

**EVERYONE
WELCOME**



FREE!

THE DEMENTIA CAFÉ

A FRIENDLY RELAXED PLACE TO CONNECT

**FRIENDLY + NO DIAGNOSIS NEEDED + CARERS,
FAMILY & FRIENDS**

Every 4th Monday 1 - 3 pm

**JOIN US FOR A WARM AND WELCOMING DEMENTIA CAFÉ, OFFERING
A SUPPORTIVE ENVIRONMENT FOR
PEOPLE LIVING WITH DEMENTIA, THEIR CARERS AND/OR FAMILY
MEMBERS**

**ENJOY A CUP OF TEA, GENTLE CONVERSATION, ACTIVITIES AND THE
CHANCE TO
MEET OTHERS WHO UNDERSTAND,
IT'S FREE TO ATTEND, DONATIONS APPRECIATED**

**Bright Hope House, Talbot Lane Swannington, LE67 8QT
01530 648 553**



Scan for more information on Alzheimer's society



Bright Hope

in North West Leicestershire

www.brighthope-nwl.org.uk