



Christine Belpedio's School of Dance

Dance Season 2026-2027

Building strong dancers
Lasting friendships
Unforgettable memories



Contact us today

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christinebelpediodance.com

CBSD 2026–2027 Dance Season

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CBSD 2026–2027

School Calender

Dance Semester Starts	Tuesday, September 8, 2026
Costume Deposit Due	Thursday, October 1, 2026
Halloween Week	Monday, October 26 - Saturday, October 31 2026
Thanksgiving Break Closed	Monday, November 23 - Sunday, November 29, 2026
Classes Resume	Monday, November 30, 2026
Winter Break Closed	Monday, December 21 - Sunday, January 3, 2027
Classes Resume	Monday, January 4, 2027
Costume Balance Due	Monday, Febuary 1, 2027
Spring Break Closed	Monday, March 22 - Sunday March 28, 2027
Classes Resume	Monday March 29, 2027
Memorial Day Closed	Monday, May 31, 2027
Tech Day	Saturday, June 5, 2027
Dance Semester Ends	Friday, June 11, 2027
48th Annual Dance Recital	Saturday, June 12, 2027

Studio 1

Monday

4:45-5:45	Mexican Folkloric I/II (7-9)
6:00-7:00	Mexican Folkloric III (14+)
7:00-8:00	Mexican Folkloric I/II (10-12)
8:00-9:00	Mexican Folkloric II (13+)

Tuesday

5:00-6:00	Jazz II (14+)
6:00-7:00	Hip Hop I/II (9-12)
7:00-8:00	Contemporary I (open)
8:00-9:00	Contemporary II (14+)

Wednesday

5:00-6:00	Tap II (10+)
6:00-7:00	Latin I/II (9-12)
7:00-8:00	Latin I/II (13+)
8:00-9:00	Adult Latin

Thursday

4:45-5:45	Flamenco (open)
6:00-7:00	Latin Junior Competition Team Training
7:00-8:00	Latin Senior Competition Team Training
8:00-9:00	Latin II/III plus partnering (13+)

Friday

5:15-6:15	Latin Hip Hop Fusion (Open)
6:15-7:15	Adult Heels
7:30-8:30	Adult Tap

Saturday

9:00-10:00	
10:00-11:00	Tap III/IV (14+)
11:00-12:00	Latin I/I+ (6-8)
12:00-1:00	Hip Hop I (6-8)
1:15-2:15	Latin Junior Competition Team
2:20-3:20	Latin Senior Competition Team

Studio 2

Monday

4:45-5:45	Tap I (8-10)
6:00-7:00	Ballet Primary I/I+ (8-10)
7:00-8:00	Ballet Grade III/IV
8:00-9:00	Pointe I/II

Tuesday

5:00-6:00	Jazz I/II (9+)
6:00-7:00	Ballet Grade II
7:00-8:00	Pre-Pointe
8:00-9:00	Ballet Grade I

Wednesday

5:00-6:00	Hip Hop Junior Competition Team
6:00-7:00	Hip Hop II Training (13+)
7:00-8:00	Hip Hop Senior Competition Team
8:00-9:00	Jazz III/IV (14+)
9:00-10:00	Contemporary Competition Team

Thursday

4:45-5:45	Ballet & Tap (6-8)
6:00-7:00	Acrobatics I (6-8)
7:00-8:00	Acrobatics II (8+)
8:00-9:00	Acrobatics III (open)

Friday

5:15-6:15	Ballet & Tumbling (6-8)
6:15-7:15	Ballet Grade II
7:30-8:30	PBT (Open to Adults & Students)

Saturday

9:00-10:00	Creative Movement (3-5)
10:00-11:00	Pre-Ballet (5-8)
11:00-12:00	Ballet Grade III/IV
12:00-1:00	Pointe I/II
1:15-2:15	Poms (open)
2:15-3:15	Hip Hop I/I+ (13+)

Class Attire Requirements

For your convenience, all required dancewear, tights, and shoes are available for purchase at the studio.

Creative Movement

Girls: Any color leotard, white tights, and white ballet shoes. Ballet skirts and skirted leotards are permitted. Hair must be secured in a neat bun.

