



AHG FL0613 Registration Checklist

- _____ Read AHG/TL FL0613 Troops: Policies, Principles, and Partnering Agreement
- _____ Read AHG Statement of Faith
- _____ Read volunteer ministry description pages. Choose a volunteer position. Contact Troop Coordinator with any questions at Troop0613@EBCParrish.org.
- _____ Fill out dues/uniform form and turn it along with the payment to Treasurer.
- _____ Fill out Health and Safety Form for each girl/parent joining. We will need a copy of insurance card, immunization records and 2x2 picture of each person.
- _____ Have your pediatrician fill out the High Adventure Form for each girl.
- _____ Sign up for AHGFamily for one adult and girls. Adult complete KEYS training, AHG Foundations, BEST Practices for Health and Safety, and any training specific to your volunteer position.
- _____ Upload a copy of CPR/AED and First Aid certification to AHGFamily account or email to Troop0613@EBCParrish.org.

****This packet will need to be turned in before our first meeting in August or within the 2 weeks of starting the onboarding process. Delay exceptions for the High Adventure Form will be provided upon request****

American Heritage Girls (AHG) and Trail Life (TL) USA FL-0613 Troops: Policies, Principles, and Partnering Agreements:

Corporate Agreement: *AHG and TLUSA signed a Memorandum of Ministry Alliance to support one another in their shared mission for Christ-centered spiritual character development of youth. While closely aligned, the adult and youth memberships of AHG and Trail Life USA are separate. A Trail Life USA Adult member who is not AHG Adult member cannot be substituted for an AHG adult member, including for 2-deep and supervision purposes.*

Local Agreement of Principles of Partnering: *The AHG FL-0613 and TL FL-0613 (sometimes called 0613 Troops) agree to support one another in a mutually beneficial relationship, as they separately minister to girls and boys, respectively, as God has called them to do. There are Biblical reasons for this distinctive focus for boys and girls. There are also Biblical reasons for interaction, including the development of a proper understanding, appreciation, and honor of the opposite sex. Our shared Christ-centered values can guide both experiences of interaction between the sexes and our normal ministry to boys and girls separately.*

Because of this understanding, the AHG and TL FL-0613 Troops agree to the following:

Meeting Policies:

- Opening Ceremonies will generally be a shared event each meeting night. While, each Troop will have separate meeting areas designated ahead of time for meeting space for each level of the respective Troop. All Leaders will be given a list of where each unit will be meeting. If this changes, it will be communicated to all leaders as appropriate.
- No boy or girl will leave the designated meeting space until an authorized adult comes to pick them up. (The youth's parent/guardian will be told where to pick up their child by the designated patrol/unit leader at the start of each meeting).
- All Activities will have designated separate boys' and girls' restrooms in which both troops are to follow the Buddy system when traveling to use.
- When attending events not at the charter organization with both AHG and TLUSA Troops, youth are to report to their respected leaders in their Troop and remain with those leaders until released to authorized adults at end of the activity.

Specific Partnering Goals:

- Unless by mutual agreement, we will partner for joint opening ceremonies with the goal of completing within 15 minutes of meeting start. Typical order of events will be:
 - Prayer
 - Flag Ceremony with Pledge of Allegiance
 - AHG Oath, Creed and Mission Statement
 - TL Oath
 - Announcements (relevant to both troops)
- Hit the Trail (HTT) activities where there is mutual benefit to do jointly, will be collaborated on. For example, local HTT opportunities, such as museum visits and park hikes can be fun to do together. However, each troop is to be responsible to follow their own policies, including the requirement to have separate camp sites.
- Service activities may be collaborated on. For example, partnering for Operation Christmas Child is seen as typically desirable.

- Celebrations, such as Christmas Parties, are outstanding to do jointly and will be pursued.

Note: Due to specific troop needs, Regular meeting Closing Ceremonies will not be done jointly.

