See Concierge or call 785-506-5959, if you need to be added.

Resident Assembly
Join us on **July 22nd @ 9:30 AM** in **Welsey Hall** to hear all the updates firsthand.

Ice Cream Social
July 22nd @ 2:00 PM **Lou's Place.** Join us for Brownie Alamode's for just a \$1.50.

Topeka Big Band
July 22nd @ 5:30 PM in **Wesley Hall.** Join us for an evening of mesmerizing music that will leave you smiling and craving more!

Recycle Bags
Just a reminder that we sell blue recycle bags, by the box or individual bags, in Lou's Place.



Out to Shop
Wednesday, July 23rd, we will head to **Kohl's/Barnes & Noble.** We will load the bus @ 12:45 PM in main lobby and return @ 3:00 PM. Sign up at the front desk.

Teaching Kitchen (Berries)
July 23rd @ 3:00 PM in **Esther's** Come learn more about berries and their benefits to healthy living.

Ric & Jeanne Averill Players (Vocal Music) **July 23rd @ 10:30 AM** in **Wesley Hall.** Join us for an unforgettable morning where our talented family and friends will transport you back in time with some toe-tapping tunes. Expect smiles, laughter, a whole lot of fun as you groove to the music.

Golf Cart Rides
Tuesday, July 29th, 9:00 AM – 11:00 AM. Take a ride around our beautiful campus ponds. Sign up at the front desk.



Trivia Question:

In the summer heat, the iron in France's Eiffel Tower expands, making the tower grow more than 6 inches.

Is this statement True or False?

Answer:

True

✓ **TRUE**

✗ **FALSE**

This Weeks Trivia Question:

When camping, what name is given to the process of assembling a tent?

Quick Reference Phone Number:

Concierge Services

(785)506-5959

Resident Servies

(785)845-5306

Security

(785)221-6960

Esther's Dinning

(785)478-9440

Ext. 4772

To Schedule

Transportation

(785)506-5959

8 AM-5 PM/ M-F

Movie Changes

Starting this week, we're bringing back the beloved **Saturday Afternoon Movie** tradition!

Join us for an unforgettable cinematic experience:

- **Wednesday Evenings @ 6:00 P. M.**
- **Saturday Afternoons @ 3:30 P.M.**

Location: Parlor 206

Bring your friends along, savor some tasty snacks, and get cozy for an amazing movie.

We'd love to hear your movie suggestions too!

Shawnee County Sheriff's Department

July 30th @ 1:00 PM in Wesley Hall.

Cool off, Treat Yourself, and Stay Informed!

Join us for a refreshing break from the heat with a delicious, sweet treats and cold beverages! While you relax, hear directly from the Sheriff's Department about personal safety and security for our Aldersgate Village community-including the latest scams you need to know about. Don't miss this engaging and informative event!

Location Changes

In the first week of August, we will be making some adjustments to align with other scheduled events. Please keep an eye on the weekly schedule for these changes.

Thank you

Thank you to all my Aldersgate friends for my good wishes and cards on my b-day. *Judy Bennett*

Library News

The family of our late Virginia Conrad has donated to our library several books in the "No. 1 Ladies Detective Agency" series. They are about a traditional built Botswana lady who has decided to fix people problems.

You will find them on the shelf behind the desk. Try them out and see what you think. *Judy Corbett*

DMV

July 31st from 9:00 AM – 2:00 PM in Parlor 206.

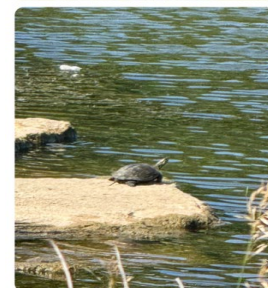
Need to Renew Your Driver's License or Real ID?

Take advantage of this convenient opportunity to renew without the long wait at the DMV. Limited appointments are still available. Please visit the front desk to sign up.

Campus Snapshoots

A shoutout to our Tuesday morning Golf Cart Riders for some wonderful moments in nature!

- **Ione Humphery** and her family paused to admire a turtle basking the sun.
- **Babara Spielman** caught a flurry of purple martins swooping and landing at the castle house.
- **Marilyn Arnone** spotted a majestic blue heron attempting to catch its lunch.





