# Aldersgate Village

## Independent Living Weekly News

Wheatland Pest Control Thanksgiving Schedule There will be No Pest Control on November 28th. They will come twice the next week. Wednesday, December 3<sup>rd</sup> will be Ingleside, Friday, December 5th will be Bayswater, Home Plus & add-ons 9:00 AM - 12:00 PM: Please contact the Concierge at 785-506-5959 or visit in person if you need to be added. Kindly notify the Concierge no later than Thursday at noon.

**Kick Off Your Holiday** Week with a Sweet Celebration! November 25th @ 2:00 PM in Lou's Place. What better way to start the festivities than with Ice Cream Sundaes piled high with all your favorite toppings? We're talking gooey hot fudge, rainbow sprinkles, whipped cream swirls, crunchy nuts, juicy cherries, and more! For the best price in town \$2.00.

Out to Shop

Wednesday, November 26th, we will head to Hobby Lobby. P/U @ 12:45 PM. Return around 3:00 PM. With the holiday season approaching, if you have any shopping destinations in mind, please share them.

Lou's Place
The ice cream machine
will be unavailable on
Wednesday, November
26th.

Lou's Place will be closed on Thursday, November 27th and Friday, November 28th. Regular operations at Lou's Place will resume on Monday, December 1st. Thank you for your understanding!

Transportation
There will be NO
transportation services
on November 27<sup>th</sup> and
28<sup>th</sup>. Please make
alternative arrangements
for your transportation
needs during these dates.

Resident Assembly November 25th @ 9:30 Am in Wesley Hall Why come?

- Connect with your community
- Share ideas and feedback
- Learn about upcoming events and initiative

CEO Christmas Party RSVP Today!

Don't miss out on this festive celebration! If you haven't RSVP'd yet and plan to attend, please do so soon. RSVPs are accepted Monday through Friday, 9:00 AM - 5:00 PM.

We're excited to celebrate the season together and look forward to seeing you there!

**Grocery Orders** 

The grocery order will be placed on Wednesday, November 26<sup>th</sup>, and delivery is scheduled for Friday, November 28<sup>th</sup>.

Thank you,
Linda Grother,
for your
beautiful
photo of pond
with ducks on
it.



When Weather Meets Wildlife: Nature's Comedy Show!"

- **Squirrels in November:** "Do I hoard nuts or grab sunglasses?!"
- Birds: Flying south... then north... then south again. They're basically indecisive tourists.

  Flike Mother Nature is bosting a game show called.

It's like Mother Nature is hosting a game show called 'Guess the Season!' and every creature is a contestant. Spoiler: Nobody wins.



#### **Trivia Question:**

What meat was NOT served at the first Thanksgiving celebration?

**Answer:** Turkey



This Week's Trivia Question: How many turkeys are prepared for Thanksgiving in America each year?

#### Cair Paravel Madrigal Singers & Christmas Cookies

Dec 2<sup>nd</sup> @ 2:00 PM in Wesley Hall
Celebrate the holiday season with festive music and sweet treats! Enjoy the enchanting harmonies of the Cair Paravel Madrigal Singers while savoring delicious Christmas cookies in a warm and joyful setting.

New Theatre & Restaurant "Nobody's Prefect" December 3<sup>rd</sup> Pick-Up @ 9:30 AM in Main Lobby Sold Out- please join our wait list.

Join us for a delightful day of live theatre, dining, and fun! \$55 includes your show ticket, buffet meal, and transportation.

KNI Poinsettias Sales
December 5<sup>th</sup> from 10:00
AM to 2:00 PM. Outside
Esther Place.

Thank you

Thank you all for the wonderful birthday cards! Your kind wishes truly made my day special.

Eldana Travis

Susie Lewis & Zane Anderson are taking the stage for a Duo Piano Concert

December 5th @ 4:00 PM in Location: Wesley Hall Join us for an afternoon of breathtaking piano mastery as these two phenomenal artists bring harmony, energy, and elegance to the keys. Whether you're a classical music lover or just looking for a soulstirring escape, this concert will leave you inspired and uplifted.

