



# Turning Pointe Trainings

## Behavior 101

### An introduction to Applied Behavior Analysis (ABA)

Turning Pointe trainers provide an overview of Applied Behavior Analysis, clinical behavior techniques, and how to recognize and understand them.

### Why This Training Matters

- **According to the CDC, 1 in 31 children and 1 in 45 adults in the U.S. is diagnosed with Autism Spectrum Disorder (ASD).** Families, educators, employers, healthcare professionals, and community members interact with autistic individuals every day, making foundational knowledge and skills increasingly important.
- **Evidence-based behavioral approaches improve quality of life and learning outcomes** by helping individuals develop communication, independence, and socially meaningful skills while reducing challenging behaviors through proactive support.
- **Without the right tools and understanding, well-intended responses can unintentionally create barriers.** Training equips participants with practical, evidence-based strategies to respond in ways that support safety, dignity, and positive outcomes.
- **Autism is not always visible.** Recognizing and understanding the diverse ways autism presents helps individuals communicate more effectively and build supportive, inclusive environments for autistic individuals and their caregivers.

### Participants will:

- **Understand the basic principles of Applied Behavior Analysis (ABA)** and how they are used to support individuals in school and community settings.
- **Recognize and define behavior**, including how to use the ABCs (Antecedent, Behavior, Consequence) to understand why behavior occurs.
- **Differentiate between reinforcement and punishment** and how these responses influence future behavior.
- **Identify the common functions of behavior** and apply function-based strategies to support positive outcomes.
- **Learn practical behavior support strategies and ASD-specific considerations** through real-world examples and school-based applications.

### Why Partner with TPAF

- Evidence-based training developed by certified autism specialists and behavioral and communication experts
- Interactive, scenario-based learning tailored to real-life situations
- Flexible sessions that can align with your organization's education, training, and workforce development goals
- Authorized Continuing Education Provider (ACE) by the Behavior Analyst Certification Board and NEMRT-certified to provide high-quality, cost-effective training programs

Turning Pointe Autism Foundation partners with organizations to build supportive, effective environments where autistic individuals and the communities they live in can succeed.

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**Let's talk about how autism-aware practices can strengthen the community.**

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