Boys: Fitted white dance T-shirt, black fitted dance pants or shorts, and black ballet shoes. Hair must be neat and secured away from the face.

Street clothes, loose clothing, and jewelry are not permitted.

Ballet & Tap Combination

Girls: Black or pink leotard, white tights, white ballet shoes, and white tap shoes. Hair must be secured in a neat bun.

Boys: Fitted white T-shirt with black dance tights, fitted pants, or shorts; black ballet shoes; and black tap shoes. Hair must be neat and secured away from the face.

T-shirts, pants, and streetwear and loose or baggy clothing is not permitted.

Ballet & Tumbling Combination

Girls: Black or pink leotard, light toast convertible tights, and white ballet shoes. Bare feet for tumbling. Hair secured in a low bun. No skirts, tutus, or jewelry.

Boys: Fitted white T-shirt with black fitted shorts or dance pants and black ballet shoes. Bare feet for tumbling. Loose clothing and jewelry are not permitted.

Acrobatics

Girls: Any-color leotard or biketard, footless tights, and optional fitted shorts. Hair secured in bun or ponytail.

Boys: Fitted athletic shirt with shorts or joggers. Hair must be neat and secured away from the face.

Bare feet required. No loose clothing, jewelry, buttons, or zippers.

Pre-Ballet

Girls: Pink skirted leotard, white tights, and white ballet shoes. Hair must be secured in a neat bun. T-shirts, pants, and streetwear are not permitted.

Boys: Fitted white T-shirt with black dance tights, fitted pants, or shorts and black ballet shoes. Hair must be neat and secured away from the face.

Loose clothing is not permitted.

Primary Ballet

Girls: Pink leotard, pink convertible tights, and pink ballet shoes. Hair must be secured in a neat bun. T-shirts, pants, and streetwear are not permitted.

Boys: Fitted white dance T-shirt, black convertible dance tights, and black ballet shoes. Hair must be neat and secured away from the face.

Class Attire Requirements

For your convenience, all required dancewear, tights, and shoes are available for purchase at the studio.

Cecchetti Ballet Grades II, III & IV, Pre-Pointe, & Pointe

Girls/Women: Black leotard, pink convertible tights, and Wear Moi Vesta split-sole canvas ballet shoes in dark pink. Pre-Pointe and Pointe shoes must be professionally fitted and approved by the instructor. Pointe shoe ribbons and elastics must be properly sewn. Hair must be secured in a neat bun.

Boys/Men: Fitted white dance T-shirt, black convertible dance tights, and Wear Moi Vesta split-sole canvas ballet shoes in black. A dance belt is required when age-appropriate. Hair must be neat and secured away from the face.

Ballet skirts and dance warm-ups are permitted during barre warm-up only.

Street clothes, watches, and jewelry are not permitted.

Contemporary

Girls/Women: Black leotard with fitted black shorts or leggings and tan half-sole shoes. Hair must be secured away from the face.

Boys/Men: Fitted black or white dance shirt with black fitted dance pants or shorts and tan half-sole shoes. Hair must be neat and secured away from the face.

Loose clothing, streetwear, and jewelry are not permitted.

Jazz

Girls/Women: Black leotard or fitted black dance tank with tan tights and black jazz pants, leggings, or dance shorts. Hair must be secured in a bun or ponytail.

Boys/Men: Fitted black dance tank with black jazz pants or fitted dance shorts. Hair must be neat and secured away from the face.

Jazz I: Tan jazz shoes

Jazz II & III: Black jazz shoes

T-shirts, loose clothing, streetwear, and jewelry are not permitted.

Tap

Girls/Women: Black leotard or fitted black T-shirt with black dance pants, tights, leggings, or dance shorts and black tap shoes. Hair must be secured in a bun or ponytail.

Boys/Men: Solid black fitted T-shirt, black dance pants, and black tap shoes. Hair must be neat and secured away from the face.

Loose clothing, streetwear, and jewelry are not permitted.

Class Attire Requirements

For your convenience, all required dancewear, tights, and shoes are available for purchase at the studio.

