

COMMUNITY NEWS

INDEPENDENT LIVING

SEPTEMBER 7-12, 2026

Join the Conversation



Introducing a new opportunity to grow and learn about the world around us. Our new Curious Minds group will feature guest speakers for a lively conversation. These sessions will begin with our first speaker joining us on October 20th and will be held the third Tuesday of each month at 2:00 PM in Wesley Hall.



The Zoo is coming to Wesley Hall

Join us for a fun, interactive live show this
Friday @ 1:00

SEPT. 4TH 7:00 PM ESPN U
KU vs. Long Island Univ.

SEPT. 5TH 6:00 PM ESPN+
K-State vs. Nicholls



Upcoming Events

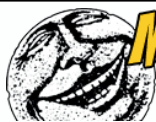
Topeka Zoo
Live Animal Show
Friday, September 11th
1:00 PM - Wesley Hall

Brother's Blues Band
Monday, Sept. 14th
2:00 PM - Wesley Hall

Moon Marble & Fritz
Tuesday, Sept. 15th
10:00 AM
Boarding at Manchester

BINGO
Saturday, Sept. 19th
3:00 PM - Wesley Hall

JOIN US FOR A FUN EXCURSION



**MOON MARBLE
COMPANY**

Join us as we visit the MOON MARBLE Factory, in Bonner Springs, KS where we will meet Artisan and owner Bruce Breslow and watch him demonstrate his marble making skills. Lunch will follow as we visit Fritz Railroad Restaurant where we will order our food by telephone and it's brought to your table by an overhead train.

Sept. 15th departing 10:00 AM - Sign up at the front desk.
Transportation and food fees apply. Spots are limited to 12.



Thank you to all you wonderful people here at Aldersgate for your birthday cards and telephone calls. They were much appreciated and made my birthday especially happy.

-Virginia Farrier



Thank you so much for the beautiful cards I received for my birthday.

They made me smile!
-Carol Bradford

Many thanks for all the caring kindnesses shown to me and my family in the recent loss of my husband Richard "Dick". He so enjoyed living here at Aldersgate and making new friends. We were honored to have Pastor Ron Schultz deliver the heart warming message at the service at Horton. Many thanks, Donna Lanter & family



Celebrating this week...

Sept. 8th - Janie Gowen

Sept. 11th - Sharon Soudek

Sept. 12 - Elinor Stroup

Sept. 12th - Peg Howard



The Chaplain's Corner

**The Countless Complications
(and benefits) of forgiveness.**

Although Christians are asked to forgive, the whole process is difficult to get right. Indeed, sometimes it simply can't be done. But that doesn't let us off the hook. In fact, Jesus urges us to offer forgiveness in an almost unlimited way. Can we really do that?

COOKIES & CONVERSATION

**Help Yourself to
a complimentary cookie
served daily at 2:00 p.m.
Manchester Lobby**



Lou's Place

8:30 a.m. - 2 p.m.

Manchester Building Lower-Level

Coffee & Chat

*join us each morning
at Lou's Place*



Lou's Place Daily Specials

Monday: Donuts - \$1.00

Wednesday: Biscuits & Gravy - \$2.00

Thursday: Danish - \$1.25

Friday: Cinnamon Roll - \$1.25

Daily (Mon-Fri): Ice Cream - \$1.00



Tuesday, Sept. 8 - 2:30 p.m. Wesley Hall

The Life of Winston Churchill

A wartime Prime Minister, soldier, journalist, parliamentarian, husband, author, painter, father – over the course of his long life, Sir Winston Churchill assumed many roles.

HILLTOPPERS LUNCHEON

The Quarterly Luncheon
is Friday, Sept. 18th

Sign up at the front desk.
Luncheon flyer will be placed in
mailboxes on Monday.

Weekly Schedule of Events

Monday, September 7, 2026

LABOR DAY HOLIDAY

- 1:15 PM Upwards @ Rec Room
- 1:00 PM Grief and Loss @ Parlor 203
- 2:00 PM Pitch @ Parlor 203

Tuesday, September 8, 2026

- 9:30 AM Exercise @ Craft Room
- 10:15 AM Scenic Tour @ Manchester lobby
- 10:30 AM Bunco @ Parlor 203
- 11:00 AM Bible Study @ Parlor 206
- 1:00 PM Tai Chi @ Wesley Hall
- 1:15 PM Red Carpet Library @ Manchester
- 2:00 PM Bridge Refresher @ Parlor 203
- 2:00 PM Mah Jong @ Rec Room
- 2:30 PM Curiosity University @ Wesley Hall (The Life of Winston Churchill)
- 6:00 PM Bridge @ Parlor 203