Avoid & Protect Yourself from Scams and Frauds Presented by Jared Holroyd and Roger Aeschilman December 9th @ 2:30 PM in Wesley Hall.
Join us to learn effective ways to safeguard against fraud.

Homemade Cards
New Location! Our
beautiful, handcrafted
cards are now at Lou's
Place. Looking for the
perfect Christmas cards?
Stop by and explore our
unique holiday designs!

Topeka Big Band Holiday Bash
December 9th @ 5:30 PM in Wesley Hall
Swing into the season with festive jazz that'll make your spirits soar!
Don't miss this toe-tapping celebration!

Laudate Ringers Concert December 10<sup>th</sup> @ 7:00 PM P/U 6:00 PM.

Join us for an unforgettable evening of shimmering bells, festive melodies, and holiday spirit as the Laudate Ringers bring their brilliance to the stage! Whether you're a longtime fan or new to the magic of handbell music, this concert promises to lift your heart and light up your season. Sign up at front desk. Free Admission, Standard

Add some holiday sparkle to your day! Washburn Rural Jazz Band brings the Christmas vibes December 12 @ 10:00 AM in Wesley Hall.

transportation fee will

apply.

Wednesday Afternoon Movie 3:00 PM Parlor 206



Nonna's: As he grieves the passing of his mother, Joe Scaravella reminisces about his childhood in 1970s Brooklyn when his mother Maria and Nonna would be in the kitchen cooking for friends and family. He remembers what they taught him and recreates all of the dishes they used to make, though he cannot seem to pin down his Nonna's Sunday gravy. (Based on a true story. The restaurant is still around.)

#### This Week's Featured Events

Cookies Social: Monday-Friday @ 1:30 PM- 3:00 PM (Main Lobby)

Nov. 25<sup>th</sup> Resident Assembly @ 9:30 AM (Wesley Hall)
Nov. 26<sup>th</sup> and 28<sup>th</sup> No Exercise Group
Nov. 27<sup>th</sup> and 28<sup>th</sup> Lou's Place is CLOSED
Nov. 27<sup>th</sup> HAPPY THANKSGIVING
Nov. 27<sup>th</sup> & 28<sup>th</sup> Lou's Place Closed
Nov. 28<sup>th</sup> NO Exercise Groups

#### **Upcoming Events**

Dec. 2nd CPLS Madrigal @ 2:00 PM (Wesley Hall)

Dec. 3<sup>rd</sup> New Theatre & Restaurant (Nobody's Prefect) P/U 9:30 (Main Lobby) Dec. 5<sup>th</sup> KNI Poinsettia Sales from 10:00 AM-2:00 PM (Outside Esther's Place) Dec. 5<sup>th</sup> Susie Lewis & Zane Anderson @ 4:00 PM (Wesley Hall)

Dec. 9th Scams and Fraud by Jared Holroyd & Roger Aeschilman with

Core-First Bank@ 2:30 PM (Wesley Hall)

Dec. 9<sup>th</sup> Topeka Big Band @ 5:30 PM (Wesley Hall)
Dec. 10<sup>th</sup> Laudate Ringers Concert @ 7:00 PM P/U @ 6:00 PM (Main Lobby)

Dec. 10th and 12th No Exercise Group

Dec. 11th CEO Christmas Party

Dec. 12th Nutcracker P/U @ 9:00 AM (Main Lobby)

Dec. 12th Washburn Rural Jazz Band @ 10:00 AM (Welsey Hall)



Connie Laughon- 24<sup>th</sup> Paul Pretsch- 24<sup>th</sup> Norm Klocke- 27<sup>th</sup> Becky Mathers- 28<sup>th</sup> Kitty Birney- 29<sup>th</sup>

<b>Upcoming Shopping Days</b>			
Dec. 10th	Home Goods/		
	Mardel Christian &		
	Education		
Dec.24th	No out to shop		
Jan. 7 <sup>th</sup>	Kohl's & Barnes		
	and Noble		

Reminder: Trash pickup will be Wednesday, Nov. 26 (day before Thanksgiving).



