

October 13th– 19th, 2025 Independent Living Weekly News

Wheatland Pest Control
Friday, October 17th, 9:00 AM – 12:00 PM: This week is **Oxford Road, and Add-ons.** Please contact the Concierge at 785-506-5959 or visit in person if you need to be added. Kindly notify the Concierge no later than Thursday at noon.

Topeka Festival Singer
October 13th P/U 6:00 PM in Main Lobby.
No More Free tickets.

Additional tickets can be purchased at the door, so bring a friend and enjoy the magic of live music.

Root Beer Float Social
Come chill with us and enjoy a classic favorite—creamy vanilla ice cream topped with fizzy root beer!

 **Date:** October 14th

 **Time:** 2:00 PM

 **Location:** Lou's Place

Pitch Players
New Group Alert!
Starting this week – join us **Wednesdays @ 3:00 PM & Sundays @ 2:00 PM!**
Hope these times work for everyone. Let's go!

Ping Pong Players Wanted!
All skill levels welcome. Join us Wednesdays at 1:00 PM in the Rec Room.p.m.

Golf Cart Rides
Tuesday, October 14th, 9:00 – 11:00 AM. Take a ride around our beautiful campus ponds. Weather permitting. Sign up at the front desk.

Curiosity University–
Becoming Mark Twain: Life, Death and Huck Finn on the Mississippi
October 14th @ 3:00 PM In Wesley Hall.

New Theatre & Restaurant
“Alone Together”
October 15th P/U 9:30 AM in Main Lobby.
Join Us for a Fun-Filled Day! Enjoy lunch and a live show—no driving needed! All this for just \$55.00.

Fall into Fun: Happy Hour Edition!
October 17th @ 2:00 PM in Esther's Place
The leaves are turning, the vibes are golden, and it's time to celebrate the season with a cozy, laughter-filled Happy Hour!

Out to Shop
Wednesday, October 22nd, we will head to **Burlington Coat.** We will load the bus @ 12:45 PM in main lobby and return @ 3:00 PM.
Sign up at the front desk.



From baby deer finding its footing to a majestic presence—growing up surrounded by beautiful trees, a peaceful pond, and the quiet strength of the dam. Nature's rhythm, wild and serene.

Thank you,
Judy Bone for your beautiful photos.

Keep your photos coming.



Trivia Question:

In what city was the first Oktoberfest held?

Answer:

Munich



This Week's Trivia Question:
What country did Halloween originate from?

Teaching Kitchen
October 22nd @ 3:00 PM in Esther's Place.

Sweet Potatoes contain important vitamins like beta carotene, vitamin C, and potassium. They also contain fiber and can support a nutrient rich diet.

Casino Day
October 23rd, P/U 10:30 AM. Feeling lucky? Sign up at the front desk and join us for a lively day of games, great vibes, and a tasty Dutch-style lunch buffet! Tabbi's lined up some special offers you won't want to miss!

Michael Eichten
October 24th @ 2:30 PM
In Wesley Hall. Come catch the spirit! Good gospel music, great vibes – don't miss it!

Trunk or Treat
October 31st from 5:30 to 7:00 PM
in Wesley Hall. **Candy Station Fun**

Dress the Part: Become a friendly witch, a quirky mad scientist, or a whimsical candy fairy—costumes make the magic come alive! **Trick Before Treat:** Add a fun twist—kids can choose a “trick” like a riddle, joke, or silly challenge before they get their candy! **Decorate Your Area:** Transform your trunk or table into a Halloween wonderland! Think cobwebs, skeletons, floating ghosts, glowing pumpkins, and themed backdrops. Whether it's spooky or silly, make it pop. Wesley Hall will be available all day to set up.

Jayhawk AAA
November 5th from 10:00 AM to 12:00 PM in Parlor 203.

Please bring a list of your current medications and let the team assist you in finding the best options for your needs. Sign-up sheets are available at the front desk.

Employee Christmas Fund Drive

This is a reminder to be on the look out in your Village mailbox on October 15th for the details on the employee Christmas fund drive.

Because Aldersgate employees are not permitted to accept tips or gratuities for services, this fund drive gives residents the opportunity to show their appreciation. The fund drive begins October 20th and concludes on November 21st. This is a way of experiencing the “Joy of Giving” to a very worthy cause.

Thanks Gary McConnell,
Chairman of Employees
Christmas Fund Committee

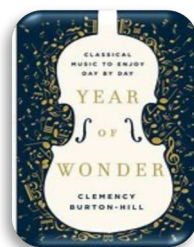
Ed Holm (Vocal)
October 28th @ 3:00 PM in Wesley Hall. **Good Old Days Music**
Concert Relive the magic of the classics – from Motown to disco, rock to retro pop!

🎤 Live music • 🎧 Great vibes

Book Club
October 23rd @ 2:00 PM in Parlor 206.