Wednesday, September 9, 2026

- 8:30 AM Exercise @ Wesley Hall
- 10:00 AM Exercise @ Wesley Hall
- 1:00PM Ping Pong @ Rec Room
- 2:00 PM Pinnocle @ Parlor 203
- 2:30 PM Cardio Drumming @ Craft Room

Thursday, September 10, 2026

- 9:00 AM Dillons bus outing..\$\$\$
- 10:30 AM Yoga @ Craft Room
- 1:00 PM Rummikub @ Parlor 203
- 1:00PM Baja Rummy @ Esther's Place
- 1:00 PM Exercise @ Craft room
- 2:00 PM Retired Nurses Meeting @ Parlor 203
- 1:15 PM Upward @ Rec Room
- 2:00 PM Card Making @ Craft Room
- 2:00 PM Craft Time @ Craft Room

Friday, September 11, 2026

- 8:30 AM Exercise @ Craft Room
- 10:00 AM Exercise @ Craft Room
- 1:00 PM Bridge @ Parlor 203
- 1:00 PM Shawnee County Zoo live animal show @ Wesley Hall
- 3:00 PM Mexican Train Dominos @ Parlor 206

Activity Schedule Legend

Saturday, September 12, 2026

- 9:15 AM Coffee @ Esther's Place
- 1:00 PM Baja Rummy @ Parlor 203

\$\$\$ = Activity has an additional cost to participate
*** = Advance sign-up is required

Weekly Menu

9/7/26 to 9/13/26

Aldersgate Village
LIFE PLAN COMMUNITY

MON

Lunch

Minestrone

Garden Chicken Salad \$7.5

Chopped lettuce topped with crispy chicken cheese, tomato, onions, cucumber & egg

Smoked BBQ Chicken \$8.5

Bone-in smoked Chicken slow roasted with BBQ sauce served with whipped sweet potatoes and cheesy corn

Dinner

Pork Roast Sandwich \$8.5

Roasted pork loin served on a bun with potatoes & onions and carrots

TUE

Lunch

Garden Vegetable Soup

Beef Tacos \$7.5

Flour tortillas with taco meat, cheese, lettuce, salsa & sour cream

Hamburger \$8.5

Served on a bun with lettuce, tomato, onion, & pickle & a choice of side

Dinner

Teriyaki Beef \$8.5

Stir-fried beef with sweet and savory glaze served with fried rice and buttered peas

WED

Lunch

Mushroom Barley

Cran Chicken Salad \$7.5

Creamy chicken salad on a croissant with your choice of side

Steak Lunch \$14

Sous Vide Tender Steak, Demi Glace served with a baked potato and sauteed Asparagus

Dinner

Chicken Alfredo \$8.5

Marinated chicken with creamy alfredo sauce served over pasta with garlic bread

THU

Lunch

Green Chile Chowder

Hot Dog \$7.5

Traditional favorite served on a bun with your choice of side

Lasagna \$8.5

Dinner

Lasagna \$8.5

Italian baked dish with flat pasta sheets layered with marinara meat sauce and melted cheese on top served with a breadstick

Cube Steak 8.5

Seared beef cube steak served with a mushroom gravy over mashed potatoes with a side of broccoli

FRI

Lunch

Beef & Bean Chili

Grilled Cheese \$7.5

2 slices of toast with American cheese grilled and served with a choice of side

Fish Sandwich \$8.5

Beer battered fish fillet topped with cheese and served on a bun with chips

Dinner

Chicken Enchilada

Casserole \$8.5

Traditional enchilada served with cilantro lime rice and black beans

SAT

Lunch

Turkey & Noodle Soup

Reuben \$7.5

The diner favorite served with your choice of side

Swedish Meatballs \$8.5

Served with buttered egg noodles, brown gravy, and country style green beans

Dinner

Turkey Marsala \$8.5

Turkey cutlets bathed in marsala sauce & served over mashed potatoes with creamed spinach

\$10

JOIN US FOR OUR SUNDAY BUFFET

Fresh Salads and Desserts included

- Pork Milanese
- Mixed Vegetables
- Penne Primavera

- Beef Burgundy
- Whipped Potatoes
- Dinner Roll

HOURS:

Lunch

Monday - Saturday 11am – 1:30pm

Dinner

Monday - Saturday 4:45 pm – 6:30 pm

Sunday

11:30 am-1:30 pm

CONTACT:

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