Glenn & Kandi Wells 7218 SW Rogers Rd

Vernon & Marilyn Brown Ingleside 205

Football Games				
Νου. 27 <sup>th</sup>	Chiefs VS Cowboys	3:30 PM CBS		
Νου. 28 <sup>th</sup>	Kansas VS Utah	11:00 AM ESPN		
Νου. 29 <sup>th</sup>	Kansas ST. VS Colorado	ТВА		
Dec. 7 <sup>th</sup>	Chiefs VS Texans	7:20 PM NBC		

#### **Newsletter Additions**

Email Tabbi at tbaldwin@aldersgatevillage.org or stop by her office and leave a note.

Lou's I	DI ACE: TUIS WEEKS I	WEEKLY PROGRAM CE CREAM FLAVOR: VANILI	LA MON. & TUES. C	BEN TO CLOSE
Mon. 24 <sup>TH</sup>	TLACE. THIS WEEKS	Lou's- 8:30 AM to 3 PM	LA MION. & TUES. C	PEN 10 CLUSE
WON. 24	Exercise	200 3-0.30 AM 10 31 M	8:30 AM & 10:00 AM	Wesley Hall
	DONUTS \$		8:30AM	Lou's Place
	Van Service \$		9:00 AM & 10:30 AM	MAIN LOBBY
	B/P CLINIC		10:30 AM	OFFICE 226
	UPWARDS		1:30 PM	REC ROOM
	PAINTING		2:00 PM	CRAFT ROOM
	Worship		4:00 PM	WESLEY HALL
TUE. 25 <sup>TH</sup>	VVORSHIP	Lou's - 8:30 AM to 3 PM	4.00 F W	VVESLETTIALL
1 UE. 23	COFFEE & CHAT	LOU 9 - 8.30 AIVI 10 3 FIVI	8:30 AM	Lou's Place
	RESIDENT ASSEMBLY		9:30 AM	WESLEY HALL
			11:00 AM	PARLOR 206
	BIBLE STUDY TAI CHI		1:00 AW	Wesley Hall
		Cion un Dy Main El Evazon		_
	BRIDGE REFRESHER	SIGN-UP BY MAIN ELEVATOR	1:30 PM	PARLOR 203
	ICE CREAM SOCIAL \$	ICE CREAM SUNDAES	2:00 PM	Lou's Place
	MAH JONGG		2:00 PM	REC ROOM
ar cotu	BRIDGE		6:00 PM	WESLEY HALL
<b>W</b> ED. <b>26</b> <sup>™</sup>	_	Lou's- 8:30 AM to 2 PM		
	EXERCISE	CANCELED	8:30 AM & 10:00 AM	WESLEY HALL
	BISCUIT & GRAVY \$		8:30 AM	Lou's Place
	Оит То Ѕнор	Новву Совву	12:45 PM	MAIN LOBBY
	Ping-Pong		1:00 PM	REC ROOM
	Рітсн		3:00 PM	REC ROOM
	PINOCHLE W/ JUDY		2:00 PM	Parlor 203
	PAINTING/CARD MAKING		3:00 PM	CRAFT ROOM
	MOVIE & POPCORN	NONNA'S	3:00 PM	Parlor 206
Thur. 27 <sup>™</sup>		Lou's-CLOSED		
	<del>Danish \$</del>	080	9:00 AM	Lou's Place
	Yoga with Brenda		10:30 AM	CRAFT ROOM
	RUMMIKUB		1:00 PM	PARLOR 203
	<del>UPWARDS</del>	Harry Theologicies	1:30 PM	REC ROOM
	CARD MAKING	Happy Thanksgiving	3:00 PM	CRAFT ROOM
FRI. 28 <sup>™</sup>		Lou's- CLOSED		
	EXERCISE	CANCELED	8:30 AM & 10:00 AM	WESLEY HALL
	CINNAMON ROLLS \$	CLOSED	8:30 AM	Lou's Place
	Van Service \$	CANCELED	9:00 AM & 10:30 AM	MAIN LOBBY
	BRIDGE	CANCELED	1:00 PM	WESLEY HALL
	MEXICAN TRAIN DOMINOS		3:00 PM	Parlor 203
SAT. 29 <sup>TH</sup>		Lou's Closed		
	COFFEE HOUR		9:15 AM	ESTHER PLACE
	BAJA RUMMY		1:00 PM	PARLOR 203
	YOGA WITH MISHA		2:00 PM	WESLEY HALL
SUN. 30 <sup>TH</sup>		Lou's Closed		
	TRANSPORTATION TO SUSANN		9:00 AM	MAIN LOBBY
	Рітсн		2:00 PM	REC ROOM
	AUDREY VOCAL MUSIC		3:00 PM	MAIN LOBBY

