

Colton (Cole) S. Cabiness

ccabiness@comcast.net

Height: 6'2"

Eyes: Green

Hair: Brown

Weight: 165 lbs.

STAGE EXPERIENCE

Date	Production	Role	Company
June 2025	<i>Frozen</i>	Ensemble	Red Mountain Theatre
Feb/Mar 2025	<i>Summer: The Donna Summer Musical</i>	Giorgio/Ensemble/ Bruce U/S	Red Mountain Theatre
May/June 2024	<i>Mary Poppins</i>	Male Ensemble	Red Mountain Theatre
July 2022	<i>Mamma Mia!</i>	Pepper	Theatre Tuscaloosa
September 2019	<i>CATS</i>	Mr. Mistoffelees	The Actor's Charitable Theatre
July 2019	<i>Grease</i>	Kenickie	Theatre Tuscaloosa
June 2018	<i>The Little Mermaid</i>	Scuttle	The Actor's Charitable Theatre

OTHER EXPERIENCE

TUSCALOOSA CHILDREN'S THEATRE, *Tuscaloosa, Alabama* July 2023 – Present
Program Director & Lead Teaching Artist

- Create arts programs that are educational and engaging for a wide variety of interest, age, and experience levels
- Oversee and manage staff of teaching artists including recruitment
- Develop and implement theatre education programs in partnership with local schools

THE DANCE CENTRE, *Tuscaloosa, Alabama* June 2020 – Present
Dance Instructor

- Teach weekly advanced tap dance classes
- Prepare company dancers for competition at *Radix*, *24/7*, and other conventions

EDUCATION & TRAINING

THE UNIVERSITY OF ALABAMA, *Tuscaloosa, Alabama* August 2018 – December 2020
Bachelor's Degree

- Major: Creative Media
- Minor: Theatre

PRIVATE DANCE TRAINING, *Tuscaloosa, Alabama* 2008 – 2015
Private Dance Training with Alisha Jones

- Trained in both tap and jazz dance, with an emphasis on tap

SPECIAL SKILLS

- Juggling (3 or 4 balls)
- Sight Reading
- Jumping Rope
- Piano