

August Activities for Preschoolers — Kansas City Edition



Printable Checklist

(Print this list and enjoy a full month of fun, learning, and family connection!)

Nature & Outdoor Adventures

- ☐ Take a nature walk at **Loose Park**
 - ☐ Explore trails and exhibits at **Burr Oak Woods Nature Center**
 - ☐ Have a picnic and playground day at **Swope Park** or **English Landing Park**
 - ☐ Set up a backyard obstacle course
 - ☐ Visit a local farmers' market (e.g. **City Market** or **Overland Park Farmers' Market**)
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Water & Sensory Play

- ☐ Visit a splash pad (like **Penguin Park**)
 - ☐ Cool off at **The Bay Water Park**
 - ☐ Try ice painting with frozen colored cubes
 - ☐ Set up a sensory bin with rice, water beads, or nature finds
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Literacy & Story Time

- ☐ Attend storytime at the **Kansas City Public Library**
 - ☐ Read 5 new books together this month
 - ☐ Retell a favorite story using toys or drawings
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Creative Play & Art

- ☐ Visit **Kaleidoscope** by Hallmark (free art sessions!)
- ☐ Create a collage with items from nature walks
- ☐ Paint with sidewalk chalk or water outside



Animals & Farm Life

- ☐ Visit **Deanna Rose Children's Farmstead**
 - ☐ Draw or “journal” about the animals you see
 - ☐ Pretend play with farm animal toys at home
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Kindergarten Readiness (if applicable)

- ☐ Practice writing their name with chalk or crayons
 - ☐ Role-play school routines (lining up, raising hands, etc.)
 - ☐ Pack a pretend lunch and practice opening containers
 - ☐ Read a book about the first day of school
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Notes & Memories

(Use this space to jot down fun quotes, things your child learned, or ideas for next time!)

Tip for Parents:

Display the checklist where your child can see it. Let them mark off completed activities—it builds excitement, confidence, and a sense of accomplishment!

Pinnacle Gymnastics, Dance, and Ninja
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