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# Event Agenda

27th Anaesthesia, Critical Care and Pain Forum in Da Balaia

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## Monday, September 29, 2025

### Session 1 - Chair: Will Harrop-Griffiths

8:00 AM – 10:00 AM | Location: Faro + Albufeira

#### New POA guidelines

8:00 AM – 10:00 AM

**PLENARY**

#### Speaker



**William Fawcett**

Honorary Professor | Surrey University School of Medicine

#### Prehabilitation for major surgery

8:00 AM – 10:00 AM

**PLENARY**

#### Speakers



**John Griffiths**

Consultant Intensivist | Oxford University Hospitals Trust



**Carolyn Johnston**

Consultant anaesthetist

#### The Brain-Breath Connection: Insights for Exercise-Based Rehabilitation

8:00 AM – 10:00 AM

**PLENARY**

#### Speaker



**Kyle Pattinson**

### Session 2 - Chair: John Andrzejowski

10:30 AM – 12:00 PM | Location: Faro + Albufeira

#### TIVA - how I do it

10:30 AM – 12:00 PM

**PLENARY**

#### Speaker



**Rohit Juneja**

Consultant Anaesthetist | The Royal Marsden Hospital, London

#### Is pEEG monitoring a necessary monitoring?

10:30 AM – 12:00 PM

**PLENARY**

#### Speaker



**Sean Bennett**

Consultant Anaesthetist | Basildon Cardiac Centre

### Delirium, can it be avoided?

10:30 AM – 12:00 PM

PLENARY

#### Speaker



**Helgi Johannsson**

Consultant Anaesthetist | Imperial College Healthcare NHS Trust

### U/S Regional anaesthesia workshop 1

10:30 AM – 12:00 PM | Location: Tavira

WORKSHOPS

U/S Regional anaesthesia - Anthony Allan

#### Speaker



**Anthony Allan**

Consultant Anaesthetist

### Wellbeing sessions

12:15 PM – 1:00 PM

Physical Wellbeing

Mindful movements - Irralee Andrzejowski

#### Mindful movements

12:15 PM – 1:00 PM

WELLBEING

#### Speaker



**Irralee Andrzejowski**

physiotherapist and mindbody practitioner | Body mind physio

### Digital Tax for Doctors: Navigating MTD with confidence

12:15 PM – 1:00 PM

FINANCIAL WELLBEING

Financial Wellbeing

#### Speaker



**Michelle Trivett**

Partner | Sandison Lang

### Everest in Utero, Battles with Haldane and other stories - the life of Sir Joseph Barcroft KBE FRS Chair: Rhona Das

6:45 PM – 7:30 PM | Location: Faro + Albufeira

EVENING SESSION

Sir Joseph Barcroft, KBE, FRS - John Barcroft

#### Speaker



**John Barcroft**

Retired

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## Tuesday, September 30, 2025

### Session 3 - Chair: Carolyn Johnston

8:00 AM – 10:00 AM | Location: Faro + Albufeira

- What RSI means in 2025? - Bill Fawcett
- Remifentanyl in Obstetric Anaesthesia - Nuala Lucas
- Birth trauma and the anaesthetist - Michelle Walters

### What RSI means in 2025?

8:00 AM – 10:00 AM

**PLENARY**

#### Speaker



**William Fawcett**

Honorary Professor | Surrey University School of Medicine

### What's new in obstetric anaesthesia?

8:00 AM – 10:00 AM

**PLENARY**

#### Speaker



**Nuala Lucas**

Consultant Anaesthetist | Northwick Park Hospital

### Birth trauma and the anaesthetist

8:00 AM – 10:00 AM

**PLENARY**

#### Speaker



**Michelle Walters**

## Session 4 - Chair: Bill Fawcett

10:30 AM – 12:00 PM

- Pre-op respiratory assessment - Brendan Madden
- CPET - applications and latest evidence -John Griffiths
- Thrombectomy - an update - Audrey Tan

