

# Build Your Own Bowl

## Big Mahana

2 bases, 2 veggies, 2 proteins,  
choice of sauce

## Mahana

1 base, 2 veggies, 1 protein,  
choice of sauce

## Kids

1 base, 1 veggie, 1 protein,  
choice of sauce



## Desserts

Chocolate Chip Cookies **GF**

Snickerdoodles **GF**

Zucchini Brownies **GF**

\*contains peanuts

## Drinks

Frescas

Fresh Brewed Teas

Fountain Sodas

Kombucha



## 1 Choose Your Bases

Basmati Rice Blend **V GF**  
Coconut Rice **V GF**  
Cauliflower Rice **V GF**  
Spinach **V C GF**  
Kale Crunch Salad **V C GF**  
Sesame Noodles **V C GF**

Ask  
about our  
seasonal  
items

## 2 Choose Your Veggies

Buffalo Cauliflower **V GF**  
Garlicky Cilantro Green Beans **V GF**  
Honey Sriracha Brussels Sprouts **GF**  
Roasted Mushrooms **V GF**  
Sesame Ginger Broccoli **V GF**  
Roasted Sweet Potatoes **V GF**

## 3 Choose Your Protein

BBQ Chicken **GF**  
Grilled Steak\* **GF P**  
Key West Chicken **GF**  
Sesame Garlic Tofu **V GF**  
Spicy Ahi Tuna\* **C GF P**  
Teriyaki Chicken **GF**

## 4 Choose Your Add-ons

Avocado Smash **V GF P**  
Roasted Almonds **V GF P**  
Feta Cheese **GF**  
Mediterranean Tomatoes **V GF P**  
Parmesan Cheese **GF**

## 5 Choose Your Sauce

Cilantro Vinaigrette **GF**  
Citrus Ginger **V GF**  
Coconut Sweet Potato **V GF**  
Creamy Wasabi **GF**

**V** Vegan Friendly **C** Chilled **GF** Gluten Friendly **P** Premium

# Signature Bowls

## BBQ Luau Bowl

basmati rice blend, roasted sweet  
potatoes, garlicky cilantro green beans,  
BBQ chicken, citrus ginger sauce

## Protein Paradise Bowl\*

sesame noodles, sesame ginger  
broccoli, honey sriracha brussels sprouts,  
grilled steak\*, creamy wasabi sauce

## Keto Surfer Bowl\*

cauliflower rice, sesame ginger  
broccoli, roasted mushrooms, grilled  
steak\*, cilantro vinaigrette

## Big Kahuna Bowl\*

basmati rice blend, spinach, buffalo  
cauliflower, garlicky cilantro green beans, BBQ  
chicken, grilled steak\*, cilantro vinaigrette

## Island Bliss Bowl

kale crunch salad, buffalo cauliflower,  
honey sriracha brussels sprouts, key west  
chicken, citrus ginger sauce

## Veggie Vacay Bowl

coconut rice, sesame ginger broccoli,  
roasted mushrooms, sesame garlic tofu,  
coconut sweet potato sauce

## Spicy Ahi Aloha Bowl\*

sesame noodles, honey sriracha brussels  
sprouts, sesame ginger broccoli, spicy ahi  
tuna\*, creamy wasabi sauce

## Teriyaki Tiki Bowl

coconut rice, sesame ginger broccoli,  
garlicky cilantro green beans, teriyaki  
chicken, creamy wasabi sauce

Our menu is based on seasonal availability and may vary by location.  
\*This menu item may contain raw or undercooked food products. Consuming raw or undercooked meats, poultry,  
seafood, shellfish, or eggs may increase your risk of foodborne illness.  
Allergen Warning: Menu items may contain or come into contact with soy, fish, shellfish, wheat, eggs, peanuts, tree  
nuts, and milk. For more information, please speak with a manager. Before placing your order, please inform your  
server if a person in your party has a food allergy.