



Bright Hope

in North West Leicestershire

Giving support when you need it

Supporting
local
people



Day Care Service

at Bright Hope House

info@brighthouse-nwl.org.uk • 01530 648 553

www.brighthouse-nwl.org.uk



Day Care Service

Our popular Day Care Service offers more extensive holistic care and support three days a week, with lots of individual choice.

Who can attend

Our Day Care Service, which takes place at Bright Hope House in Swannington, is open to anyone registered with a North West Leicestershire GP surgery, who has a condition that leads to a reduction in the quality of their life or have been diagnosed with a life limiting illness. Carers can also come, with or without the person with the condition, should they wish to.

The aim of this service is to empower guests and carers with the confidence to feel supported living with a condition and enable them to make the most of life.

We aim to provide a high quality holistic and social

care support package whilst you are with us.

Please note we are unable to provide medical care during these sessions, so we ask that patients and carers are able to look after themselves, as there will be no medical or nursing provision.

We do have a small number of volunteer drivers should you not be able to get to Bright Hope House, however we ask that, where possible, guests get themselves to us independently.

What happens at our Day Care Service

Guests attend from 10am until 3pm one day a week, either on a Tuesday, Wednesday or Thursday, for a twelve week period.

At Bright Hope House, you will have a chance to chat and share experiences with other guests as well as engaging in a variety of activities, all supported by our experienced volunteers.



"It's a great chance to meet other people in a similar situation."

Tim, Day Care Guest

"The day care is very friendly and you are made to feel welcome."

Susie, Day Care Guest

A two-course meal is provided for everyone who attends, which is made on the premises by the charity's cook. The cook will spend some time with you on your first visit, to ensure we understand your nutritional requirements, likes and dislikes.

Activities

We like to tailor our Day Care Service to whoever is attending on the day. We spend time during the initial assessment, and whilst the guest is with us, to understand their hobbies and interests and provide an activity programme around this. Activities that may be available are:

- Arts and crafts
- Creative and music therapy
- Hand and arm massages
- Board games
- Quizzes

We have lots of 'quiet' areas throughout Bright Hope House, should you wish to come along with a book or listen to some music and simply spend some time relaxing.

How to access our Day Care Service

Anyone can refer themselves to our services if they have a condition that leads to a reduction in the quality of their life or have been diagnosed with a life limiting illness or are a carer of someone that has.

A referral can be done by completing our online referral form on our website, speaking to a social or healthcare professional who can refer you, or by calling our Care Services Manager on 01530 648 553.



Will I have to pay?

All services provided by the charity are free to the person receiving them, however they come at a cost to the charity. Bright Hope in North West Leicestershire currently costs in excess of £300,000 a year to run. We would appreciate it if people using our services made a donation for the support they have received.

Smoking

Bright Hope House operates a no smoking and vaping policy. There is a designated outdoor area should you wish to smoke or vape whilst you are with us.

Mobile Phones

Guests are welcome to have mobile phones whilst with us for the day. Please be considerate of other guests regarding the volume of ring tones and the times of incoming calls.



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Our mission and vision:

Bright Hope offers a range of non-clinical, therapeutic and social care services in North West Leicestershire.

The charity supports adults with a life limiting condition, or one that leads to a reduction in quality of life, as well as offering support to their partner, carer or family.

About us:

Bright Hope in North West Leicestershire is a local charity, which prides itself on the existing range of valuable services provided for those over 18 years living with a life limiting illness, or other conditions that significantly limit the quality of life.

We also recognise the vital role of those in caring roles. We strive to ensure support for family members and carers, enabling them to recharge their batteries and take a well-earned break.

It is possible to self-refer to all of our services apart from counselling, which must be made by a health or social care professional.

The full range of our services and online referral form can be found on our website, or please contact us by any of the ways below.

For further details contact us at:
Bright Hope House,
Talbot Lane, Swannington, Leicestershire LE67 8QT

info@brighthouse-nwl.org.uk or call **01530 648 553**

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Charitable Incorporated
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