### Pre-op respiratory assessment

10:30 AM – 12:00 PM

**PLENARY**

#### Speaker



**Brendan Madden**

Professor | St George's University Hospital

### CPET - applications and latest evidence

10:30 AM – 12:00 PM

**PLENARY**

#### Speaker



**John Griffiths**

Consultant Intensivist | Oxford University Hospitals Trust

### Thrombectomy - an update

10:30 AM – 12:00 PM

**PLENARY**

#### Speaker



**Audrey Tan**

## Workshops

10:30 AM – 12:00 PM

**WORKSHOPS**

- ELEVELD programme - Rohit Juneja
- POCUS - Sean Bennett, Rob Orme

## POCUS - Point of Care Ultrasound Workshop

10:30 AM – 12:00 PM

WORKSHOPS

### Speakers



**Sean Bennett**

Consultant Anaesthetist | Basildon Cardiac Centre



**Robert Orme**

Consultant, anaesthesia and intensive care | Gloucestershire Hospitals NHSFT

## ELEVELD programme

10:30 AM – 12:00 PM

WORKSHOPS

### Speaker



**Rohit Juneja**

Consultant Anaesthetist | The Royal Marsden Hospital, London

## Wellbeing sessions

12:15 PM – 1:00 PM

WELLBEING

### Mindful Movements

12:15 PM – 1:00 PM

WELLBEING

### Speaker



**Irralee Andrzejowski**

physiotherapist and mindbody practitioner | Body mind physio

### The Pension Prognosis: What's Ahead for Doctors?

12:15 PM – 1:00 PM

FINANCIAL WELLBEING

### Speaker



**Paul Hart**

Director & Financial Planner | Medical Family Finance Ltd

## Reversal, Repair and Return - Reflections from the other side of the drapes Chair: Carl Waldmann

6:45 PM – 7:30 PM | Location: Faro + Albufeira

EVENING SESSION

Coming back to work - personal experience - Cat Lloyd

### Speaker



**Catherine Lloyd**

Consultant Anaesthetist | St George's University Hospitals NHS Foundation Trust

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## Wednesday, October 01, 2025

### Session 5 - Chair: Ros Bacon

8:00 AM – 10:00 AM | Location: Faro + Albufeira

- The role of SGA in obstetric anaesthesia - Nuala Lucas
- Parkinson's disease and anaesthesia - Audrey Tan
- Delirium, can it be avoided? - Helgi Johannsson

### The role of SGA in obstetric anaesthesia

8:00 AM – 10:00 AM

**PLENARY**

#### Speaker



**Nuala Lucas**

Consultant Anaesthetist | Northwick Park Hospital

### Parkinson's disease and anaesthesia

8:00 AM – 10:00 AM

**PLENARY**

#### Speaker



**Audrey Tan**

### Assisted dying

8:00 AM – 10:00 AM

**PLENARY**

#### Speaker



**Helgi Johannsson**

Consultant Anaesthetist | Imperial College Healthcare NHS Trust

## Session 6 - Chair: Anne Blyth

10:30 AM – 12:00 PM

- Reverse Takotsubo cardiomyopathy at LSCS - Ben McCartney
- Diastolic dysfunction - Mark Edsell
- Medico-legal Update - current issues - Clare Stapleton

### Reverse Takotsubo cardiomyopathy at LSCS

10:30 AM – 12:00 PM

**PLENARY**

#### Speaker



**Ben McCartney**

### I can't quite stomach this

10:30 AM – 12:00 PM

**PLENARY**

#### Speaker



**Jim Down**

UCLH Nhs Trust

### Gross negligence manslaughter

10:30 AM – 12:00 PM

**PLENARY**

#### Speaker



**Clare Stapleton**

Medicolegal Consultant | Medical Protection Society

## Workshops

10:30 AM – 12:00 PM

U/S Regional anaesthesia - Anthony Allan

## U/S guided regional anaesthesia - session 2

10:30 AM – 12:00 PM

WORKSHOPS

### Speaker



**Anthony Allan**

Consultant Anaesthetist

## Wellbeing

12:15 PM – 1:00 PM

### Mindful Movements

12:15 PM – 1:00 PM

WELLBEING

### Speaker



**Irralee Andrzejowski**

physiotherapist and mindbody practitioner | Body mind physio

### The Great Wealth Transfer: Navigating Inheritance Tax

12:15 PM – 1:00 PM

FINANCIAL WELLBEING

### Speaker



**Paul Hart**

Director & Financial Planner | Medical Family Finance Ltd

## Is AI going to make us all redundant? Chair - Helgi Johannsson

6:45 PM – 7:30 PM | Location: Faro + Albufeira

EVENING SESSION

Is AI going to make us all redundant? - Carolyn Johnston

### Speaker



**Carolyn Johnston**

Consultant anaesthetist

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## Thursday, October 02, 2025

### Session 7 - Chair: Mark Edsell

8:00 AM – 10:00 AM | Location: Faro + Albufeira

- Techniques to teach & train advanced airway - Bhav Patel
- Emergency surgery, why is all so slow - Carolyn Johnston
- Assisted dying - Helgi Johannsson

### Techniques to teach & train advanced airway

8:00 AM – 10:00 AM

PLENARY

### Speaker



**Bhavesh Patel**

Consultant Anaesthetist | Royal Surrey Hospital

### TBA

8:00 AM – 10:00 AM

PLENARY

## Ask the College - Q&As

8:00 AM – 10:00 AM

**PLENARY**

### Speaker



**Ros Bacon**

Dr | Imperial College Healthcare NHS Trust

## Session 8 - Chair: Bernard Liban

10:30 AM – 12:00 PM

- GLP-1 anaesthesia guidelines - are they correct? - Jim Down
- Ask the College - Q&As Helgi Johannsson / Ros Bacon
- Changing financial landscape for doctors - P Hart / M Trivett

## Diastolic dysfunction

10:30 AM – 12:00 PM

**PLENARY**

### Speaker



**Mark Edsell**

Consultant Anaesthetist | The Royal Brompton Hospital

## Changing financial landscape for doctors

10:30 AM – 12:00 PM

**PLENARY**

### Speakers



**Paul Hart**

Director & Financial Planner | Medical Family Finance Ltd



**Michelle Trivett**

Partner | Sandison Lang