

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026						
Assisted Living Calendar						
 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Meditation - CH 10:30am - Daily Exercise - CH 11:00am - International Tours - CH 1:00pm - Sunday Documentary - CH 2:00pm - Sunday Tea - LR 3:00pm - Jewelry Making W/ Stacie - ACS	4 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Treasure Hunt - LR 10:30am - Daily Exercise - CH 11:00am - Dance Crew/Games- CH 1:00pm - Crafts - ACS 2:00pm - Communion - CH 2:30pm - Happy Hour - LR 3:30pm - Bingo! - CH	5 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Books on Tape - CH 10:30am - Daily Exercise - CH 11:00am - Lite Balance training - CH 1:00pm - Resident Council - LR 2:00pm - Music w/ Doug Schmulze - CH 3:00pm - Ice Cream Social- LR 3:30pm - Bingo! - LR	6 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Meditation - CH 10:30am - Daily Exercise - CH 11:00am - Cooking Corner - CK 1:00pm - Out Trip: Residents Choice 2:00pm - Happy Half Hour - LR 3:30pm - LCR! - LR	7 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Walking Crew - LR 10:30am - Daily Exercise - CH 11:00am - Balloons & Swatters - CH 1:00pm - Crafts - ACS 2:00pm - Taichi/Yoga Clas - CH 3:00pm - Happy Half Hour - LR 3:30pm - Jeopardy! - CH	1 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Books on Tape - CH 10:30am - Daily exercise - CH 11:00am - Ski Toss - CH 1:00pm - Crafts - ACS 2:00pm - Happy Hour - LR 3:00pm - Pokeno! - LR	2 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Walking Crew - LR 10:30am - Daily Exercise - CH 11:00am - Seated Soccer - CH 1:00pm - Bingo! - CH 2:00pm - Happy Hour - LR 3:00pm - Saturday Matinee - CH
9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Meditation - CH 10:30am - Daily Exercise - CH 11:00am - International Tours - CH 1:00pm - Floral Arrangement - LR 2:00pm - Sunday Tea - LR 3:00pm - Board Games - LR	11 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Treasure Hunt - LR 10:30am - Daily Exercise - CH 11:00am - Dance Crew/Games- CH 1:00pm - Crafts - ACS 2:00pm - Communion - CH 2:30pm - Happy Hour - LR 3:30pm - Bingo! - CH	12 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Books on Tape - CH 10:30am - Daily Exercise - CH 11:00am - Lite Balance training - CH 1:00pm - Virtual Mass - LR 2:00pm - Music w/ Bob Brophy - CH 3:00pm - Happy Half Hour - LR 3:30pm - LCR! - LR	13 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Meditation - CH 10:30am - Daily Exercise - CH 11:00am - Cooking Corner - CK 1:00pm - Visit with Hunny - LR 2:00pm - Music w/ Bob Brophy - CH 3:00pm - Happy Half Hour - LR 3:30pm - Jeopardy! - CH	14 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Walking Crew - LR 10:30am - Daily Exercise - CH 11:00am - Balloons & Swatters - CH 1:00pm - Out Trip: Residents Choice 2:00pm - Happy Hour - LR 3:00pm - Popcorn Social - LR 3:30pm - Jeopardy! - CH	15 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Books on Tape - CH 10:30am - Daily exercise - CH 11:00am - Ski Toss - CH 1:00pm - Crafts - ACS 2:00pm - Happy Hour - LR 3:00pm - Pokeno! - LR	9 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 9:30am - Morning News - LR 10:00am - Walking Crew - LR 10:30am - Daily Exercise - CH 11:00am - Seated Soccer - CH 1:00pm - Bingo! - CH 2:00pm - Happy Hour - LR 3:00pm - Saturday Matinee - CH
9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Meditation - CH 10:30am - Daily Exercise - CH 11:00am - International Tours - CH 1:00pm - Sunday Documentary - CH 2:00pm - Sunday Tea - LR 3:00pm - Jewelry Making W/ Stacie - ACS	18 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Treasure Hunt - LR 10:30am - Daily Exercise - CH 11:00am - Dance Crew/Games- CH 1:00pm - Crafts - ACS 2:00pm - Communion - CH 2:30pm - Happy Hour - LR 3:30pm - Bingo! - CH	19 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Books on Tape - CH 10:30am - Daily Exercise - CH 11:00am - Lite Balance training - CH 1:00pm - Music w/ Sam Grover - CH 2:00pm - Happy Hour - LR 3:00pm - LCR! - LR	20 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Meditation - CH 10:30am - Daily Exercise - CH 11:00am - Cooking Corner - CK 1:00pm - Music w/ Sam Grover - CH 2:00pm - Happy Hour - LR 3:00pm - LCR! - LR	21 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Walking Crew - LR 10:30am - Daily Exercise - CH 11:00am - Balloons & Swatters- CH 1:00pm - Residents Choice! - LR 2:00pm - Music w/ Matt Valenti - CH 3:00pm - Popcorn Social - LR 3:30pm - Jeopardy! - LR	22 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Books on Tape - CH 10:30am - Daily exercise - CH 11:00am - Ski Toss - CH 1:00pm - Crafts - ACS 2:00pm - Happy Hour - LR 3:00pm - Pokeno! - LR	23 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 9:30am - Morning News - LR 10:00am - Walking Crew - LR 10:30am - Daily Exercise - CH 11:00am - Seated Soccer - CH 1:00pm - Bingo! - CH 2:00pm - Happy Hour - LR 3:00pm - Saturday Matinee - CH
9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Meditation - CH 10:30am - Daily Exercise - CH 11:00am - International Tours - CH 1:00pm - Floral Arrangement - LR 2:00pm - Sunday Tea - LR 3:00pm - Board Games - LR	25 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Treasure Hunt - LR 10:30am - Daily Exercise - CH 11:00am - Dance Crew/Games- CH 1:00pm - Crafts - ACS 2:00pm - Communion - CH 2:30pm - Happy Hour - LR 3:30pm - Bingo! - CH	26 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Books on Tape - CH 10:30am - Daily Exercise - CH 11:00am - Lite Balance training - CH 1:00pm - Board & Card Games - LR 2:00pm - Ice Cream Social - LR 3:00pm - Bingo! - CH	27 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Meditation - CH 10:30am - Daily Exercise - CH 11:00am - Cooking Corner - CK 1:00pm - Virtual Mass - LR 2:00pm - Happy Hour - LR 3:00pm - LCR! - LR	28 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Walking Crew - LR 10:30am - Daily Exercise - CH 11:00am - Balloons & Swatters - CH 1:00pm - Out Trip: Residents Choice 2:00pm - Popcorn Social - LR 3:00pm - Jeopardy! - CH	29 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 10:00am - Books on Tape - CH 10:30am - Daily exercise - CH 11:00am - Ski Toss - CH 1:00pm - Crafts - ACS 2:00pm - Happy Hour - LR 3:00pm - Pokeno! - LR	30 9:00am - Daily Chronicles - LR 9:30am - Morning News - LR 9:30am - Morning News - LR 10:00am - Walking Crew - LR 10:30am - Daily Exercise - CH 11:00am - Seated Soccer - CH 1:00pm - Bingo! - CH 2:00pm - Happy Hour - LR 3:00pm - Saturday Matinee - CH

** All Activities are subject to change without notice. If you have any questions, please call the Community at (860) 489 - 8022 ext. 2103**

Key Chart: ACS - Arts and Crafts Studio CH - Concert Hall CK - Community Kitchen LR - Living Room MC - Memory Care Red Text - Entertainment