Camping Policies and Principles

- Each AHG Troop will typically camp by itself or with other AHG Troops, each TLUSA troop would typically camp by itself or with other TLUSA Troops. For purposes of this policy, “camping” will include tent camping, cabin camping, hammock camping, camping under the stars, and/or any other overnight activity.
- Interactive camping involving both 613 Troops will be encouraged as an occasional and purposefully coordinated experience. Joint camping with both AHG and TLUSA Troops must be designed and executed to advance specific Christian virtues of mutual value, such as honor, purity, respect, cooperation, service, and fellowship.
- Joint AHG-TLUSA camping must comply with all the following parameters:
 - There must be 1 registered adult for each AHG and TLUSA specifically always designated with oversight authority at the camp. They have the right to expel any person or Troop for violating camp rules.
 - Two-deep leadership, and girl/boy to adult ratios, must be always maintained, by Adult Members, for both troops.
- No one (adult, boy or girl) may camp who is not registered with AHG or TLUSA.
- Boys and Girls may engage in all activities together, with direct adult supervision, except as limited below. Boys and girls must:
 - Not be alone together and all should be observable by adults. They will function typically as teams without our Troops, patrols, etc.
 - Not touch each other in any inappropriate or questionable manner.
 - Not haze, harass, intimidate, stalk, objectify, entice, or tease each other. Boys and girls must treat each other with respect, compassion, and honor always.
 - Have separate and concealed bathroom and shower areas, or if only such area is available, then specific times for separate use will be scheduled and monitored by adult leaders.
 - Be housed/sleep in separate campsites, with their respective gender-specific Troops. Boys and girls must never share (or be in) the same tent, cabin, tarp, or other sleeping area, and must not be able to see each other from their respective sleeping quarters. Boys and girls must not enter the sleeping area (campsite) of the opposite sex but must not enter the sleeping area(campsite) of the opposite sex but must remain with their own Troops during all hours. Sleeping areas must be supervised by adults. No youth will sleep alone in tents or set up away from the rest of the Troop.
 - Must dress appropriately, in uniform or as otherwise determined by Troop leaders. Boys and girls must never dress or undress within view of each other. Generally, swimming is discouraged as a joint activity, unless closely monitored by adult leaders, but other water activities may be engaged in, such as canoeing or kayaking or water rescue skills.

AHG and Trailman Youth Policy

- Do not bring your child if they have had any fever in the last 24 hours. Child may also not attend if they have any of the following: excessive cough, excessive nasal drainage, sore throat, rash, diarrhea, discharge from eyes or inflammation, head lice, earache and/or open sores.
- Youth will wear their Class A uniform to Monday night meetings with closed toe shoes. Shorts/skirts for girls need to be fingertip length. Class B uniforms will be worn on field trips and hit the trails unless otherwise mentioned. Youth attending First Fridays do not need to wear a uniform.
- Youth are encouraged to use the restroom before AHG and Trail Life. We lose a lot of valuable time when we must stop and take kids in groups of three to the restroom.
- There will always be two deep leadership with proper child ratios. Youth will travel in packs of 3.
- Youth are not permitted to use cellphones or other electronics during troop time without an exception granted.



AMERICAN HERITAGE GIRLS
STATEMENT OF FAITH

The American Heritage Girls is a **Christ-centered** leadership and character development ministry. The following Statement of Faith applies to all American Heritage Girls' Charter Organizations and Adult Members:



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We believe that there is One Triune God-Father, Jesus Christ, His one and only Son; and the Holy Spirit-Creator of the universe and eternally existent. We believe the Holy Scriptures (Old and New Testaments) to be the inspired and authoritative Word of God. We believe each person is created in His image for the purpose of communing with and worshipping God. We believe in the ministry of the Holy Spirit, Who enables us to live godly lives. We believe that each individual is called to love the Lord our God with all our heart, mind, soul and strength; and to love our neighbors as ourselves. **We believe God calls us to lives of purity, service, stewardship and integrity.**

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Clarity is further provided to the following terms:

Purity

God calls us to lives of holiness, being pure of heart, mind, word and deed. We are to reserve sexual activity to the sanctity of marriage; a lifelong commitment before God between a man and a woman.

Service

God calls us to become responsible members of our community and the world through selfless acts that contribute to the welfare of others.

Stewardship

God calls us to use our God-given time, talents and money wisely.

Integrity

God calls us to live moral lives that demonstrate an inward motivation to do what is right, regardless of the cost.

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For more information on starting your daughter's journey with American Heritage Girls visit americanheritagegirls.org



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Girl Behavior Agreement

Purpose: To clarify behavior expectations of AHG Girl Members

Zero Tolerance Policy

A zero-tolerance policy has been adopted by this American Heritage Girls Troop for the following behaviors:

- Possession or use of weapons, tobacco, vaping, alcohol, or any illegal substance or paraphernalia.
- Theft.
- Physical assault.
- Inappropriate behavior or talk.
- No electronic use while signed into AHG class or events.