Hip Hop

Girls/Women: CBSD Hip Hop shirt with black sweatpants, dance pants, or dance shorts and black Hip Hop shoes reserved for studio use only. Hair must be secured in a bun or ponytail.

Boys/Men: Solid black T-shirt or CBSD Hip Hop shirt with black sweatpants, dance pants, or dance shorts and black Hip Hop shoes reserved for studio use only. Hair must be neat and secured away from the face.

Jeans, street shoes, and jewelry are not permitted.

Latin Hip Hop Fusion

Girls/Women: CBSD Hip Hop shirt with black sweatpants, dance pants, or dance shorts and black Hip Hop shoes reserved for studio use only. Hair must be secured in a bun or ponytail.

Boys/Men: Solid black T-shirt or CBSD Hip Hop shirt with black sweatpants, dance pants, or dance shorts and black Hip Hop shoes reserved for studio use only. Hair must be neat and secured away from the face.

Jeans, street shoes, and jewelry are not permitted.

Latin Dance

Girls: Black leotard, fitted black dance top, or CBSD Latin shirt with either CBSD Latin black leggings, dance shorts, or dance skirt. Tan tights and black character shoes are required. Hair must be secured in a bun or ponytail.

Women: Black leotard or fitted black dance top with black leggings, dance shorts, or dance skirt. Tan tights and instructor-approved heeled Latin shoes are required. Hair must be secured in a bun or ponytail.

Boys/Men: Solid black T-shirt or tank top with black moveable dance pants and black Cuban-heel shoes. Hair must be neat and secured away from the face.

Street clothes, street shoes, and jewelry are not permitted.

Mexican Folklórico

Girls/Women: Black leotard, black leggings, required practice skirt, and black character shoes. Hair must be secured in a neat bun.

Boys/Men: Solid black T-shirt, black dance pants, and black folklórico botines without nails.

Street clothes, street shoes, and jewelry are not permitted.

Class Attire Requirements

For your convenience, all required dancewear, tights, and shoes are available for purchase at the studio.

Flamenco

Girls/Women: Black leotard, black flamenco practice skirt, and black character shoes. Hair must be secured in a neat bun.

Boys/Men: Solid black fitted T-shirt, black dance pants, and black flamenco shoes. Hair must be neat and secured away from the face.

Street clothes and street shoes are not permitted.

Poms

Girls/Women: Black leotard or fitted dance top, black dance shorts or leggings, and white Kaepa cheer shoes. Hair must be secured in a bun or ponytail.

Boys/Men: Fitted black dance shirt, black dance shorts or pants, and white Kaepa cheer shoes. Hair must be neat and secured away from the face.

Street clothes, jeans, outdoor shoes, and jewelry are not permitted.

Adult Heels

Women: Fitted athletic wear or a leotard in any color with dance shorts or leggings. Long leggings and knee pads are recommended for floorwork. Dance heels with ankle support are recommended; however, wearing heels is not required. Hair must be secured away from the face.

Loose clothing and jewelry are not permitted.

Progressive Ballet Technique (PBT)

Women: Fitted athletic wear or any-color leotard with leggings, fitness, convertible, or footless tights, and optional fitted athletic or dance shorts. Hair must be secured away from the face.

Men: Fitted athletic shirt or unitard with leggings, fitness, convertible, or footless tights, and optional fitted athletic or dance shorts. Hair must be secured away from the face.

PBT is performed barefoot. Loose clothing and jewelry are not permitted.

Dance Attire Requirements

Proper class attire and shoes are required for every class. Dance shoes must be reserved for studio use and may not be worn outdoors.

Clothing with wording, logos, or patterns is not permitted unless it is approved CBSD apparel. Jewelry may not be worn. Following these requirements allows instructors to clearly evaluate alignment, placement, and technique while supporting a safe, focused learning environment.

Students will receive reminders for attire violations. After three reminders, the dancer may be asked to observe class. Continued concerns will be addressed individually with the dancer and parent or guardian.

Level Placement Guidelines

Class placement is determined exclusively by the Instructor or Studio Director based on each dancer's demonstrated ability, technical proficiency, and readiness—not age or years of training. All placement decisions are final. Classes require a minimum enrollment of six students and may be modified or canceled if enrollment requirements are not met.

