ELEVATE YOUR WELLNESS

From heat to cold, explore the full wellness spectrum

wellness

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Where Innovation Meets Wellness

With over 30 years of experience, the Wellness Product range features a carefully curated selection of full-spectrum infrared saunas and premium ice baths, designed to elevate your wellness journey from the comfort of home.

Our saunas combine advanced infrared technology with sleek, functional design, giving you the freedom to buy infrared saunas online with confidence. Engineered for home use, our models provide targeted heat therapy that's both safe and deeply rejuvenating.

Our new ice bath systems are ideal for recovery, performance and daily cold exposure routines. Whether you're looking for a complete ice bath setup or seamless system installation, our products are made to support your health and recovery goals.

Backed by innovation, style and a passion for wellness, Wellness Saunas & Ice Baths helps you create a sanctuary at home.

Infrared Saunas

Wellness Saunas are the most advanced portable saunas on the market!

Our saunas offer a range of configurations, functionalities, accessories and options to suit your lifestyle and individual needs, allowing you to bring the experience of a commercial sauna into your own home.

Our infrared saunas are similar to a traditional style sauna in the sense that you are still sitting in a small heated room. The major difference is the heat source; in this case it's infrared heat.

Our range of premium full spectrum infrared saunas offer ultimate comfort and relaxation, using this unique heat source to provide a clean and dry beneficial heat to our users.

Steps shown are not included and are for display purposes only.

AUSTRALIAN ELECTRICAL STANDARDS

Wellness Saunas are 100% Australian Electrical Safety compliant and we are proud to produce a product that offers peace of mind to all of our customers.

SAUNA WARRANTY

- 10 year on heaters
- 5 year cabinet and electrical
- 1 year labour and stereo

PREMIUM FULL SPECTRUM INFRARED HEATER SYSTEMS

Our premium full spectrum infrared saunas are designed to deliver a number of relaxing benefits and could also be used to:

- Relieve muscle tension
- Assist with relaxation and rest
- Detox
- Promote wellness

INTEGRATED CONTROL PANEL TECHNOLOGY

Our Infrared Saunas come fully equipped with a control panel that allows you to set the sauna to your perfect temperature. The control panel also offers a variety of functionalities from Bluetooth audio options to setting your sauna's timer.

The control panel makes Wellness Saunas easy to operate and program your perfect sauna experience.

Designed with relaxation and lifestyle in mind, Wellness Saunas offer Infrared Saunas to suit every lifestyle.

Offering a range of sizes to cater to your individual needs, starting with our 1-2 Person sauna, right through to our spacious 3-4 Person sauna. Visit Wellness Saunas and Ice Baths for more information about choosing the right sauna for you.

1-2 Person Sauna

The 1 to 2 Person Sauna is one of the most advanced portable saunas on the market, constructed from the highest quality A-Grade mahogany wood and comfortably seats 1 - 2 people.

Featuring our full spectrum heaters which ensure a comfortable and safe sauna experience, in addition to our infrared technology that provides 360° heat exposure from all angles making our saunas more energy efficient and delivering an effective sauna experience every time.

Measurements	1000 x 950 x 1900mm
Total Seats	2
Material	Mahogany
Heater	Carbon
Power	10amp 240V
Heating Temperature Range	Between 55° to 65° Celsius. Depending on surroundings.

STANDARD INCLUSIONS

- External LED Lighting
- Internal Colour Therapy Lighting
- Bluetooth Audio System
- Superior Control System

Steps shown are not included and are for display purposes only.

2-3 Person Sauna

This sauna comfortably seats 2 - 3 people, making it a perfect addition to the family home and is constructed from the highest quality A-Grade mahogany wood.

Our infrared technology provides 360º heat exposure from all angles making our saunas more energy efficient and delivering an effective sauna experience every time.

The 2 to 3 Person Sauna is also fitted with our full spectrum heaters which ensure a comfortable and safe sauna experience.

Measurements	1190 x 1040 x 1900mm
Total Seats	3
Material	Mahogany
Heater	Carbon
Power	10amp 240V
Heating Temperature Range	Between 55° to 65° Celsius. Depending on surroundings.

STANDARD INCLUSIONS

External LED Lighting

Internal Colour Therapy Lighting

Bluetooth Audio System

Superior Control System

Steps shown are not included and are for display purposes only.

3-4 Person Sauna

This Sauna is constructed from the highest quality A-Grade mahogany wood and comfortably seats 3 to 4 people, so the whole family can enjoy the benefits of a home sauna.

Featuring our full spectrum heaters which ensure a comfortable and safe sauna experience, in addition to our infrared technology that provides 360° heat exposure from all angles making our saunas more energy efficient and delivering an effective sauna experience every time.

Measurements	1450 x 1040 x 1900mm
Total Seats	4
Material	Mahogany
Heater	Carbon
Power	10amp 240V
Heating Temperature Range	Between 50° to 60° Celsius. Depending on surroundings.

STANDARD INCLUSIONS

External LED Lighting

Internal Colour Therapy Lighting

Bluetooth Audio System

Superior Control System

Steps shown are not included and are for display purposes only.

Revitalise & Recover

CHILL MASTER PRO
PREMIUM ICE BATH

Start your journey to faster recovery with Wellness Ice Baths.
Whether you want to reduce muscle soreness, alleviate inflammation, or enhance your overall health, our ice baths provide a natural and effective way to revitalise your body and mind.

REDUCE
Alleviate Inflammation & Swelling

Wellness Ice Baths can help reduce inflammation and swelling, making it easier for your body to recover after exercise or injury. The cold water helps soothe sore muscles and may ease discomfort from everyday aches.

RELIEVE
Reduce Muscle Soreness

Wellness Ice Baths can help relieve sore muscles, making it easier to bounce back after exercise or a long day. The cold water helps take the edge off muscle aches and may even reduce intensity of post-workout soreness.

RECOVER
Bounce Back Quicker

Wellness Ice Baths are an excellent way to accelerate your recovery after exercise or a demanding day.
The cold water revitalises your body, soothes tired muscles, and boosts circulation, helping you feel refreshed.

REVITALISE
Support Immunity & Overall Health

Wellness Ice Baths can enhance your overall vitality, leaving you feeling refreshed and energised. Regular ice baths may boost your body's natural resilience and can provide a mental lift, helping you manage stress and feel more focused.

Chill Master Pro Premium Ice Bath

Start your journey to faster recovery with Wellness Ice Baths.

Whether you want to reduce muscle soreness, alleviate inflammation, or enhance your overall health, our ice baths provide a natural and effective way to revitalise your body and mind.

Measurements	2100 x 1100 x 750mm
Total Seats	1
Capacity	630L
Plug & Play Power	10amp 240V
Heating Temperature Range	3° to 40° Celsius. Depending on surroundings.
Heating	Integrated 3 kW heat pump
Safety	Insulated hard cover
Filtration	Ozone & UV filtration
Special Features	WiFi enabled Premium lighting

2 Year Equipment & Cover Warranty

5 Year Structural Warranty

See it in person, feel the difference

Experience the quality of our infrared saunas and ice baths for yourself. Visit a Just Spas retailer across Australia to view the range, ask questions, and find the perfect fit for your wellness goals.

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www.wellness-products.com.au