Subject to Change at anytime

Weekly Menu Aldersgate Village LIFE PLAN COMMUNI

11/24/25 to 11/30/25



## Lunch

House Made Chili

Hot Dog on a Bun \$7.5 Our grilled hot dog on a wheat bun served with one side Crispy Chicken Sandwich \$8.5

Battered and fried chicken breast topped with your choice of cheese and pickles served with one side

#### Dinner

#### Chicken Ala King \$8.5

Creamy chicken and vegetables over a golden biscuit with Zucchini

TUE

#### Lunch

#### Creamy Lentil Soup

Ham Salad Croissant \$7.5 Served with a choice of side

#### Open Faced Turkey Sandwich \$8.5

Sliced turkey, mashed potatoes & gravy on Texas toast with green beans

#### Dinner

#### Lemon Pepper Chicken \$8.5

Seasoned 8 cut chicken served with baked potato and buttered peas

WED

#### Lunch

### Cheeseburger Soup

Roast Beef & Cheddar Sandwich \$7.5

Slow roasted beef served cold on wheat bread with one side

Hunter's Chicken \$12

8 oz. Airline chicken breast served with a hunter's sauce whipped potatoes & fresh green beans

#### Dinner

Tacos Al Pastor \$8.5 Slow cooked pork in 2 flour tortillas with refried beans & Spanish rice

THU

#### Lunch

#### Thanksgiving Buffet \$20

Turkey Glazed Ham Mashed Potatoes Turkey Gravy Home-Style Stuffing Candied Yams Rolls & Butter Cranberry Jelly Pumpkin, Pecan or Apple Pie

FRI

#### Lunch

#### Turkey Noodle Soup

Reuben \$7.5

Traditional corned beef sandwich served with one side

Chicken Terivaki \$8.5 Sweet & savory chicken served with vegetable lo mein & stir-fried vegetables

#### Dinner

Balsamic Pork Loin \$8.5 Marinated pork loin roasted and sliced served with roasted potatoes and mixed veggies

SAT

#### Lunch

#### Ham & Split Pea Soup

Frisco Melt \$7.5

Our 4 oz. burger on grilled sourdough bread topped with bacon and swiss served with a choice of side

Bangers & Mashed \$8.5 Grilled sausage served with mashed potatoes & peas au

gratin Dinner

BBQ Brisket \$8.5 Served with mac & cheese and baked beans

\$10

#### JOIN US FOR OUR SUNDAY BUFFET

Fresh Salads and Desserts included

- Country Fried Steak
- Mashed Potatoes & Cream Gravy
- Dinner Rolls

- Chicken Marsala
- Broccoli
- Brussels Sprouts

HOURS:

<u>Lunch</u> Monday - Saturday

Dinner

Monday - Saturday Sunday

4:45 pm - 6:30 pm 11:30 am-1:30 pm

11am - 1:30pm

CONTACT:

Matt Mitzel

MatthewMitzel@morrisonliving.com

(785) 478-9440 ext.4772