

# Coffee & Tea

HOT COFFEE \$3 HOT GREEN TEA \$3 ICED COFFEE 16oz. \$3 ICED CHAI TEA 16oz. \$4 ICED GREEN TEA 16oz. \$4 ICED MATCHA LATTE 16oz. \$5

## Jo's Pressed Juices 160z.

#### **GOJO GREEN**

kale, spinach, celery, cucumber, apple, & lemon \$9

#### **CODE RED**

beets, carrots, apple & ginger \$9

#### **DETOX SHOT**

red apple, ginger & lemon \$5

#### **IMMUNITY SHOT**

Turmeric, Ginger, Honey & Lime \$5

## Smoothies 160z.

#### **GREEN SMOOTHIE**

kale, spinach, pineapple & coconut water \$7.50

#### **RED SMOOTHIE**

beet juice, pineapple, blueberries, strawberries & ginger \$7.50

## FRUIT SMOOTHIE

blueberries, strawberries, raspberries, banana & coconut water \$7.50

## PITAYA SMOOTHIE

Dragon Fruit, Pineapple, Banana & Coconut Water \$8.50

## PROTEIN SMOOTHIE

Banana, Almond Milk, Peanut Butter & Vanilla Or Chocolate Plant Based Protein \$8.50

## JO MANGO SMOOTHIE

Mango, Pineapple, Banana & Coconut Water \$7.50

## SUNNY SIDE SMOOTHIE

Mango, Strawberry, Pineapple, Banana & Orange Juice \$7.50

## RASPBERRY TRUFFLE SMOOTHIE

Pitaya, Chocolate Plant Based Protein Powder Raspberries, Banana, & Almond Milk \$8.50

# Light Bites OAH

## GREEK YOGURT PARFAIT

chobani vanilla greek yogurt, granola, fresh fruit & honey \$8

## **AVOCADO TOAST**

with fresh sprouts, truffle oil & balsamic glaze on an organic loc-cal whole grain bread \$10

## **GRANOLA BOWL**

Hemp & Flax seed granola, bananas, strawberries, blueberries, chia seeds, honey & almond milk \$8



Consumption of raw or undercooked meats, poultry, fish and shellfish pose a risk to your health.

Prices subject to change without notice, parties of 6 or more will be charged 18% gratuity.

## Salads

#### ADD ONS:

Chicken Salad or Tuna Salad \$6 | Grilled chicken \$6 Grilled Shrimp \$10 | Falafel \$5 (vegetarian)

CHOICE OF DRESSING: Carrot ginger or miso

#### SUBLIME SALAD

Red & white quinoa, chickpeas, avocado, carrots, tomatoes, cucumbers, sprouts & chia seeds over field greens, served w/ miso dressing \$15

### CHICKEN SALAD

Bistro chicken salad, avocado, cucumbers, carrots, cabbage & tomatoes \$15

#### **TUNA SALAD**

Albacore tuna salad, avocado, cucumbers, carrots, cabbage & tomatoes \$15

#### MISO COBB SALAD

Roasted Chicken, Hard-Boiled Egg, Bacon, Blue Cheese, Avocado, Tomato over Field Greens \$15

## SPINACH, GOAT CHEESE & WALNUT SALAD Baby Spinach, Goat Cheese, Candied Walnuts,

Baby Spinach, Goat Cheese, Candied Walnuts, Carrots, Avocado, Tomatoes, Cabbage \$14.95

### AVOCADO SALAD

Avocado, Pico de Gallo, Field Greens, Tomato, Cucumber, Carrots & Cabbage \$15

#### **COCONUT SHRIMP SALAD**

Coconut Shrimp, Avocado, Diced Pineapple, Carrots Cabbage, Tomatoes & Crushed Peanuts over Field Greens \$17

#### **JO'S GREEK SALAD**

Kalamata Olives, Feta Cheese, Pepperoncinis, Tomatoes, & Cucumbers over Field Greens. Served with Pita Bread, Tzatziki Sauce & Greek Dressing \$15

## Wraps

Gluten-free wraps available served on a spinach or whole wheat tortilla Served with a Fruit cup. Add avocado \$2

## TURKEY AVOCADO WRAP

Oven roasted turkey, avocado, tomato, mixed greens & light mayo \$12.99

## CHICKEN SALAD WRAP

bistro chicken salad, carrots, tomatoes & mixed greens \$12.99

## PALM BEACH TUNA WRAP

albacore tuna salad, carrots, tomatoes & mixed greens \$14.95

## SUBLIME WRAP

quinoa, avocado, chickpeas, cucumbers, cherry tomatoes, carrots, alfalfa sprouts & field greens \$13

