



HF Resources is an Accredited Agency through the Canadian Accreditation Council of Human Services

If you have any questions regarding the intake process or bed availability, please contact us at:

Office Number: 780-758-4389 or 587-590-4916

24hr Agency on Call: 780-660-0479

www.HFResources.ca

Ahmed Assaf, Executive Director

780-940-5707

To discover your true potential, is to soar as an Eagle, and beyond.

~unknown~

MISSION

Committed to delivering reliable, trauma-informed, and culturally responsive residential services that promote dignity, safety, and personal growth for children, youth, and young adults with complex support needs.

VISION

To provide safe, structured, and culturally respectful residential care that supports individuals with autism and developmental disabilities to achieve stability, independence, and community participation.

OUR BELIEF

Children are sacred gifts from the Creator.
We are entrusted with them, and it is our responsibility to ensure their right to grow up safe, connected to their Family, Community, Culture, and Land.

ABOUT US

HF Resources is proudly celebrating 20 years of providing residential care and support to children, youth, and families in the summer of 2026. Over the past two decades, we have continuously evolved our programs and services to respond to the changing needs of the communities we serve.

Our organization was founded with a focus on sibling group preservation and family reunification for children and youth (ages 0–17). While this remains a core part of our mission, we have expanded our services to provide highly structured residential care for children, youth, and young adults living with autism spectrum disorder, developmental disabilities, and complex behavioural needs.

Our services now include a transitional home for Indigenous young men (ages 16–24) who are receiving Post-Majority Support Services and require ongoing support as they transition into adulthood. This program bridges the gap between child intervention services and adult residential care, helping young adults develop the skills, stability, and confidence needed for greater independence.

WHAT WE DO

At HF Resources, our programs are grounded in **Trauma-Informed Care** and strengthened through culturally responsive, evidence-informed practices. We provide safe, structured, and supportive environments that promote emotional well-being, skill development, independence, and meaningful participation while respecting each individual's identity, culture, strengths, and lived experiences.

To enhance the quality of our services, HF Resources integrates the principles of **Applied Behaviour Analysis** into our everyday Trauma-Informed Care practices. We use Applied Behaviour Analysis strategies to better understand behaviour, teach meaningful life skills, monitor progress, and develop individualized support plans. This approach helps our teams respond proactively, promote positive behaviour, and create predictable, supportive environments for children, youth, and young adults with complex needs.

Our staff receive ongoing training and coaching to ensure supports are delivered consistently and effectively using evidence-informed practices tailored to each individual's unique needs.

Individualized Services Include:

- Behaviour supports planning and skill development
- Indigenous cultural programming
- Community integration and participation
- Family engagement
- Tailored goal planning
- Educational support
- Recreation and leisure programming
- Daily living and independent living skills
- Health and wellness support

By combining Trauma-Informed Care with Applied Behaviour Analysis strategies, HF Resources delivers services that are compassionate, accountable, and focused on meaningful outcomes. We emphasize prevention, early intervention, skill development, and individualized supports while using objective data to monitor progress and guide decision-making.

Our teams use individualized behaviour support plans, ongoing observation, data collection, and regular review to evaluate the effectiveness of interventions and adjust supports as needed. This continuous process helps ensure each child, youth, and young adult receives consistent, responsive care that supports meaningful progress toward their personal goals.

CULTURAL TEACHINGS AND HEALING PRACTICES

Cultural teachings and healing practices are an essential component of trauma-informed care. We recognize that healing is strengthened through connection to culture, community, language, and traditional practices. Our team works with community and family to ensure cultural supports are meaningful, respectful, and guided by local traditions.

We acknowledge that First Nations, Métis, and Inuit cultures are diverse, and that traditional teachings and healing practices vary among communities. We strive to honour these differences by supporting individualized cultural plans that reflect each person's identity and community connections.

Our homes honour Indigenous culture through daily smudging, following community protocols. We also provide monthly cultural teachings led by Indigenous staff and community partners. These practices ensure culture is actively lived, respected, and woven into everyday care.

Children and Youth participate in cultural activities and ceremonies such as sweat lodges, women's and men's circles, powwows, round dances, seasonal ceremonies, land-based learning, and other traditional healing opportunities.

Our cultural programming is guided by the Seven Sacred Teachings. These teachings help foster resilience, identity, belonging, and holistic wellness while strengthening connections to family, community, and culture.

As Indigenous communities continue to exercise jurisdiction over child and family services under Bill C-92, HF Resources is committed to building meaningful, respectful partnerships that support community-led care. We recognize the importance of cultural continuity, the best interests of the child, and substantive equality, and we are dedicated to working alongside First Nations, Métis, and Inuit communities to develop responsive residential services that reflect each community's unique values, traditions, and priorities.

