

Jo Bistro Lunch

Coffee & Tea

- HOT COFFEE** \$3
- HOT GREEN TEA** \$3
- ICED COFFEE** 16oz. \$3
- ICED CHAI TEA** 16oz. \$4
- ICED GREEN TEA** 16oz. \$4
- ICED MATCHA LATTE** 16oz. \$5

Jo's Pressed Juices

GOJO GREEN
kale, spinach, celery, cucumber, apple, & lemon \$9

CODE RED
beets, carrots, apple & ginger \$9

ORANGE CRUSH
Carrot, Ginger, Orange Lemon \$9

DETOX SHOT
red apple, ginger & lemon \$5

IMMUNITY SHOT
Tumeric, Ginger, Honey & Lime \$5

GINGER SHOT \$5

Smoothies

GREEN SMOOTHIE
kale, spinach, pineapple & coconut water \$7.50

RED SMOOTHIE
beet juice, pineapple, blueberries, strawberries & ginger \$7.50

FRUIT SMOOTHIE
blueberries, strawberries, raspberries, banana & coconut water \$7.50

PITAYA SMOOTHIE
Dragon Fruit, Pineapple, Banana & Coconut Water \$8.50

PROTEIN SMOOTHIE
Banana, Almond Milk, Peanut Butter & Vanilla Or Chocolate Plant Based Protein \$8.50

JO MANGO SMOOTHIE
Mango, Pineapple, Banana & Coconut Water \$7.50

SUNNY SIDE SMOOTHIE
Mango, Strawberry, Pineapple, Banana & Orange Juice \$7.50

RASPBERRY TRUFFLE SMOOTHIE
Pitaya, Chocolate Plant Based Protein Powder Raspberries, Banana, & Almond Milk \$8.50

Light Bites

GREEK YOGURT PARFAIT
chobani vanilla greek yogurt, granola, fresh fruit & honey \$8

AVOCADO TOAST
with fresh sprouts, truffle oil & balsamic glaze on an organic loc-cal whole grain bread \$10

GRANOLA BOWL
Hemp & Flax seed granola, bananas, strawberries, blueberries, chia seeds, honey & almond milk \$8

OATMEAL BOWL
Organic Steel Cut Oatmeal, Almond Milk, Banana, Blueberries, Chia Seeds, strawberries Hemp Seeds & Honey \$8

HUMMUS PLATTER
Side of Hummus, Kalamata Olives, Feta Cheese & Pepperoncinis. Served with Pita Bread & Tzatziki Sauce. \$8

 **Vegetarian**  **Gluten Free**


Consumption of raw or undercooked meats, poultry, fish and shellfish pose a risk to your health.


Prices subject to change without notice, parties of 6 or more will be charged 18% gratuity.


Salads


ADD ONS:
Chicken Salad or Tuna Salad \$6 | Grilled chicken \$6
Grilled Shrimp \$10 | Falafel \$5 (vegetarian)

CHOICE OF DRESSING: Carrot ginger or miso

 **SUBLIME SALAD**
Red & white quinoa, chickpeas, avocado, carrots, tomatoes, cucumbers, sprouts & chia seeds over field greens, served w/ miso dressing \$15

 **CHICKEN SALAD**
Bistro chicken salad, avocado, cucumbers, carrots, cabbage & tomatoes \$15

 **TUNA SALAD**
Albacore tuna salad, avocado, cucumbers, carrots, cabbage & tomatoes \$15

 **MISO KALE SALAD**
Soft Baby Kale, Avocado, Cucumbers, Carrots, Tomatoes, Alfalfa Sprouts, Cabbage & Hemp Seeds \$15

MISO COBB SALAD
Roasted Chicken, Hard Boiled Egg , bacon, blue cheese, avocado, tomato over field greens \$15

 **SPINACH, GOAT CHEESE & WALNUT SALAD**
Baby Spinach, Goat Cheese, Candied Walnuts, Carrots, Avocado, Tomatoes, Cabbage \$14.95