Training Level Guide

Level I/I+: Beginner to 1 year of training

Levels I/II: 1 - 2 years of training

Level II: Minimum of 2 years of training

Level II+: 2 - 3 years of training

Level III: Minimum of 3 years of training

Level III/IV: Minimum of 3 - 4 years of training

Levels IV–V: Minimum of 4 years of training

Class Prerequisites

Pre-Pointe and Pointe

Enrollment in Pointe requires an individual evaluation and approval from the Ballet instructor. Students must be enrolled in at least two Ballet technique classes per week. Pre-Pointe meets once a week and Pointe meets twice a week.

Contemporary

Enrollment in Contemporary requires students to be enrolled in one ballet technique classes per week.

Elite Competition Teams

Enrollment is strictly by invitation only and reserved for dancers who demonstrate exceptional skill, discipline, and commitment through a highly competitive audition process. All team members are required to fulfill the complete season commitment, including weekly technique classes, mandatory rehearsals, regional competitions, and all attendance and financial obligations. All requirements are non-negotiable.

Ballet Competition Team

Enrollment is reserved exclusively for selected Ballet Competition Team dancers. To maintain the highest standards of technical excellence and continued growth, all members are required to enroll in at least two ballet technique classes per week.

Contemporary Competition Team

Enrollment is reserved exclusively for selected Contemporary Competition Team dancers. To support continued technical growth, all members are required to enroll in at least one ballet technique class per week.

Hip Hop Competition Teams

Enrollment is reserved exclusively for selected Hip Hop Competition Team dancers. To uphold the team's elite competitive standard, designated members may be required to enroll in one additional Hip Hop technique class per week.

Latin Competition Teams

Enrollment is reserved exclusively for selected Latin Competition Team dancers. To uphold the team's elite competitive standards, all members are required to enroll in the weekly Latin Technique Training class.

Dance Curriculum



ACROBATICS

An exciting, high-energy class designed to develop strength, flexibility, balance, coordination, and control. Students will master acrobatic skills and learn handstands, aeriels cartwheels, walkovers and much more.



BALLET

Rooted in the foundation of all dance, our progressive Cecchetti Ballet I-V curriculum develops classical technique, vocabulary, strength, coordination, musicality, and artistry while instilling discipline, confidence, and proper studio etiquette.

PRE-BALLET

A joyful introduction to ballet that builds coordination, musicality, balance, flexibility, and confidence. Through imaginative movement and age-appropriate instruction, young dancers learn foundational ballet technique, terminology, and proper studio etiquette.



BALLET & TUMBLING

A dynamic class combining foundational ballet technique with introductory tumbling skills. Dancers develop strength, flexibility, coordination, balance, musicality, and confidence in a fun, structured, and encouraging environment.

CREATIVE MOVEMENT

An engaging introduction to dance that encourages imagination, self-expression, and a love of movement. Through music and age-appropriate activities, young dancers develop coordination, balance, rhythm, musicality, and confidence in a fun, nurturing environment.



Dance Curriculum

CONTEMPORARY

A dynamic fusion of ballet, modern, and expressive movement that challenges dancers to explore creativity, musicality, and personal artistry. Through innovative choreography and technical training, dancers develop strength, flexibility, fluidity, control, and confidence.



HIP HOP

A high-energy, technically focused class emphasizing rhythm, musicality, isolations, grooves, dynamics, coordination, and intricate footwork. Dancers develop precision, strength, control, performance quality, and individual style through progressive combinations and choreography.

JAZZ

A technically focused class emphasizing proper alignment, strength, flexibility, isolations, turns, leaps, and extensions. Through structured progressions and dynamic choreography, dancers develop precision, control, musicality, coordination, individual style, and polished performance quality.



LATIN

A vibrant, technique-driven class featuring Salsa, Bachata, Merengue, Cumbia, Cha-Cha, Mambo, Rumba, and Samba. Dancers develop authentic rhythm, hip action, body isolations, footwork, coordination, musicality, partnering skills, and dynamic fun dance combinations.