Examples of APPROPRIATE behaviors:

- Respect others' personal space and boundaries
- Handshake and high-fives
- Arm around the shoulders
- Pats on the shoulder/back
- Show kindness with your words and word choices
- Verbal praise for achievement or behavior
- Verbal encouragement
- Scripturally based teaching
- Be respectful when others are speaking
- Be a good listener
- Be honest
- Respect your environment

Girls Behavior Agreement

As an American Heritage Girl in this Troop I agree to:

- Live out the AHG Oath and Creed.
- Use language appropriate for a Christian community.
- Respect the rights, privacy and property of others.
- Wear appropriate and modest clothes for activities.
- Not possess or use weapons or any illegal substance or paraphernalia.
- No electronics at any meeting or event unless otherwise directed.

Please sign below that you have read and agree to this behavior agreement.

Girl Print Name _____

Girl Signature _____

Parent Signature _____

Date _____

Troop Number FL-0613

**By signing this agreement, parents agree to immediately pick up their daughter upon notification and request of Troop Leadership if any of the behaviors noted in the Zero Tolerance Policy have been exhibited.*

Each year, AHG Girl and Adult Members must complete a new *Health and Medical Form* to be kept on file at the Troop level.

Attaching a photo to this form can help to avoid errors in identification.

Member Name			
Date of birth		Age	
Weight		Height	
Street Address			
City, State Zip			
Parent/Guardian Name(s)			
Phone Number(s)			
Emergency Contacts	Name		
	Relationship		
	Phone Number		
	Name		
	Relationship		
	Phone Number		
Allergies: If applicable, please list all known allergies including medications, food, and environment.	Allergy	Normal reaction and management of reaction	
General Health Information: Check all that apply, past or present, to this member's health history.	<input type="checkbox"/> Abdominal/stomach/digestive problems <input type="checkbox"/> Asthma <input type="checkbox"/> Convulsions/seizures <input type="checkbox"/> COPD <input type="checkbox"/> Diabetes <input type="checkbox"/> Excessive fatigue <input type="checkbox"/> Fainting or dizziness <input type="checkbox"/> Head injury/concussion <input type="checkbox"/> Heart disease/heart attack/chest pain/heart murmur/coronary artery disease <input type="checkbox"/> Hemophilia or blood disorders <input type="checkbox"/> Hypertension (high blood pressure)	<input type="checkbox"/> Kidney Disease <input type="checkbox"/> Lung/respiratory disease <input type="checkbox"/> Menstrual cramps <input type="checkbox"/> Migraines/headaches <input type="checkbox"/> Motion/altitude sickness <input type="checkbox"/> Muscular/skeletal conditions/muscle or bone issues <input type="checkbox"/> Neurological disorders <input type="checkbox"/> Nosebleeds <input type="checkbox"/> Sinus problems <input type="checkbox"/> Sleep apnea, sleepwalking or sleep disorders <input type="checkbox"/> Stroke/TIA <input type="checkbox"/> Thyroid disease	

Member Name					Troop Number	
Additional notes about this member's behavior, physical, emotional or mental health needs pertinent to their participation in American Heritage Girls.						
Medications: If medications of any type will be taken or needed during Troop meetings, events, activities or trips, please fill out the <i>Request for Medication Administration Form</i> .	<input type="checkbox"/> No medications are routinely taken.					
	<input type="checkbox"/> The medications listed below are regularly taken (including inhalers, Epi-Pens, over the counter medications, homeopathic, and prescription medications). If additional lines are needed, please attach a separate page.					
	Medication		Dosage		Reason for medication	
Tetanus Immunization Policy: AHG requires members to have Tetanus immunization within the last 10 years.	<input type="checkbox"/> I (or my daughter) has received tetanus immunization on _____(date).					
	<input type="checkbox"/> I (or my daughter) have not received tetanus immunization and I would like to request exemption based upon a lack of immunization records, religious, philosophical or medical grounds. Signature of individual or parent/guardian: _____					
Immunizations: The following immunizations are recommended by AHG, Inc. but are not required.	Type	Year Received	Type	Year Received	Type	Year Received
	Pertussis		Polio		Hepatitis B	
	Diphtheria		Chicken pox		Meningitis	
	MMR		Hepatitis A		Influenza	
I give permission for full participation in American Heritage Girls programs, events and activities, subject to limitations noted herein. I know of no health reason(s), other than the information indicated in this form, why I or my daughter should not participate in any of the American Heritage Girls activities. Please check one: <input type="checkbox"/> In case of an emergency, I understand every effort will be made to contact me (or my next of kin). In the event that contact cannot be made, I hereby give my permission to the licensed health-care provider selected by my Troop or Charter Organization to secure proper treatment, including related transportation, hospitalization, anesthesia, surgery, or injections of medication for myself or my child, except as noted. I agree to the release of records necessary for treatment. <input type="checkbox"/> I do not give my consent for medical treatment of my daughter or I. In the event of illness or injury requiring treatment, I wish AHG volunteers to take no action beyond basic first-aid measures						
Additional notes:						
Signature of individual or parent/guardian					Date	