Bonnie DeDonder- 21st
 Bob Thomas- 21st
 Joan Arterburn- 23rd
 Marilyn Ervin- 23rd
 Marilyn Arnone- 26th
 Chuck Hale- 26th

This Week's Featured Events

Cookies Social: Monday-Friday @ 1:30 PM- 3:00 PM
 July 22nd Resident Assembly @ 9:30 AM (Welsey Hall)
 July 22nd Brownie Alamode/Ice Cream Social @ 2:00 PM (Lou's)
 July 22nd Topeka Big Band @ 5:30 PM (Wesley Hall)
 July 23rd @ 10:30 AM Ric & Jeanne Averill
 (Music) (Wesley Hall)
 July 23rd @ 3:00 PM Teaching Kitchen (Berries) (Esther's)
 July 24th Book Club @ 2:00 PM (Parlor 206)
 July 25th Happy Hour @ 2:00 PM (Esther's Place)
 July 26th NO Yoga @ 2:00 PM

Upcoming Events

July 30th Shawnee County Sheriff Department @ 1:00 PM
 (Wesley Hall)
 July 31st DMV from 9:00 AM to 2:00 PM (Parlor 206)
 Aug. 2nd No Yoga
 Aug. 6th Ed Holm (Vocal Music) @ 2:00 PM (Wesley Hall)
 Aug. 9th Bingo @ 3:00 PM (Wesley Hall)

Kansas City Royals Games (Airs on Cox 34)

July 21 st	VS Cubs	7:05 PM
July 22 nd	VS Cubs	7:05 PM
July 23 rd	VS Cubs	1:20 PM
July 25 th	VS Guardians	7:10 PM
July 26 th	VS Guardians	6:15 PM
July 27 th	VS Guardians	1:10 PM

Upcoming Shopping Days

Aug. 13 th	God's Store House on 29 th ST.
Aug. 27 th	Michael's

Newsletter add ins

Email Tabbi at tbaldwin@aldersgatevillage.org or stop by her office and leave a note, Thanks

This Week's Movie Showings are:

Parlor 206

Wednesday Night

@ 6:00 PM

Legally Blonde



Starring: Reese Witherspoon. Elle, a sorority girl who enrolls at Harvard Law School to win back her ex-boyfriend, Warner. Along the way, she overcomes stereotypes against blondes and triumphs as a successful lawyer. Elle discovers how her knowledge of law can help others and successfully defends exercise queen Brooke in a murder trial.

Saturday Movie

@ 3:30 PM

13 Going on 30



Starring: Jennifer Garner & Mark Ruffalo. Jenna, an unpopular 13 yr old girl, makes a wish on her birthday to be "thirty, flirty, and thriving."

Miraculously, she wakes up the next day 30 yr old women.

