

SLSG PLAYER DEVELOPMENT

EXTRA TRAINING FOR THE COMPETITIVE PLAYER

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MONDAY AT WWT SOCCER PARK - FIELD 6

				1	2	3	4	5	6	7	8
Speed & Agility	U9-U10	Boys Girls	5:30 PM to 6:30 PM	9/8	9/15	9/22	9/29	10/6	10/13	10/20	10/27
Speed & Agility	U11-U14	Boys Girls	6:30 PM to 7:30 PM	9/8	9/15	9/22	9/29	10/6	10/13	10/20	10/27

THURSDAY AT FENTON SPORTS COMPLEX FIELD B (LIGHTED)

				1	2	3	4	5	6	7	8
Speed & Agility	U9-U10	Boys Girls	5:30 PM to 6:30 PM	9/11	9/18	9/25	10/2	10/9	10/16	10/23	10/30
Speed & Agility	U11-U14	Boys Girls	6:30 PM to 7:30 PM	9/11	9/18	9/25	10/2	10/9	10/16	10/23	10/30

FRIDAY AT THE PERFORMANCE TRAINING CENTER (WWT SOCCER PARK):

*** If you cannot make a Friday session you can make it up Saturday or Sunday ***

				1	2	3	4	5	6	7	8
Advanced Performance Training	U14+	Boys / Girls	4:00 PM to 5:00 PM	9/12	9/19	9/26	10/3	10/10	10/17	10/24	11/7
Performance Training	U11-U13	Boys / Girls	5:00 PM to 6:00 PM	9/12	9/19	9/26	10/3	10/10	10/17	10/24	11/7
Fundamental Performance Training	U8-U10	Boys / Girls	6:00 PM to 7:00 PM	9/12	9/19	9/26	10/3	10/10	10/17	10/24	11/7
Goalie Performance Training	U11-U13	Boys / Girls	7:00 PM to 8:00 PM	9/12	9/19	9/26	10/3	10/10	10/17	10/24	11/7

SATURDAY AT THE PERFORMANCE TRAINING CENTER (WWT SOCCER PARK):

*** If you cannot make a Saturday session you can make it up Friday or Sunday ***

				1	2	3	4	5	6	7	8
Fundamental Performance Training	U8-U10	Boys / Girls	9:00 AM to 10:00 AM	9/13	9/20	9/27	10/4	10/11	10/18	10/25	11/1
Performance Training	U11-13	Boys / Girls	10:00 AM to 11:00 AM	9/13	9/20	9/27	10/4	10/11	10/18	10/25	11/1
Advanced Performance Training	U14+	Boys / Girls	11:00 AM to 12:00 AM	9/13	9/20	9/27	10/4	10/11	10/18	10/25	11/1
Goalie Performance Training	U14+	Boys / Girls	12:00 PM to 1:00 PM	9/13	9/20	9/27	10/4	10/11	10/18	10/25	11/1
Goalie Performance Training	U11-13	Boys / Girls	1:00 PM to 2:00 PM	9/13	9/20	9/27	10/4	10/11	10/18	10/25	11/1

SUNDAY AT THE PERFORMANCE TRAINING CENTER (WWT SOCCER PARK):

*** If you cannot make a Sunday session you can make it up Friday or Saturday ***

				1	2	3	4	5	6	7	8
Goalie Performance Training	U11-13	Boys / Girls	9:00 AM to 10:00 AM	9/14	9/21	9/28	10/5	10/12	10/19	10/26	11/2
Goalie Performance Training	U14+	Boys / Girls	10:00 AM to 11:00 AM	9/14	9/21	9/28	10/5	10/12	10/19	10/26	11/2
Advanced Performance Training	U14+	Boys / Girls	11:00 AM to 12:00 AM	9/14	9/21	9/28	10/5	10/12	10/19	10/26	11/2
Performance Training	U11-13	Boys / Girls	12:00 PM to 1:00 PM	9/14	9/21	9/28	10/5	10/12	10/19	10/26	11/2
Fundamental Performance Training	U8-U10	Boys / Girls	1:00 PM to 2:00 PM	9/14	9/21	9/28	10/5	10/12	10/19	10/26	11/2

*This is th original schedule. All adjustments will be emailed to you.

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