

COMMUNITY NEWS

INDEPENDENT LIVING

OCTOBER 26 - NOVEMBER 1, 2026



Friday, November 6

2027 Medicare Information

Sign up to discuss your 2027 Medicare options with a Jayhawk Area Agency representative. Additional information will be available at the Front Desk. **Appointment times are limited, so reserve your spot by contacting the Front Desk.**

Employee Christmas Fund

The **Employee Christmas Fund** is now open, checks can be placed in the black box located at the front desk.

Thank you for sharing in the **JOY of GIVING** this season.



CALLING ALL BIRD LOVERS

The **Seaman Middle School 8th grade Woodshop** has graciously donated handmade birdhouses for our residents to enjoy. Beginning **Monday, October 26**, stop by the **Craft Room at 1:00 p.m.** to claim a birdhouse and personalize it with paint or decorations. **Supplies are limited, so be sure to come early!**



Upcoming EVENTS

Vaughn Cowden

The One Man Show

Monday, Oct. 26th

2:00 PM

Wesley Hall



Resident's Assembly

Tuesday, Oct. 27th

9:30 AM

Wesley Hall



Out to Eat

Wednesday, Oct. 28th

10:30 AM

departing Manchester



Trick or Treat Event

Thursday, Oct. 29th

5:30 PM

Wesley Hall

Costume Party

Friday, Oct. 30th

2:00 PM

Esther's Place



Weekly Schedule of Events

Monday, October 26, 2026

Morning

8:30 AM Exercise @ Wesley Hall
10:00 AM Exercise @ Wesley Hall

Afternoon

1:00 PM Birdhouses @ Craft Room
1:15 PM Upwards @ Rec Room
2:00 PM Pitch @ Parlor 203
2:00 PM Vaugh Cowden Show @ Wesley Hall
4:00 PM Worship @ Wesley Hall

Tuesday, October 27, 2026

Morning

9:30 AM Resident Assembly @ Wesley Hall
10:15 AM Scenic Tour @ Manchester lobby
11:00 AM Bible Study @ Parlor 206

Afternoon

1:00 PM Tai Chi @ Wesley Hall
2:00 PM Bridge Refresher @ Parlor 203
2:00 PM Mah Jong @ Rec Room
2:30 PM Curiosity University @ Wesley Hall
6:00 PM Bridge @ Parlor 203

Wednesday, October 28, 2026

Morning

8:30 AM Exercise @ Wesley Hall
10:00 AM Exercise @ Wesley Hall
10:30 AM Vikings Grille Trip @ Manchester

Afternoon

1:00 PM Ping Pong @ Rec Room
2:00 PM Pinochle @ Parlor 206
2:30 PM Cardio Drumming @ Craft Room

Thursday, October 29, 2026

Morning

9:00 AM Dillons bus outing...\$\$\$
10:30 AM Yoga @ Craft Room

Afternoon

1:00 PM Rummikub @ Library
1:00 PM Baja Rummy @ Esther's Place
1:15 PM Upward @ Rec Room
1:00 PM Exercise @ Craft Room
2:00 PM Card Making @ Craft Room
5:30 PM Trick or Treat Event @ Wesley Hall

Friday, October 30, 2026

Morning

8:30 AM Exercise @ Wesley Hall
10:00 AM Exercise @ Wesley Hall

Afternoon

1:00 PM Bridge @ Parlor 203
2:00 PM Costume Party @ Esther's Place
3:00 PM Mexican Dominos @ Parlor 206

Saturday, October 31, 2026

Morning

9:15 AM Coffee @ Esther's Place

Afternoon

12:30 PM Bunco @ Parlor 206
1:00 PM Baja Rummy @ Parlor 203



Celebrating this week...

Oct. 26th- Stan Teeter

Oct. 27th- Deanna Thomas

Thank you

I would like to thank all of our amazing resident volunteers, your hard work and dedication is truly appreciated.



Leslie Scheier



TUESDAY, OCT. 27TH 2:00 PM WESLEY HALL



Salem Witch Trials:

What Really Happened, and Why?

Join University of Maryland historian, Dr. Richard Bell, for a deep dive into witch-hunting in early America



PEST CONTROL
INGLESIDE



SEND HOLIDAY CHEER TO A SOLDIER OVER SEAS



Each card should be in an envelope that says: **Dear Soldier** (non-gender please)

Inside write a holiday note: **Greetings from Topeka, KS. Thank you for your service.**

& anything else you'd like to write with the ending of **Happy Holidays.**

Please deliver your cards to

Linda Holmquist by **October 30th**

For your convenience, you may drop your holiday cards at the Manchester front desk.