MEXICAN Folklórico

A dynamic celebration of Mexico's rich cultural heritage through traditional dances from Jalisco, Veracruz, Yucatán, Oaxaca, Chiapas, Sinaloa, Nayarit, Guerrero, Michoacán, Nuevo León, Chihuahua, Puebla, and many other regions. Dancers develop authentic technique through precise footwork, zapateado, skirt work, posture, musicality, coordination, and regional performance style.



Dance Curriculum

POINTE

An advanced ballet class focused on pointe technique, proper spinal alignment, turnout from the hips, strength, stability, foot articulation, balance, control, and precision. Through structured barre and center exercises, dancers strengthen the calves, ankles, feet, and arches while refining classical lines, placement, transitions, and artistry. Emphasis is placed on discipline, studio etiquette, and the technical excellence required for safe, confident pointe work.



TAP

An engaging, technique-driven class where dancers create music with their feet. Through progressive exercises and rhythmic combinations, students develop clean sounds, sharp rhythms, precise timing, accurate footwork, speed, coordination, musicality, confidence, and strong performance quality.

BALLET & TAP

An exciting combination class that introduces dancers to the elegance of ballet and the rhythmic energy of tap. Students develop foundational technique, posture, coordination, balance, musicality, precise footwork, and confidence while building versatility and a lasting love of dance.

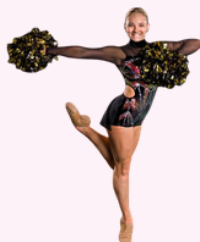


PRE-POINTE

A specialized class designed for dancers preparing to advance to pointe work. Through focused conditioning, barre exercises, and training in pre-pointe shoes, students develop proper alignment, turnout, balance, foot articulation, and essential strength in the feet, ankles, arches, calves, and core. This exclusive program builds the precision, control, discipline, and technical foundation required for a safe and successful transition to pointe.

POMS

A spirited class combining precision, sharp movements, powerful choreography, and performance skills. Dancers will build strength, coordination, flexibility, and confidence while learning jumps, kicks, turns and much more!



Dance Curriculum



FLAMENCO

Experience the power, passion, and artistry of traditional Spanish dance. Students explore regional Flamenco styles while developing precise footwork, rhythmic hand clapping, arm placement, posture, musicality, coordination, and expressive performance skills. This spirited class builds confidence, discipline, and stage presence through the rich music and cultural traditions of Spain.

HEELS

Step into confidence and have fun in this welcoming, empowering class for adults of all backgrounds and abilities. Learn posture, balance, musicality, controlled transitions, stylized movement, floorwork, and expressive choreography in a supportive environment. No dance experience is required, and dance heels are recommended but optional.



PROGRESSIVE BALLET TECHNIQUE (PBT)

Progressing Ballet Technique is an innovative body-conditioning and strengthening program designed to improve technique, alignment, posture, weight placement, flexibility, and muscle memory. Using exercise balls and specialized equipment, students learn to identify and engage the correct muscle groups while developing core stability, balance, coordination, and control. PBT supports injury prevention and rehabilitation while enhancing performance in dance, athletics, and everyday movement. Youth and adult programs are available, and no prior dance experience is required.

PBT is not only a program to improve technique in ballet dancers, it is now being appreciated and incorporated in training by all forms of dancers, athletes, physiotherapists and even footballers!



Faculty

Ms. Christine Belpedio-Fosco **Founder, Owner, Artistic Director, & Instructor**

Since 1978, Christine Belpedio has served as the Founder, Owner, Artistic Director, Instructor, and Choreographer of Christine Belpedio's School of Dance. She began her dance education at age six and pursued extensive training in Ballet, Tap, Jazz, and Tumbling in New York, Chicago, and California.

A certified member of Dance Educators of America, Ms. Christine has performed professionally throughout the Chicagoland area with the Entertainers performance troupe and as a member of the Chicago Bears Honey Bears.

Ms. Christine also directs and prepares dancers for regional competitions, creating award-winning choreography that showcases technical excellence, artistry, precision, and performance quality. For nearly five decades, she has upheld the highest standards of dance education while inspiring generations of confident, disciplined, and versatile performers to achieve their fullest artistic potential.



