

DROP BAG DETAILS

Mark aid station letters and your race number clearly. Volunteers distributing the drop bags use the aid station letter to deliver the bags to the proper aid stations. The aid station personnel use the numbers on the bags to organize them and to find your bag for you when you need it.

Include your name on your drop bag tag. Your name is essential so that if your crew members go to an aid station to pick up your bag after you have no further need of it at that location; they retrieve YOUR bag and not one with a similar number. Your name will also prevent someone's family from picking up your bag. It is very easy to reverse digits in a runner's number, 142 and 124, etc. Runners can be distraught upon reaching an aid station and discovering their drop bag missing. Think about the baggage claim at an airport when preparing your bags. Many look the same.

Try to make yours unique in some way by using brightly colored ribbons, straps, etc. This can help the volunteers find your bag for you more quickly and will also prevent others from picking up your bag by mistake. Because Mohican has an abundance of rain some years, waterproof the contents of your drop bags but **DO NOT use black garbage bags as drop bags. They can be mistaken for trash and disposed of accidentally.** If the bag which you are using is not waterproof, you may put a garbage bag inside that bag.

Large lettered placards near the conference center start/finish area will designate locations at which drop bags should be placed: for C: Covered Bridge and E: Mohican State Park. Please have all your aid station drop bags in the appropriate area by **10:00 PM Friday night**. Only the aid stations listed above will have such placards. Aid station drop bags will be returned to the conference center area before Sunday noon. Most will be back earlier as aid stations begin closing. Closing times are listed in the charts.

If you finish the race early or DNF, you and/or your crew may pick up your drop bags at the aid stations. You/your crew may even retrieve drop bags from the Covered Bridge Aid Station. This is the only time that your crew is allowed near that area during the race.

When you pick up your bags, please carefully check the number and name on the bag tags. Again – think of the airport baggage claim area; many bags look the same. Volunteers who are handling the drop bags will greatly appreciate any help that you/your crew may provide in loading the drop bags on the truck at the Mohican Adventures Conference Center and/or unloading them on Sunday morning. Many hands make light work!

It is highly recommended that you also have a drop bag containing some warm clothing at the finish line especially if you expect to finish the race prior to the sun warming up the air on Sunday. Saturday night is often chilly during the Mohican race. Your exertion while running can make the clothing that you are wearing damp or wet. Runners have often succumbed to spastic shivering when they stopped moving and became chilled at the end of the race. After running the 100 miles you may not want to run/walk/crawl/slither to your camp site or car for warm



clothing. If you have family/crew holding warm clothing for you at the finish line you won't need a drop bag there.

You must pick up your drop bags and take them and your other belongings with you when you leave Mohican Adventures the final time. They will not be mailed to you. If you left bags last year, they will be available for retrieval at Mohican Adventures Start/Finish on Friday during check-in and packet pickup.