

How Much Should My Child Practice?

A simple guide for aligning practice expectations with musical goals

1

BUILDING THE HABIT



4–5
days per week



10–15
minutes per day

FOCUS:

- Build routine
- Review the lesson
- Learn the basics



2

GROWING MUSICIAN



5
days per week



15–30
minutes per day

FOCUS:

- Weekly progress
- Technique
- Repertoire



3

SERIOUS HOBBY / PERFORMANCE FOCUS



5–6
days per week



30–45
minutes per day

FOCUS:

- Performance prep
- Stronger technique
- Theory



4

ADVANCED / PRE-PROFESSIONAL



5–6+
days per week



45–60+
minutes per day

FOCUS:

- Advanced repertoire
- Auditions
- Self-driven growth



Consistency *beats* intensity.

Weekly lessons provide the roadmap. Practice creates the progress.

MUSICAL LIVING ACADEMY

Engage the Mind 🧠 Express the Heart ❤️

Different Goals. Different Music Journeys.

Choose the lesson path that best matches
your child's goals and expectations

1



For Relaxation

Best fit: enjoyment + enrichment

Focus:

- Creative outlet
- Low-pressure learning
- Maintain what is learned
- Optional performances



2



Recreational

Best fit: steady growth
without high pressure

Focus:

- Foundational skills
- Consistent routine
- Build confidence
- Optional recitals



3



Growth + Challenges

Best fit: students who
enjoy progress

Focus:

- Stronger weekly growth
- Technique + repertoire
- Musical independence
- Optional theory



4



Serious Hobby / Performance

Best fit: higher commitment
and polish

Focus:

- Performance readiness
- Stronger technique
- Theory + musicianship
- Optional exams / auditions



What Progress Can Look Like Over Time



3–6 Months

Building the Habit

- Learn basics
- Build lesson routine
- Read simple music



6–12 Months

Growing Musician

- Greater consistency
- Wider repertoire
- More independence



1–2 Years

Performance Focus

- Stronger technique
- More polished recitals
- Better musical expression



2+ Years

Advanced

- Complex repertoire
- Deeper musicianship
- Advanced opportunities

The goal shapes *the* journey.

When expectations match the **purpose**, music becomes more rewarding.

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