Coach Matt | Acrobatics & Tumbling Instructor

Coach Matt brings an exceptional background in competitive gymnastics and more than a decade of professional coaching experience.

He trained and competed through the Chicago Park District gymnastics program for over 10 years, participated in six NAIGC National Gymnastics Championships, and served as the Men's Gymnastics Club Coach at Xavier University. He also received advanced training at a Junior Olympic camp in Pittsburgh with Olympic gymnast Blaine Wilson.

Coach Matt provides high-caliber instruction for students of all ages and abilities, from beginner through advanced. His disciplined, technique-focused approach develops strength, flexibility, coordination, body control, and confidence while ensuring the safe and progressive mastery of acrobatic and tumbling skills.



Faculty

Ms. Francesca | Hip Hop & Contemporary Instructor & Competition Team Choreographer



Ms. Francesca is an accomplished professional dancer, instructor, and award-winning choreographer with more than 10 years of experience in Hip Hop. A graduate of the University of Illinois with a degree in Dance, she has performed with acclaimed companies including Deeply Rooted Dance Theater, CODA, Urban Dance, and Boom Crack. She is currently a member of the Emmy Award-winning performance group, The Puzzle League.

Ms. Francesca began her training at Christine Belpedio's School of Dance at age four and has developed extensive experience in Ballet, Contemporary, Hip Hop, Jazz, and Latin dance. She currently teaches Hip Hop, Contemporary and directs the studio's Elite Competition Teams.

Known for her innovative, award-winning choreography, Ms. Francesca combines technical precision, musicality, creativity, and exceptional performance quality. She is dedicated to challenging dancers to reach their highest potential while developing confidence, individuality, versatility, and commanding stage presence.

Mr. Jose | Latin Dance Instructor & Competition Team Choreographer

Mr. Jose is a distinguished Latin dance performer, instructor, and respected choreographer with more than eight years of professional experience. His performance career spans local, national, and international stages, including appearances at premier events such as the Chicago International Salsa Congress and the Chicago Bachata & Salsa Festival.

Having performed with several prestigious Latin dance companies for more than seven years, Mr. Jose brings exceptional technical expertise, authentic Latin styling, musicality, partner connection, and performance artistry to his instruction. For over five years, he has taught and choreographed for the CBSD Latin Performance and Competition Teams, preparing dancers for high-level competitions and distinguished showcases.

Renowned for his innovative choreography and exacting artistic standards, Mr. Jose develops dancers who are technically refined, artistically expressive, stylistically authentic, and captivating on stage. His disciplined approach challenges every performer to achieve technical excellence while embodying the energy, sophistication, and cultural richness of Latin dance.



Faculty

Ms. Miriam | Mexican Folklórico Instructor & Choreographer



Originally from Guadalajara, Mexico, Ms. Miriam is a distinguished Mexican Folklórico instructor, performer, and choreographer with more than 25 years of professional experience. She studied at the University of Guadalajara and served as a dance instructor for Secretaría de Educación Pública and Sistema Nacional para el Desarrollo Integral de la Familia in Mexico.

Ms. Miriam performed professionally with La Casa de la Cultura in Mexico and has choreographed large ensemble productions representing the distinctive traditions of numerous Mexican regions. Her extensive cultural knowledge brings authenticity, technical excellence, and artistic depth to every class and performance.

Through disciplined and inspiring instruction, Ms. Miriam develops dancers who demonstrate precise footwork, musicality, expressive movement, cultural understanding, and exceptional stage presence. She is dedicated to preserving and celebrating the richness of Mexican heritage while preparing dancers to perform with confidence, artistry, and regional authenticity.

Mr. Luiz | Latin Dance Instructor

Mr. Luiz is an accomplished Chicagoland-based Latin dancer, instructor, and choreographer with more than nine years of experience in Latin dance. His passion for movement began while growing up in Rio de Janeiro, Brazil, where the city's vibrant culture inspired his lifelong connection to music and dance.