## **GRILLED CHICKEN & AVOCADO WRAP**

Grilled Chicken, Avocado, Tomato, Mixed Greens \$14.95

## **COCONUT SHRIMP WRAP**

Coconut Shrimp, Avocado, Pineapple, Tomatoes, Mixed Greens & Sweet Chili Sauce \$16

## **CRISPY CHICKEN WRAP**

Crispy Chicken, Avocado, Tomatoes, Mixed Greens in a Sweet Chili Aioli \$14.95

## TRUFFLE HONEY CHICKEN WRAP

Crispy Chicken Tenders, Bacon, Truffle Honey Glaze, Avocado, Tomato, Field Greens & Alfalfa Sprouts. \$15.50

## **BUFFALO CHICKEN WRAP**

Crispy Chicken tossed in buffalo sauce, avocado, tomatoes, field greens, & mozzarella cheese served with a side of ranch dressing \$14.95

## GRILLED CHICKEN CAESAR WRAP

Grilled Chicken, Parmesan, Tomatoes, Croutons & Romaine Lettuce tossed in Caesar Dressing \$14.95

## (Icgi Bowls

**ADD ONS:** Almond Butter, Bee Pollen, Chia Seeds, Cocoa Nibs, Coconut Flakes, Hemp Seeds, Honey, Goji Berries, Granola, Nutella, Peanut Butter, Pitaya, Vanilla Greek Yogurt, Gluten Free Granola

**PALM BEACH BOWL** Açai, granola,banana, peanut butter, strawberries, blueberries, honey, chia seeds & hemp seeds \$9 small | \$12

**ALOHA BOWL** Açai, granola, banana, pineapple, strawberries, blueberries, coconut, honey chia & hemp seeds \$9 small | \$12

**DAWN PATROL BOWL** Açai, vanilla greek yogurt, granola, banana, strawberries, blueberries, raspberries, cocoa nibs, coconut & honey \$9 small | \$12

YOGI BOWL Açai, granola, banana, pineapple, blueberries, raspberries, honey, goji berries, hemp seeds & chia seeds \$9 small | \$12

**SOL BOWL** Açai, nutella, granola, banana, strawberries, coconut flakes, honey, hemp seeds & chia seeds \$10 small | \$12.99

**SUNRISE BOWL** Açai, almond butter, granola, banana, strawberries, blueberries, chia seeds, hemp seeds, goji berries & agave nectar \$10 small | \$12.99

PB CRUNCH BOWL Acai, Peanut Butter, Banana, Strawberry,
Blueberry, Crushed Peanuts, Cocoa nibs, Coconut, Chocolate drizzle
\$10 small | \$12.99

**PITAYA BOWL** Dragonfruit, Granola, Banana, Pineapple, Strawberry, BlueBerry, Raspberry, Coconut, Chia & Hemp Seed, Honey \$10 small | \$12.99

**KIWI BOWL** Acai, Granola, Banana, Pineapple, Strawberry, Kiwi,

Raspberry, Coconut, Chia & Hemp Seed, Agave Nectar \$10 small | \$12.99

LCS ACAI BOWL Açai, Almond Butter, Granola, Banana, Pineapple, Kiwi, Blueberries, Raspberries, Chia Seeds, Hemp Seeds, Coconut & Honey Agave Nectar \$10 small | \$12.99

## Sandwiches

**TURKEY CUBANO** Sliced Turkey, Swiss Cheese, Pickles, Mayo & Yellow Mustard pressed on Cuban Bread. Served with a fruit cup \$11

CHICKEN OMG Roasted Chicken, Bacon, Swiss Cheese,
Avocado & Tomato pressed on cuban bread or focaccia bread.
Served with a fruit cup \$16

**THE TURKEY MELT** Oven roasted turkey, aged swiss cheese, tomatoes, spinach, garlic herb oil, on a homemade focaccia bread \$14

**BISTRO VEGGIE BURGER** Avocado, Sprouts, Tomatoes, & Spicy Aioli on a Whole Wheat Bun. Served with fruit cup \$16.95



SWEET POTATO FRIES \$7
HOUSE CUT FRIES \$5
JO'S TRUFFLE FRIES \$10
BROWN RICE \$5
JASMINE RICE \$4
SEASONAL VEGGIES \$8