Each year, AHG Girl and Adult Members must complete a new *Health and Medical Form* to be kept on file at the Troop level.

Attaching a photo to this form can help to avoid errors in identification.

Member Name			
Date of birth		Age	
Weight		Height	
Street Address			
City, State Zip			
Parent/Guardian Name(s)			
Phone Number(s)			
Emergency Contacts	Name		
	Relationship		
	Phone Number		
	Name		
	Relationship		
	Phone Number		
Allergies: If applicable, please list all known allergies including medications, food, and environment.	Allergy	Normal reaction and management of reaction	
General Health Information: Check all that apply, past or present, to this member's health history.	<input type="checkbox"/> Abdominal/stomach/digestive problems <input type="checkbox"/> Asthma <input type="checkbox"/> Convulsions/seizures <input type="checkbox"/> COPD <input type="checkbox"/> Diabetes <input type="checkbox"/> Excessive fatigue <input type="checkbox"/> Fainting or dizziness <input type="checkbox"/> Head injury/concussion <input type="checkbox"/> Heart disease/heart attack/chest pain/heart murmur/coronary artery disease <input type="checkbox"/> Hemophilia or blood disorders <input type="checkbox"/> Hypertension (high blood pressure)	<input type="checkbox"/> Kidney Disease <input type="checkbox"/> Lung/respiratory disease <input type="checkbox"/> Menstrual cramps <input type="checkbox"/> Migraines/headaches <input type="checkbox"/> Motion/altitude sickness <input type="checkbox"/> Muscular/skeletal conditions/muscle or bone issues <input type="checkbox"/> Neurological disorders <input type="checkbox"/> Nosebleeds <input type="checkbox"/> Sinus problems <input type="checkbox"/> Sleep apnea, sleepwalking or sleep disorders <input type="checkbox"/> Stroke/TIA <input type="checkbox"/> Thyroid disease	

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Additional notes:						
Signature of individual or parent/guardian					Date	

- Girl and Adult Members who will be participating in Authorized High Adventure Activities are required to complete a new *High Adventure Activity Medical Form* each year.
- The form requires a health examination from a licensed health care provider. Laws vary state to state and members are encouraged to check with their health care provider to determine if they can examine/complete/sign these forms.
- These forms are kept on file at the Troop level.
- The high adventure classification is based on a number of risk factors including but not limited to the physical exertion, potential for injury, potential severity of an injury, recommended supervision of the activity, equipment used in the activity that could fail, and prior accidents and injuries for the activity.

Licensed health care provider: You are being asked to certify that this individual has no contraindications for participation in the following activities: Bouldering (Indoor and Outdoor), High Ropes and Challenge Courses, Giant Swings and Zip lining (activities utilizing harnesses), Horseback Riding (on trails or in a ring), Rappelling (Indoor and Outdoor), Rock Climbing (Indoor and Outdoor), Shooting Sports (paintball, BB guns, CO2 Pellet Rifles, Rifle and Shotgun, Spelunking, Ice Fishing, Winter Sports and Activities (skiing, snowboarding and snowshoeing), Canoeing, Kayaking, Pedal Boating, Row Boating, Sail Boating, SCUBA Diving and Snorkeling, Stand-Up Paddle Boarding, Surfing, Tubing, Waterskiing, Wakeboarding and Kneeboarding, Whitewater Activities. Please complete the sections below.

Member Name					
Date of birth		Weight		Blood Pressure	
Age		Height		Pulse	

	Normal	Abnormal	Explain
Eyes			
Ears/nose/throat			
Lungs			
Heart			
Abdomen			
Musculoskeletal			
Neurological			
Other			

I certify that I have reviewed the health history and examined this individual and find no contraindications for participation in AHG Authorized High Adventure Activities. This participant: (1) Does not have uncontrolled or poorly controlled heart disease, asthma, hypertension, or diabetes. (2) Has not had orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months. Or, has received a letter clearing them for participation from their surgeon or treating physician. (3) Has had no seizures in the last year.