Specializing in Salsa and Mambo, Mr. Luiz has trained extensively under renowned instructors Angel Martinez, Rocky Quinones, and Kimberly Rivera. He has performed with numerous Latin dance teams throughout Chicago and continues to share his expertise through professional instruction and choreography. His classes reflect his dedication to strong technique, musicality, cultural authenticity, and compelling performance quality.



Faculty

Ms. Abby | Flamenco Instructor



Ms. Abby is an accomplished flamenco performer and instructor whose dance journey began at the Christine Belpedio School of Dance, where she trained extensively in Ballet, Jazz, Tap, Lyrical, Contemporary, and Flamenco. A graduate of The Chicago High School for the Arts, she completed a rigorous pre-professional dance program that strengthened her technical foundation and artistic development.

Since 2021, Ms. Abby has performed professionally with Ensemble Español Spanish Dance Theater at nationally recognized venues, including Chicago's historic Auditorium Theatre. Her dedication and artistry have earned her numerous scholarships and honors, including the City of Chicago's Rising Star Honor Roll Award and the Carmela Greco Scholarship, which supported her flamenco studies in Cádiz, Spain. She was also awarded a 2026 DanceWorks Chicago Microgrant to pursue advanced flamenco training in Sevilla, Spain, further demonstrating her commitment to excellence, authenticity, and continued artistic growth.

Ms. Lorely | Latin Dance Instructor

Ms. Lorely is an accomplished Latin dancer, choreographer, and instructor with more than 10 years of professional performance experience. She received her technical training in Ballet, Modern, and Latin Dance at Columbia College Chicago, developing a strong and versatile foundation across multiple dance disciplines.

Her dance journey began at a young age with Taino Dance Company and Soneros del Swing before advancing her professional career with Flavor and Urban Vibes. Dedicated to sharing her passion and expertise, Ms. Lorely continues to choreograph and perform for quinceañeras, Sweet 16 celebrations, and specialty events. Her work combines technical excellence, creativity, and captivating performance quality to create memorable experiences both onstage and in the studio.



Faculty

Ms. Sabrina | Creative Movement, Ballet, Pointe & PBT Instructor and Choreographer

With more than 20 years of performing and teaching experience, Ms. Sabrina is an accomplished dance educator, performer, and choreographer. She began her dance training at Christine Belpedio's School of Dance at age three and continued her education at Joel Hall Dancers & Center and The Joffrey Ballet. She also served as Student Choreographer and Captain of the competitive Orchesis Dance Team.

A certified Progressing Ballet Technique (PBT) instructor, Ms. Sabrina has extensive training in Cecchetti Ballet, Pre-Pointe, Pointe, Contemporary, Jazz, Tap, Lyrical, and Poms. She currently teaches Creative Movement, Ballet, Tumbling, Ballet, Pre-Pointe, Pointe, and PBT.

Her technically focused instruction emphasizes proper alignment, strength, control, musicality, precision, artistry, and performance quality. Drawing upon her extensive experience performing with and directing performance troupes and Poms teams, Ms. Sabrina has created distinguished choreography and prepared dancers for high-caliber performances.

Recognized for her creativity, technical expertise, and disciplined teaching approach, Ms. Sabrina provides a structured and inspiring environment that challenges dancers to achieve their highest potential. She is dedicated to developing confident, expressive, and versatile performers distinguished by their individuality, artistry, and commanding stage presence.



Private Lessons

Elevate your training with personalized private instruction from our distinguished faculty. Private lessons provide focused, one-on-one coaching tailored to each dancer's individual goals, technical needs, and experience level.

Private instruction is available in Ballet, Pointe, Pre-Pointe, PBT, Contemporary, Jazz, Hip Hop, Latin, Flamenco, Poms, Acrobatics, and more. Lessons may focus on technique, flexibility, strength, artistry, choreography, competition preparation, audition readiness, or individualized skill development.

Advance your technique, strengthen your confidence, and achieve your highest potential through exceptional, personalized training.

Private lessons are available by appointment only. Contact the studio for instructor availability, scheduling, and pricing.



Studio Rental

Our professional dance studio offers a spacious and versatile setting for rehearsals, creative projects, private celebrations, and specialty events.