Lou's Place Daily Specials

Monday: Danish - \$1.25

Wednesday: Biscuits & Gravy - \$2.00

Thursday: Danish - \$1.25

Friday: Cinnamon Roll - \$1.25

Daily (Mon-Fri): Ice Cream - \$1.00/\$2.00



CALLING ALL GHOST & GHOULES

JOIN US FOR A **FabBooious** PARTY!

Friday, Oct. 30th

2:00 PM - Esther's Place

Costumes are encouraged



The Chaplain's Corner

The Rest Is Commentary

Matthew 22:34-46



Jesus' teaching here is simple, perhaps deceptively so. "Love God. Love your neighbor as yourself. On these two commandments hang all the Law and the Prophets." So true. And yet, learning to love takes a lifetime of study and practice.

Weekly Menu



10/26/26 – 11/1/26

MON

Lunch

Turkey Noodle Soup
Quiche Florentine \$7.5
Savory Custard Pie with Spinach & Swiss, Served with Side Salad.

Chicken Etouffee \$8.5
Chicken thigh with peppers and onions in a Cajun sauce, served with seasoned rice, Succotash & Cornbread.

Dinner

Beef Stroganoff \$8.5
Beef tips in a rich brown gravy, served with egg noodles & Roasted Mushrooms.

TUE

Lunch

Cream of Mushroom Soup
Breaded Chicken Sandwich \$7.5
Served on a Toasted Bun with Lettuce & Tomato a choice of side

Cranberry Pork Loin \$8.5
Roasted pork loin with Cranberry Glaze, served with Apple Stuffing & roasted Brussel Sprouts.

Dinner

Crab Cakes \$8.5
Served with Lemon Caper Remoulade, Sweet Potato Fries & Corn Relish.

WED

Lunch

Minestrone Soup
BLT \$7.5

Toasted Wheat Bread with Bacon, Lettuce, Tomato & Mayonnaise, Served with Choice of Side.

Parmesan Crusted Tilapia \$8.5
Served with Tri-Color Rotini Pasta, Buttered Carrots & Breadstick.

Dinner

Lemon Chicken \$8.5
Boneless thigh meat with Lemon & Herbs, Served with Wild Rice & Creamed Peas.

THU

Lunch

Broccoli Cheddar Soup
Hot Ham & Cheese \$7.5
Served on a Croissant with Choice of Side.

Grilled Bratwurst \$8.5
Served on a Bun with Warm Dijon Potato Salad & Braised Cabbage.

Dinner

Turkey Reuben \$8.5
Grilled Sandwich on Rye Bread, with Swiss Cheese, Sauerkraut & 1000 Island Dressing, Served with Tater Tots & Carrot & Celery Sticks.

FRI

Lunch

Navy Bean Soup
"MUMMY" Dog \$7.5
Beef Frank Wrapped with Pastry, Served with MONSTER Mac & Cheese & WITCHES Trees.

BLODDY FINGERS \$8.5
Buffalo Chicken Tenders, Served with BONE fries and STICKY Corn.

Dinner

Stuffed Bell Pepper \$8.5
Filled with Ground Beef & Rice, Topped with Tomato Sauce, Served with White Rice and Italian Green Beans.

SAT

Lunch

Stuffed Baked Potato Soup
Garden Chicken Salad \$7.5

Chopped Lettuce with Tomato, Cheese, Onion, Cucumber, Egg & Grilled Chicken

Meatloaf \$8.5
Traditional Meatloaf Served with Mashed Potatoes, Country Style Green Beans & Brown Gravy.

Dinner

Roast Turkey Breast \$8.5
Served Open-Faced on Texas Toast with Mashed Potatoes, Steamed Broccoli & Turkey Gravy.

\$10

JOIN US FOR OUR SUNDAY BUFFET

"Fresh Salads and Desserts included"

- | | | |
|-------------------------|--------------------|--------------------|
| - Roasted Turkey Breast | - Mashed Potatoes | - Mixed Vegetables |
| - Popcorn Shrimp | - Turkey Gravy | - Dinner Rolls |
| - Rice Pilaf | - Steamed Broccoli | |

HOURS:

Lunch

Monday - Saturday 11am – 1:30pm

Dinner

Monday - Saturday 4:45 pm – 6:30 pm

Sunday

11:30 am-1:30 pm

CONTACT:

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