 **AVOCADO SALAD**
Avocado, Pico de Gallo, Field Greens, Tomato, Cucumber, Carrots & Cabbage \$15

COCONUT SHRIMP SALAD
Coconut Shrimp, Avocado, Diced Pineapple, Carrots Cabbage, Tomatoes & Crushed Peanuts over Field Greens \$17

JO'S GREEK SALAD
Kalamata Olives, Feta Cheese, Pepperoncinis, Tomatoes, & Cucumbers over Field Greens. Served with Pita Bread, Tzatziki Sauce & greek Dressing \$15

Wraps


Gluten-free wraps available served on a spinach or whole wheat tortilla Served with a Fruit cup. Add avocado \$2

TURKEY AVOCADO WRAP
Oven roasted turkey, avocado, tomato, mixed greens & light mayo \$12.99

CHICKEN SALAD WRAP
bistro chicken salad, carrots, tomatoes & mixed greens \$12.99

PALM BEACH TUNA WRAP
albacore tuna salad, carrots, tomatoes & mixed greens \$14.95

 **VEGGIE WRAP**
hummus, avocado, chia seeds, cucumbers, carrots, tomatoes, cabbage & mixed greens \$12

 **SUBLIME WRAP**
quinoa, avocado, chickpeas, cucumbers, cherry tomatoes, carrots, alfalfa sprouts & field greens \$13

GRILLED CHICKEN & AVOCADO WRAP
Grilled Chicken, avocado, tomato, mixed greens \$14.95

COCONUT SHRIMP WRAP
Coconut Shrimp, Avocado, Pineapple, Tomatoes, Mixed Greens & Sweet Chili Sauce \$16

CRISPY CHICKEN WRAP
Crispy Chicken, Avocado, Tomatoes, Mixed Greens in a Sweet Chili Aioli \$14.95

 **FALAFEL WRAP**
Falafel, Avocado, Cucumbers, Carrots, Tomatoes & Field Greens. Served with Tzatziki Sauce \$14.95

TRUFFLE HONEY CHICKEN WRAP
Crispy Chicken Tenders, Bacon, Truffle Honey Glaze, Avocado, Tomato, Field Greens & Alfalfa Sprouts. \$15.50

MEDITERRANEAN CHICKEN WRAP
Grilled Chicken, Feta Cheese, Kalamata Olives, Quinoa, Cucumber, Tomato & Field Greens. \$15.50

Sides

- SWEET POTATO FRIES** \$7
- HOUSE CUT FRIES** \$5
- JO'S TRUFFLE FRIES** \$10
- PITA BREAD AND HUMMUS** \$7
- SIDE OF FALAFEL** \$5
- QUINOA** \$5
- BROWN RICE** \$5
- JASMINE RICE** \$4
- SEASONAL VEGGIES** \$8

Acai Bowls

All

ADD ONS: almond butter, bee pollen , chia seeds, cocoa nibs, coconut flakes, hemp seeds, honey, goji berries, granola, nutella, peanut butter, pitaya, vanilla greek yogurt, gluten free granola
PALM BEACH BOWL Açai, granola,banana,peanut butter, strawberries, blueberries, honey, chia seeds & hemp seeds \$9 small | \$12

ALOHA BOWL Açai, granola, banana, pineapple, strawberries, blueberries, coconut, honey chia & hemp seeds \$9 small | \$12

DAWN PATROL BOWL Açai, vanilla greek yogurt, granola, banana, strawberries,blueberries, raspberries, cocoa nibs, coconut & honey \$9 small | \$12

YOGI BOWL Açai, granola,banana,pineapple, blueberries, rasberries, honey, goji berries, hemp seeds & chia seeds \$9 small | \$12

SOL BOWL Açai, nutella, granola, banana, strawberries, coconut flakes, honey, hemp seeds & chia seeds \$10 small | \$12.99

SUNRISE BOWL Açai, almond butter, granola, banana, strawberries, blueberries, chia seeds, hemp seeds, goji berries & agave nectar \$10 small | \$12.99

PB CRUNCH BOWL Acai, Peanut Butter, Banana, Strawberry, Blueberry, Crushed Peanuts, Cocoa nibs, Coconut, Chocolate drizzle \$10 small | \$12.99