Licensed health care provider's signature		Date	
Printed Name		Phone Number	
Address, City, State, Zip			

New Member Onboarding

Welcome to American Heritage Girls Troop FL-0613!

Here are the basic sign-up steps:

**1. Register Once you are ready to join, ask a leader to send you a text or email invite.
You will receive an email or text with a direct link to our troop.**

a. National Dues: (Youth Fee \$40 per (caps out at \$105), Adult Fee \$40) which covers base fees (per child) for the operations of the home office and Annual Insurance. *These fees are paid online when you register on AHGFamily (ahgfamily.org). These fees go directly to AHG National Headquarters.*

2. Local Dues and Uniform: Paid with check or potential cash app after turning in the Member Order and Payment Form to the Treasurer or Onboarding Chair.

a. Dues: \$100.00 per youth per year. This goes towards annual troop re-chartering fees, awards/badges, and defray trip and activity expenses.

b. AHG Uniforms: To simplify matters, the troop will purchase the following uniform items per registered youth and registered adult receiving payment for local dues and uniforms. Here are the prices by category:

- **\$60 per Pathfinder (5-6 yrs) Youth:** covers Troop T-Shirt, Pathfinder T-Shirt, Handbook, Necklace Kit, and Necklace Troop Number Beads
- **\$115 per Tenderheart (6-9 yrs) or Explorer (9-12 yrs) Youth:** covers Troop T-Shirt, Vest, Neckerchief with Slide, Flag Patch, AHG Membership Pin, Troop Number Patches (qty: 4), AHG Short-Sleeved Uniform Polo, and Tenderheart/Explorer Handbook
- **\$95 per Pioneer/Patriot (11 thru 17) Youth:** covers Pi/Pa Uniform Sash, Flag Patch, Membership Pin, Troop T-Shirt, Troop Number Patches (qty: 4), AHG Short-Sleeved Uniform Polo, Badge Magic Starter Kit, and AHG Pioneer & Patriot Handbook
- **\$75 per Registered Adult:** covers Troop T-Shirt, Polo Shirt, Lanyard and AHG pin.

Other optional items can be purchased through <https://store.americanheritagegirls.org/>

4. Forms to complete as soon as possible and turned into the Onboarding Chair:

- a. Youth Health and Safety Form (this includes Emergency contact form and authorized guardians) with Copy of insurance card
- b. Adult Health and Safety Form – one for each adult that plans to come to events with Youth. Provide copy of insurance card.
- c. Other forms that may be required: Statement of Faith, Standards of Behavior Form, and High Adventure Form.

AHG Member Order and Payment Form

Please fill out this form and be ready to pay with a Check or potential cash app. Then, turn it into the Onboarding Chair or Treasurer, who will fill out the fee and cost information.

Registered Adult Info:

Full Name: _____ E-mail: _____ Phone #: _____

Role/Position: _____

Shirt Size: AS AM AL XL XXL Other: _____ Uniform: _____
(circle one) Pin: _____

Youth 1 Info

Full Name: _____ Patrol Level: P, T, E, Pi, Pa

Shirt Size: YS YM YL AS AM AL Other: _____ Uniform: _____
(circle one) Dues: _____

Youth 2 Info

Full Name: _____ Patrol Level: P, T, E, Pi, Pa

Shirt Size: YS YM YL AS AM AL Other: _____ Uniform: _____
(circle one) Dues: _____

Youth 3 Info

Full Name: _____ Patrol Level: P, T, E, Pi, Pa

Shirt Size: YS YM YL AS AM AL Other: _____ Uniform: _____
(circle one) Dues: _____

Youth 4 Info

Full Name: _____ Patrol Level: P, T, E, Pi, Pa

Shirt Size: YS YM YL AS AM AL Other: _____ Uniform: _____
(circle one) Dues: _____

Other Member (for 2nd Adult or 5th Child) Info:

Full Name: _____ Patrol Level: P, T, E, Pi, Pa

Shirt Size: YS YM YL AS AM AL Other: _____ Uniform: _____
(circle one) Dues: _____

Donation: _____

Total Cost: _____

Uniform Costs: \$60 for Pathfinder (P), \$115 for Tenderhearts (T) & Explorers (E),
\$95 for Pioneers (Pi) & Patriots (Pa), \$75 for Registered Adults
Local Dues: \$100 per youth (\$0 per adult).