You're invited to join us for a thoughtful discussion of our current book, *Me Before You*, as we reflect on its themes and characters together. At the end of our gathering, you'll also receive our next inspiring read, *Year of Wonder*.

We look forward to sharing this literary journey with you!



Happy Hour October 31st @ 2:00 PM in Esther's Place. **Bring your Halloween sprite spirit!** Come dressed up, sip on spooky drinks, and snack on some wickedly good appetizers.

**Nutcracker Outing – Reserve Your Seat!**

Join us for a magical morning at the Nutcracker on **December 12th at 10:00 AM!** Sign up at the front desk to reserve your seat. Deadline to sign up: **November 12th.** You won't want to miss this enchanting performance!

Thank you, dear friends

We sincerely appreciate the heartfelt cards and warm wishes we received. Each message served as a beautiful reminder of the meaningful connections we've built over the years, enriching our lives in countless ways. As we turn the page to a new chapter, we carry with us the memories and friendships that have shaped our journey.

Carl and Marcia

This Week's Featured Events

Cookies Social: Monday-Friday @ 1:30 PM- 3:00 PM
(Main Lobby)

Oct. 13th Festival Singers P/U 6:00 PM @ 7:00 PM (Main Lobby)

Oct. 14th Ed Farris @ 1:00 PM (Wesley Hall)

Oct. 14th Curiosity University @ 3:00 PM (Wesley Hall)
"Mark Twain"

Oct 15th NO Exercise

Oct 15th New Théâtre & Restaurant (Alone Together)
P/U 9:30 AM

Oct. 17th Happy Hour @ 2:00 PM (Esther's Place)

Oct. 17th NO Exercise

Upcoming Events

Oct. 22nd Teaching Kitchen @ 3:00 PM (Esther's Place)

Oct. 23rd Casino Day P/U 10:30 AM (Main Lobby)

Oct. 24rd Michael Eichten @ 2:30 PM (Wesley Hall)

Oct. 28th Ed Holm @ 3:00 PM (Wesley Hall)

Oct. 31st Happy Hour @ 2:00 PM (Esther's Place)

Oct. 31st Trunk or Treat 5:30 PM to 7:00 PM (Wesley Hall)

Oct. 31st NO Exercise

Who's Ready for Some Football

Football Games

Oct. 19 th	Chiefs VS Raider	12:00 PM CBS
Oct. 25 th	Kansas ST VS Kansas	TBA
Oct. 27 th	Chiefs VS Commanders	7:15PM ABC/ESPN
Nov. 1 st	Kansas ST VS Texas	TBA
Nov. 1 st	Kansas VS Oklahoma	TBA



Ned Nusbaum- 11th

Kathy Mitchell- 14th

Upcoming Shopping Days

Nov. 12 th	TJ Maxx and Famous Footwear
Nov. 26 th	Hobby Lobby
Dec. 10 th	Target
Dec. 24 th	No out to shop
Jan. 7 th	Kohl's & Barnes and Noble

Newsletter Additions

Email Tabbi at tbaldwin@aldersgatevillage.org or stop by her office and leave a note.

Wednesday Night Movie

Parlor 206



Turner & Hooch

A comedy film directed by Roger Spottiswoode starring Tom Hanks as Scott Turner, a neat detective who must adopt a slobbering dog named Hooch to help him solve a murder case.

The film showcases the hilarious and chaotic relationship between the meticulous Turner and the unruly Hooch, turning Turner's life upside down.