PITAYA BOWL Dragonfruit, Granola, Banana, Pineapple, Strawberry, BlueBerry, Raspberry, Coconut, Chia & Hemp Seed, Honey \$10 small | \$12.99

KIWI BOWL Acai, Granola, Banana, Pineapple, Strawberry, Kiwi, Raspberry, Coconut, Chia & Hemp Seed, Agave Nectar \$10 small | \$12.99

LCS ACAI BOWL Açai, Almond Butter, Granola, Banana, Pineapple, Kiwi, Blueberries, Raspberries, Chia Seeds, Hemp Seeds, Coconut & Honey Agave Nectar \$10 small | \$12.99

Sandwiches

TURKEY CUBANO Sliced Turkey, Swiss Cheese, Pickles, Mayo & Yellow Mustard pressed on Cuban Bread. Served with a fruit cup \$11

CHICKEN OMG Roasted Chicken, Bacon, Swiss Cheese, Avocado & Tomato pressed on cuban bread or focaccia bread. Served with a fruit cup \$16

CRISPY CHICKEN Crispy Chicken Tenders, Avocado, Alfalfa Sprouts, Tomato & a Spicy Aioli on a Toasted Whole Wheat Bun. Served with a fruit cup \$15

THE TURKEY MELT Oven roasted turkey, aged swiss cheese, tomatoes, spinach, garlic herb oil, on a homemade focaccia bread \$14

BISTRO VEGGIE BURGER Avocado, Sprouts, Tomatoes, & Spicy Aioli on a Whole Wheat Bun. Served with fruit cup \$16.95

TOASTED TURKEY Sliced turkey, swiss cheese, avocado, tomato on toasted multi-grain bread. Served with a fruit cup \$12

JO'S CHICKEN SALAD Jo's Chicken Salad, Avocado, Tomato, Alfalfa Sprouts & Mixed Greens on Toasted Multi Grain Bread served with a fruit cup \$14

JO'S TUNA SALAD Tuna Salad, Avocado, Tomato, Alfalfa Sprouts, Mixed Greens on Multi Grain Bread. Served with a Fruit Cup \$12.99


FALAFEL BOMB
Falafel, Hummus, Cucumber, Carrots & Cabbage in a Pita, served with tzatziki sauce \$12


Tacos & More

All

TUNA TACOS Sushi grade Tuna, Cilantro, Sriracha Aioli, Crema, Cheese, Avocado, Cabbage, served with chips & salsa (2) \$17

BLACKENED SHRIMP TACOS Avocado, Crema, Cheese, Cabbage, served with chips & salsa (2) \$16

 **VEGAN TACOS** Shiitake mushrooms, quinoa, guacamole, pico de gallo, cilantro and bean sprouts, served with chips & salsa \$11

 **BEYOND TACOS** Plant-based Beyond meat, lettuce, pico de Gallo, guacamole, crema & cheese served with chips and salsa (2) \$14

FISH TACOS Fresh whitefish from the sushi bar, Cilantro, Lettuce, Tomato, Sriacha Aioli, Crema, Cheese, avocado, cabbage, served with chips and salsa (2) \$16

CHICKEN TACOS Cilantro, Lettuce Tomato, Sriacha Aioli, Crema, Cheese, avocado, cabbage, served with chips and salsa (2) \$12

LOBSTER TACOS Maine Lobster, Avocado, Cilantro, Chia Seeds, Spicy Aioli, Tomato & Lettuce served with chips and salsa (2) \$24

VEGETARIAN BURRITO Pico De gallo, Lentils, Guacamole, Cilantro, SexiMexi Sauce, brown rice \$11

QUESADILLAS Blackened Shrimp, Mozzarella, Shitake Mushrooms & Spinach served with pico de gallo, guacamole and crema
Choice of protein - Chicken \$15 Grilled Shrimp \$17 or VEGGIE \$12.99

BIG JO'S BURRITO Shredded chicken, lentil Beans, Guacamole, Rice, Pico De Gallo & Crema \$12.99

BLUE CHIPS WITH PICO DE GALLO \$8
BLUE CHIPS WITH GUACAMOLE \$13.95