Our studio is ideal for:

- Dance and performance rehearsals
- Private lessons and choreography sessions
- Auditions, castings, and workshops
- Quinceañera and Sweet 16 rehearsals
- Wedding and first-dance preparation
- Birthday parties and private celebrations
- Fitness, yoga, and wellness classes
- Photography, video production, and content creation
- Team practices and competition preparation
- Community programs and small-group events

Studio rentals are available by appointment and subject to availability. Contact the studio for rates, scheduling, capacity, and studio policies.





Monthly Tuition Rates



1 Dance Classes per Month (4 Classes)	\$70.00
2 Dance Classes per Month (8 Classes)	\$140.00
3 Dance Classes per Month (12 Classes)	\$204.00
4 Dance Classes per Month (16 Classes)	\$256.00
5 Dance Classes per Month (20 Classes)	\$310.00

For students enrolled in more than five classes per week, each additional class is \$50 per month.

Space is limited—[Register Here](#) to secure your place in class

Tuition Policy

Annual tuition is divided into equal monthly installments from September through June. Tuition remains consistent each month, regardless of holidays or scheduled studio breaks.

Make-Up Policy

Studio cancelled classes will be rescheduled. Approved make-ups for student absences must be completed within 30 days and no later than February 28, 2027. Tuition is nonrefundable and will not be prorated, credited, or adjusted.

Drop-In Classes

Drop-in classes are available for select classes through February 28, 2027. PBT drop-ins remain available through June 2027. Advance registration, space availability, and appropriate placement are required.

Registration & Payment Policies

A nonrefundable \$30 registration fee is required per family. Monthly tuition is due between the 1st and 5th; payments received after the 10th will incur a \$10 late fee.

Returned checks are subject to a \$30 fee, and credit card payments include a service fee. All tuition and fees are nonrefundable and nontransferable. Refunds are issued only when a class is cancelled due to insufficient enrollment.

Monthly AutoPay is available for your convenience



An Unforgettable Quinceañera Experience

Elevate your celebration with exclusive, custom choreography from Christine Belpedio's School of Dance. Our award-winning choreographers create polished routines that showcase the quinceañera's personality and ensure her entire court looks confident and performance-ready.

From an elegant traditional waltz and father-daughter dance to a show-stopping baile sorpresa, choose from Salsa, Bachata, Cumbia, Merengue, Reggaetón, Hip Hop, Jazz, Contemporary, and more.

Our premier choreography packages make every rehearsal fun, exciting, and memorable—while creating a spectacular performance your guests will never forget.

Stress-Free Court Solutions: Finding friends who can commit to months of practice is tough. Take the stress out of your planning by renting our professional chambelanes and damas. Highly trained and always perfectly on beat, our dancers blend seamlessly into your court to guarantee a flawless, high-end presentation.

Make Your Surprise Dance Viral-Ready: Want to drop jaws during your baile sorpresa? You can hire our premier professional dance troupe to back you up on the dance floor. Our elite dancers bring high-energy hip-hop, bachata, or custom fusion routines to life, giving you the star power of a live music video.

Elevate Your Quinceañera with Live Entertainment

Make your celebration unforgettable by hiring our professional dancers to perform for your guests. Choose from exciting Latin, Mexican Folklórico, Hip-Hop, contemporary, and specialty performances customized to complement your Quinceañera.

Reserve Your Complimentary Quinceañera Consultation Today!

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Christine Belpedio's
Quinceañera's
Choreography / Coreografía



2026 - 2027 Dance Season

Online Registration Opens

Thursday, August 27, 2026 at 10:00 AM

Classes Are Expected to Fill Quickly, So
Register Early to Secure Your Dancer's Spot!

The studio will be open

Saturday, August 29, from 10:00 - 4:00 PM

Purchase required class attire and receive assistance with class placement and registration. Our team will provide proper dancewear and shoe fittings and answer any class or registration questions.

Shop early for the best size availability and ensure your dancer is fully prepared before classes begin.

Visit Us Saturday—Our Team Is Ready to Help!

The Countdown Is On!

Our New Dance Season Begins On

Tuesday, September 8, 2026

We can't wait to see you in the studio!