Weekly Program

MON 21 ST		LOU'S PLACE 8:30 AM TO 2 PM		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	DONUTS & COFFEE \$		8:30AM	LOU'S PLACE
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	GRIEF & LOSS GROUP		1:00 PM	PARLOR 203
	UPWORDS		1:30 PM	REC ROOM
	PAINTING		2:00 PM	CRAFT ROOM
	WORSHIP		4:00 PM	WESLEY HALL
TUE. 22 ND		LOU'S PLACE 8:30 AM TO 3 PM		
	COFFEE & CHAT		9:00 AM	LOU'S PLACE
	GOLF CART RIDES	SIGN-UP	9:00 AM TO 11:00 AM	MAIN LOBBY
	RESIDENT ASSEMBLY		9:30 AM	WESLEY HALL
	BIBLE STUDY		11:00 AM	PARLOR 206
	TAI CHI		1:00 PM	WESLEY HALL
	BRIDGE REFRESHER		2:00 PM	PARLOR 203
	ICE CREAM SOCIAL	BROWNIE ALAMODE	2:00 PM	LOU'S PLACE
	MAH JONGG		3:00 PM	REC ROOM
	TOPEKA BIG BAND		5:30 PM	WESLEY HALL
	BRIDGE		6:00 PM	PARLOR 203
WED. 23 RD		LOU'S PLACE 8:30 AM TO 2 PM		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	BISCUIT & GRAVY \$		8:30 AM	LOU'S PLACE
	RIC & JEANNE AVERILL	VOCAL MUSIC	10:30 AM	WESLEY HALL
	OUT TO SHOP	KOHL'S/BARNES & NOBLE	12:45 PM	MAIN LOBBY
	PINOCHLE W/ JUDY	CANCELLED	2:00 PM	PARLOR 206
	TEACHING KITCHEN	BERRIES	3:00 PM	ESTHER'S PLACE
	MOVIE & POPCORN	LEGALLY BLONDE	6:00 PM	PARLOR 206
THUR. 24 TH		LOU'S PLACE 8:30 AM TO 3 PM		
	DANISH & COFFEE \$		9:00 AM	LOU'S PLACE
	RUMMIKUB		1:00 PM	PARLOR 203
	UPWORDS		1:30 PM	REC ROOM
	BOOK CLUB		2:00 PM	PARLOR 206
	CARD MAKING W/ TABBI		3:00 PM	CRAFT ROOM
FRI. 25 TH		LOU'S PLACE 8:30 AM TO 3 PM		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	CINNAMON ROLLS \$		8:30 AM	LOU'S PLACE
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	PUZZLE GAMES		10:30 AM	MAIN LOBBY
	BRIDGE		1:00 PM	WESLEY HALL
	MATS 4 MISSION		1:00 PM	CRAFT ROOM
	HAPPY HOUR		2:00 PM	ESTHER'S PLACE
	MEXICAN TRAIN DOMINOS		3:30 PM	PARLOR 203
SAT. 26 TH		LOU'S PLACE CLOSED		
	COFFEE HOUR		9:15 AM	ESTHER PLACE
	BAJA RUMMY		1:00 PM	PARLOR 203
	YOGA W/ MISHA	CANCELLED	2:00 PM	FITNESS ROOM
	SATURDAY MOVIE	13 GOING ON 30	3:30 PM	PARLOR 206
SUN. 27 TH		LOU'S PLACE CLOSED		
	TRANSPORTATION TO SUSANNA WESLEY		9:00 AM	MAIN LOBBY
	AUDREY (SINGER)		3:00 PM	MAIN LOBBY

Weekly Menu

7-21-25 to 7-27-25

Aldersgate Village
LIFE PLAN COMMUNITY

MON

Lunch

Chicken Noodle Soup

Chicken Ceasar Wrap \$7.5
Grilled chicken, lettuce,
tomato, parmesan served with
one side

Chicken Tenders \$8.5
Served with one side item

Dinner

Meatloaf \$8.5
Served with mashed potatoes
and green beans

THU

Lunch

Beef Vegetable Soup

Turkey Ranch Sub \$7.5
Classic sub with one side item

**Spaghetti with Meatballs
\$8.5**

Seasoned beef in a savory
red sauce with a bread stick
and vegetable blend

Dinner

Breakfast Bar \$8.5
Assorted breakfast entrees
and sides

TUE

Lunch

Tomato Soup

Grilled Cheese \$7.5
Choice of bread with
American cheese and one
side item

Sweet & Sour Pork \$8.5
Served with fried rice and
Asian blend vegetables

Dinner

Taco Tuesday \$8.5
Beef soft shell. Served
with rice and beans

WED

Lunch

Baked Potato Soup

Tuna Salad \$7.5
Served on a soft baked
croissant with choice of
side

Build a Pizza \$8.5
Your choice of topping or
Veggie Pizza with a
tossed salad

Dinner

Chicken Oscar \$8.5
Served with hollandaise
sauce, garlic potatoes and
asparagus

FRI

Lunch

White Chicken Chili

Pulled Pork Sandwich \$7.5
House smoked pork with BBQ
sauce on a bun with one side
item

Fish and Chips \$8.5
Classic breaded fish and fries

Dinner

Burger Night \$8.5
Served with your choice of
side

SAT

Lunch

Vegetable Orzo Soup

Ruben Sandwich \$7.5
Grilled to order with choice of
side

Baked Chicken \$8.5
Tender chicken served with
mashed potatoes, gravy and
Peas

Dinner

Sloppy Joe \$8.5
Served with your choice of
side.

\$10

JOIN US FOR OUR BUFFET

“Fresh Salads and dessert included”

- Swiss Steak
- Chicken Fried Chicken
- Dinner Roll

- Mashed Potatoes
- Green Beans
- Assorted Desserts

HOURS:

Lunch

Monday - Saturday 11am – 1:30pm

Dinner

Monday - Saturday 4:45 pm – 6:30 pm

Sunday 11:30 am-1:30 pm

CONTACT:

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