WEEKLY PROGRAM

LOU'S PLACE: THIS WEEKS ICE CREAM FLAVOR: VANILLA MON. – FRI. OPEN TO CLOSE

MON.13TH		LOU'S- 8:30 AM TO 3 PM		
	EXERCISE		8:30 AM & 10:00 AM	WESLEY HALL
	DONUTS \$		8:30AM	LOU'S PLACE
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	B/P CLINIC		10:30 AM	ROOM 226
	UPWARDS		1:30 PM	REC ROOM
	PAINTING		2:00 PM	CRAFT ROOM
	WORSHIP		4:00 PM	WESLEY HALL
TUE. 14TH		LOU'S - 8:30 AM TO 3 PM		
	COFFEE & CHAT		9:00 AM	LOU'S PLACE
	GOLF CART RIDES	SIGN-UP	9:00 AM TO 11:00 AM	MAIN LOBBY
	BIBLE STUDY		11:00 AM	PARLOR 206
	ED FARRIS		1:00 PM	WESLEY HALL
	TAI CHI		1:00 PM	PARLOR 203
	BRIDGE REFRESHER		2:00 PM	PARLOR 206
	ICE CREAM SOCIAL \$	ROOT BEER FLOATS	2:00 PM	LOU'S PLACE
	MAH JONGG		2:00 PM	REC ROOM
	CURIOSITY UNIVERSITY	MARK TWAIN	3:00 PM	WESLEY HALL
	BRIDGE		6:00 PM	WESLEY HALL
WED.15TH		LOU'S- 8:30 AM TO 2 PM		
	EXERCISE	CANCELED	8:30 AM & 10:00 AM	WESLEY HALL
	NEW THEATRE & REST.	ALONE TOGETHER	9:30 AM	MAIN LOBBY
	BISCUIT & GRAVY \$		8:30 AM	LOU'S PLACE
	HEARING AID CLINIC		10:00 AM	ROOM 226
	OUT TO SHOP	NEXT SHOP OCT. 22 ND	12:45 PM	MAIN LOBBY
	PING-PONG		1:00 PM	REC ROOM
	PITCH		3:00 PM	REC ROOM
	PINOCHLE W/ JUDY		2:00 PM	PARLOR 203
	PAINTING/CARD MAKING		3:00 PM	CRAFT ROOM
	MOVIE & POPCORN	TURNER AND HOOCH	6:00 PM	PARLOR 206
THUR.16TH		LOU'S- 8:30 AM TO 3 PM		
	DANISH \$		9:00 AM	LOU'S PLACE
	RUMMIKUB		1:00 PM	PARLOR 203
	UPWARDS		1:30 PM	REC ROOM
	CARD MAKING		3:00 PM	CRAFT ROOM
FRI. 17TH		LOU'S- 8:30 AM TO 3 PM		
	EXERCISE	CANCELED	8:30 AM & 10:00 AM	WESLEY HALL
	CINNAMON ROLLS \$		8:30 AM	LOU'S PLACE
	VAN SERVICE \$		9:00 AM & 10:30 AM	MAIN LOBBY
	BRIDGE		1:00 PM	PARLOR 206
	HAPPY HOUR		2:00 PM	ESTHER PLACE
	MEXICAN TRAIN DOMINOS		3:00 PM	PARLOR 203
SAT. 18TH		LOU'S CLOSED		
	COFFEE HOUR		9:15 AM	ESTHER PLACE
	BAJA RUMMY		1:00 PM	PARLOR 203
	YOGA W/ MISHA		2:00 PM	WESLEY HALL
SUN.19TH		LOU'S CLOSED		
	TRANSPORTATION TO SUSANNA WESLEY		9:00 AM	MAIN LOBBY
	PITCH		2:00 PM	REC ROOM
	AUDREY VOCAL MUSIC		3:00 PM	MAIN LOBBY

Weekly Menu

10/13/25 to 10/19/25

Aldersgate Village
LIFE PLAN COMMUNITY

MON

Lunch

Beef Noodle Soup

Chicken Salad

Sandwich \$7.5

Chicken salad on bread
served with one side

Sweet & Sour Pork \$8.5

Served with white rice and
Asian blend vegetables

Dinner

Meatloaf \$8.5

Served with mashed potatoes
and green beans

TUE

Lunch

Tomato Soup

Grilled Cheese \$7.5

Choice of bread with
American cheese and one
side item

Chicken Tenders \$8.5

Served with choice of side
and roasted vegetables

Dinner

Jambalaya \$8.5

Traditional dish with shrimp
and sausage and served
over penne pasta with
steamed carrots

WED

Lunch

Baked Potato Soup

Tuna Salad \$7.5

Served on a soft baked
croissant with choice of
side

Build a Pizza \$8.5

Your choice of topping or
Veggie Pizza with a
tossed salad

Dinner

Pan Seared Chicken \$8.5

Served with a tomato
hollandaise sauce, garlic
potatoes and peas

THU

Lunch

Beef Vegetable Soup

Turkey Ranch Sub \$7.5

Classic sub with one side item

Beef Stroganoff \$8.5

Seasoned beef in a savory
cream sauce over egg
noodles and vegetable blend

Dinner

Breakfast Bar \$8.5

Assorted breakfast entrees
and sides only

FRI

Lunch

White Chicken Chili

Pulled Pork Sandwich \$7.5

House smoked pork with BBQ
sauce on a bun with one side
item

Tilapia \$8.5

Served with rice Pilaf and
Coleslaw

Dinner

Burger Night \$8.5

Served with your choice of
side

SAT

Lunch

Vegetable Orzo Soup

Sloppy Joe \$7.5

Traditional sandwich on a bun
with choice of side

Chicken Quesadilla \$8.5

Seasoned chicken in a grilled
tortilla with cheese.

Dinner

Baked Chicken \$8.5

Tender chicken served with
mashed potatoes, gravy and
Peas



\$10

JOIN US FOR OUR BUFFET

"Fresh Salads and dessert included"

- Swiss Steak
- Chicken Fried Chicken
- Dinner Roll

- Mashed Potatoes
- Green Beans
- Assorted Desserts

HOURS:

Lunch
Monday - Saturday 11am - 1:30pm
Dinner
Monday - Saturday 4:45 pm - 6:30 pm
Sunday 11:30 am-1:30 pm

CONTACT:

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