Vermont Medicaid: Telehealth Coverage

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Telehealth Overview

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Telehealth:

Describes methods for health care service delivery using telecommunications technologies.

Telemedicine:

Two-way, real-time, audio, and video interactive communication through a secure connection that complies with HIPAA.

Remote Patient Monitoring:

Health service that enables remote monitoring of a beneficiary's physiological health related data by a home health agency done outside of a conventional clinical setting and in conjunction with a physician's plan of care.

Store and Forward:

Asynchronous transmission of a beneficiary's medical information to a provider at a distant site, through a secure connection that complies with HIPAA, without the beneficiary present in real time.

Audio-Only:

Real-time interactive health care delivery between a provider and beneficiary using audio-only telecommunications—typically by telephone.

<u>Agency of Human Services Health Care Administrative Rules 3.101</u> <u>Telehealth</u>



- Telehealth is a **service delivery modality** to reduce barriers to care including:
 - ✓ Increase provider availability
 - ✓ Reduce barriers to transportation
 - ✓ Address rural access
 - ✓ Behavioral health stigma



Coverage/Provider Requirements

For the purposes of Vermont Medicaid:

- **Coverage Requirements**: Services must be <u>medically necessary</u> and <u>clinically</u> <u>appropriate</u> to be delivered via telehealth.
- Provider Requirements:
 - ✓ Work within the scope of their practice,
 - ✓ Be enrolled with Vermont Medicaid (includes licensure requirements), and
 - ✓ Meet or exceed federal and state legal requirements of medical and health information privacy (including compliance with HIPAA)
 - ✓ Patient consent.

State Regulations:

<u>18 V.S.A. § 9361</u> Health care providers delivering health care services through telemedicine or by store-and-forward means.

<u>8 V.S.A. § 4100k</u> Coverage of health care services delivered through telemedicine and by store-and-forward means.



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Telemedicine

<u>**Telemedicine:**</u> Vermont Medicaid continues to cover health care delivery by telemedicine just as it did before the public health emergency.

Providers may continue to provider telehealth services via real time audio/video with their service-specific codes. Must follow correct coding rules.

Telemedicine Place of Service:

- Place of Service code 10 Telehealth Provided in Patient's Home and Place of Service
- Place of Service code 02 Telehealth Provided Other than in Patient's Home





Audio-Only

- <u>**Audio-Only:</u>** Medically necessary, clinically appropriate services delivered by telephone. During the public health emergency, Vermont Medicaid began reimbursing.</u>
- Providers are reimbursed at the same rate as an in-person or telemedicine visit but must include the following on their claims:
 - Modifier 93 for audio-only services*
- A list of allowable audio-only codes can be found on the Department of Vermont Health Access website. <u>List of audio-only covered codes</u>
 <u>https://dvha.vermont.gov/providers/telehealth</u>

*Effective 1/1/2024 modifier 93 replaced the state specific V3 modifier temporarily used during the public health emergency.



Allowable Telehealth

Allowed

- Interactive audio and video communications
- ➢Secure connection
- HIPPA compliant video communications
- ➤Telephone only-limited to code list.

Not Allowed

- Services that are not also available face-to-face
- ➢Video platforms that are not HIPPA complaint (SKYPE, Face Time, etc.)
- ≻E-mail, text, or fax
- ➢Recordings



Out of State Licensed Providers

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- Health care providers who hold an out of state license and provide services through telehealth to patients/clients located in the State of Vermont can obtain an Interim Telehealth Registration.
 - Visit the Office of Professional Regulation's (OPR's) website for more information:

<u>Telehealth, Registrations and Licensing (vermont.gov)</u>

- Interstate compacts allow out of state providers to deliver services via telehealth without separate Vermont licensure.
- All Providers Must
 - ✓ Enroll with Vermont Medicaid
 - ✓ Adhere to compact licensure requirements.
 - ✓ Follow Vermont Medicaid coverage criteria and rules.
 - \checkmark Be licensed to practice where the patient is located.



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Vermont Medicaid Resources

Healthcare Administrative Rule 3.101 Telehealth

https://humanservices.vermont.gov/rules-policies/health-care-rules

- Telehealth resources including audio-only codes are posted to the DVHA telehealth webpage <u>https://dvha.Vermont.gov/providers/telehealth</u>
- Gainwell coding billing, enrollment, or other questions
 - General Questions Call Center 1-800-925-1706
 - Eligibility questions, call VRS line at 800.925.1706, option 1 then option 1 again, or use the web portal services at <u>https://vtmedicaid.com/#/home</u>
 - Provider Representative Map for contact information: <u>https://vtmedicaid.com/assets/resources/providerrepmap.pdf</u>
 - Vermont Medicaid Banners <u>https://vtmedicaid.com/#/bannermain</u>
- Vermont Medicaid Provider Portal <u>https://www.vtmedicaid.com/#/home</u>
- Vermont Medicaid Fee Schedule <u>https://www.vtmedicaid.com/#/feeSchedule</u>

